In the present arrangement, box 3 corresponds to the segment of the San Andreas fault with the greatest spatial clustering of microearthquakes, whereas boxes 2 and 4 contain less clustering (Fig. 1, A and B). In considering this difference, we have noted that the boundary between box 2 and box 3 lies in the area of significant geological changes along the San Andreas fault (6, 7). These changes include (i) the appearance of Franciscan rocks in contact with the fault zone at the surface, which does not occur to the south; (ii) the northward merging of the Table Mountain fault and Parkfield syncline with the San Andreas fault; and (iii) the northern topographic termination of Middle Mountain, under which at least the last few moderate Parkfield earthquakes have taken place (1, 2, 8). To the north of this area, the San Andreas fault slips mostly by creep, whereas to the south the creep rate declines, and slip on the fault is accommodated mainly by moderate earthquakes. Thus, the clustering of microearthquakes in box 3 may be related to the geometric interaction of faults or fault segments that also juxtapose rocks of different mechanical properties north and south of this region.

We propose that the episode of increased fault slip at Parkfield resulted from a stress diffusion process that originated somewhere below the seismically active region northwest of Parkfield. This proposal stems from the observation that the changes in cumulative moment that began in 1990 first took place in the northwest and then in the southeast. A linear fit across the contours in Fig. 3B suggests that the propagation speed of this process along the San Andreas fault is 30 to 50 km/year. This disturbance may not have originated on the San Andreas fault itself because the initial increase in earthquake-related slip took place outside of this fault zone (Fig. 2).

The southeastward movement of earthquake activity at Parkfield is not without precedent. A series of $M \ge 4$ foreshocks that evidently moved southeastward toward the location of the main shocks were associated with both the 1934 and 1966 Parkfield M > 5 earthquakes (1, 8, 9). These foreshocks took place over the period of a couple of months and spanned 15 km of the fault, suggesting a stress disturbance that propagated at speeds of 60 to 100 km/year. Stress disturbances with propagation speeds even larger than these-approximately 100 to 200 km/year-have also been suggested for event sequences that have been observed in Turkey and China (10, 11).

We have considered our observations in the light of a mechanical model for stress diffusion along a rupturing plate boundary like that of the San Andreas fault (12). In the stress diffusion model, the critical parameter is the propagation speed of the type of deformation front that drives the microearthquake activity. Theoretical analysis of stress relaxation below the seismogenic zone of a rupturing boundary indicates that when the stress diffusion speeds are reduced to less than 100 to 200 km/year by overlying fault asperities (strong inhomogeneities in fault strength), the result is elastic loading of these features (12). In our model, the rate of this loading would be proportional to the rate of the fault's microearthquake activity and the trend of the cumulative moment. Continued monitoring of the magnitude-latitude-time character of microearthquakes might thus detect a loading event that could cause the next moderate Parkfield earthquake.

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Electron-Tunneling Pathways in Cytochrome c

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Distant Fe²⁺-Ru³⁺ electronic couplings have been extracted from intramolecular electrontransfer rates in Ru(histidine^X) (where X = 33, 39, 62, and 72) derivatives of cytochrome c. The couplings increase according to 62 (0.0060) < 72 (0.057) < 33 (0.097) < 39 (0.11 per wave numbers); however, this order is out of line with the histidine to heme edge-edge distances [62 (14.8) > 39 (12.3) > 33 (11.1) > 72 (8.4 angstroms)]. The rates (and the couplings) correlate with the lengths of σ -tunneling pathways comprised of covalent bonds, hydrogen bonds, and through-space jumps from the histidines to the heme group. Space jumps greatly decrease couplings: One from Pro⁷¹ to Met⁸⁰ extends the σ -tunneling length of the His⁷² pathway by roughly 10 covalent-bond units.

Both theoretical (1-11) and experimental (11-16) studies have indicated that variations in distant electronic couplings could play a major role in controlling the rates of electron transfer (ET) through proteins. The most attractive theoretical formulations are ones that explicitly include the structure of the intervening polypeptide (4-11); of these, the Beratan, Betts, and Onuchic (BBO) coupling maps (4) have proved particularly useful in designing experimental systems for study. In the BBO map for cytochrome c, there are several

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regions on the protein surface where the calculated couplings to the heme are substantially different from those given by an exponential-decay-with-distance model (4). A main goal of our work on $\operatorname{Ru}(\operatorname{bpy})_2(\operatorname{im})$ (His^X)²⁺ (bpy is 2,2' bipyridine, im is imidazole) derivatives (17) of structurally engineered cytochromes c is to develop an experimentally validated coupling map for this protein. Here we report on four regions of the map (X = 33, 39, 62, and 72).

Histidines 33, 39, 62, and 72 [33 (horse heart) (17); 39 (Candida krusei) (18); 62 (genetically engineered $Asn^{62} \rightarrow His Sac-charomyces cerevisiae)$ (19); and 72 (semisynthetic Lys⁷² \rightarrow His horse heart) (20)] (Fig. 1) were modified by the Ru(bpy)₂(CO₃)-im procedure (17) to give Ru(bpy)₂(im) (His^X)-protein derivatives (21). Intramolecular ET

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Table 1. ET parameters for $Ru(bpy)_2(im)(His^x)$ -cytochromes c. Numbers in parentheses indicate uncertainties in the preceding digits.

Х	*Ru(bpy) ₂ (im)(His ^x) ²⁺ \rightarrow Fe ³⁺ k (s ⁻¹)	$Fe^{2+} \rightarrow Fu(bpy)_{2}(im)(His^{X})^{3+}$ k (s ⁻¹)	k _{max} (s ⁻¹)	(Fe ²⁺ -Ru ³⁺) <i>H</i> _{AB} (cm ⁻¹)	d (Å)	σℓ (Å)
39	1.4(5) × 10 ⁶	$3.2(4) \times 10^{6}$	3.3 × 10 ⁶	0.11	12.3	19.6
33	$2.0(5) \times 10^{5}$	$2.6(3) \times 10^{6}$	2.7 × 10 ⁶	0.097	11.1	19.5
72	$3.4(7) \times 10^{5}$	$9.0(3) \times 10^{5}$	9.4 × 10 ⁵	0.057	8.4	24.6
62	1.1(2) × 10 ⁵	$1.0(2) \times 10^4$	1.0×10^{4}	0.0060	14.8	28.8

rates from Fe²⁺ to Ru(bpy)₂(im) (His^X)³⁺ (Gibbs free energy $-\Delta G^{\circ} = 0.74 \text{ eV}$) (17) were measured by time-resolved absorption spectroscopy (22). Because the Fe²⁺ \rightarrow Ru³⁺ ET reactions are nearly activationless (23), the maximum ET rates ($k_{max} = k$ at $-\Delta G^{\circ} =$ the reorganization energy λ) are nearly the same as the experimentally measured rates (Table 1).

Semiclassical theory predicts that k_{max} values will fall off exponentially with distance (1). If we assume a maximum ET rate of $3 \times 10^{12} \text{ s}^{-1}$ at close contact (distance d = 3 Å), the edge-edge distance dependences for covalently coupled donor-acceptor complexes are represented adequately by lines with slopes of 0.8 to 1.2 Å⁻¹ (Fig. 2A) (1, 24). Because the maximum ET rates for all the Ru(bpy)₂(im) (His^X)-modified cytochromes lie well below these lines, it is apparent that the Fe²⁺-Ru³⁺ electronic couplings are weaker than the corresponding donor-acceptor interactions in purely covalently coupled systems. If we draw a



Fig. 1. Relative positions of the His[×] groups and the heme unit in cytochrome c (*21*). Edge-edge distances (*d*) from the closest His[×] ring atom to the Met⁸⁰ sulfur or the closest His¹⁸ ring atom or porphyrin ring atom are as follows: d(His⁷²-Met⁸⁰) = 8.4; d(His³³-His¹⁸) = 11.1; d(His³⁹-porphyrin) = 12.3; d(His⁶²-porphyrin) = 14.8 Å. Dominant σ -tunneling pathways from the imidazole to the heme based on BBO coupling calculations are shown (*4*): Covalent bonds are represented by solid lines, hydrogen bonds by dashed lines, and the space jump by a dotted line.

best fit line through the Fe²⁺ \rightarrow Ru³⁺ points (dots, Fig. 2A), its 3 Å intercept (1.6 × 10⁸ s⁻¹) is much smaller than that expected for a system in which the terminal atoms of the bridging group are covalently bonded to the donor [Fe²⁺ (heme c)] and the acceptor [Ru³⁺ (His^X)]. Thus, none of the edge-edge exponential-decay models is satisfactory (25).

We find that the maximum ET rates correlate with a bond-length scale that takes into account the weaker couplings associated with hydrogen bonds and through-space jumps in dominant pathways (Fig. 1). The best pathway for His³³ has 11 covalent bonds and a hydrogen bond (3.16 Å) that is equivalent to 2.9 covalent bonds. The dominant His⁶²-heme pathway includes 16 covalent bonds and 2 hydrogen



Fig. 2. (**A**) Maximum ET rates (X = 33, 39, 62, and 72) versus edge-edge distance (*d*) minus 3 Å (van der Waals contact). Exponential-decay lines: slope 1.0 Å⁻¹ (solid line); 0.8 to 1.2 Å⁻¹ (dashed lines); intercept 3 × 10¹² s⁻¹. Best fit (dotted) line: slope 0.66 Å⁻¹; intercept 1.6 × 10^8 s⁻¹. (**B**) Maximum ET rates (X = 33, 39, 62, and 72) versus σ -tunneling length ($\sigma\ell$). slope 0.71 Å⁻¹; intercept 3 × 10¹² s⁻¹.

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bonds (26), and the His³⁹-heme pathway has 11 covalent bonds and a hydrogen bond. Of special interest is the finding that there are no good routes to couple His⁷² to the heme. The Met⁸⁰ side of the heme has predominantly through-space contacts with the helix containing His⁷², and the best pathway goes from His^{72} through Pro^{71} with a space jump to Met^{80} . Although there are only 8 covalent bonds in this path, the 3.88 Å space jump adds 10.6 bond units to the σ -tunneling length. Multiplying the effective number of bonds by 1.4 Å per bond gives σ -tunneling lengths ($\sigma \ell$) for the four pathways that correlate well with the maximum ET rates (one-bond limit set at $3 \times$ 10^{12} s^{-1} ; slope of 0.71 Å⁻¹) (Fig. 2B). The 0.71 Å^{-1} decay accords closely with related distance dependences for covalently coupled donor-acceptor molecules (27).

Rates for the excited-state ET reactions also are given in Table 1. These reactions involve ET from the coordinated bpy radical anion at the protein surface to the ferriheme and are highly exoergic $(-\Delta G^{\circ} > \lambda)$ (17, 28). The relatively high rates of these reactions are of interest, because the ability to rapidly inject electrons into internal protein redox centers with laser pulses could provide a novel method for studying highly reactive species that often are encountered (or proposed as intermediates) in the catalytic reactions of metalloenzymes.

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- 22. We measured rates of Fe²⁺ \rightarrow Ru³⁺ ET using a flash-quench technique (17). We prepared metastable Ru(tpy)₂(im)(HisX)³⁺-Fe²⁺-cyt c in less than 100 ns by quenching a small fraction of *Ru(tpy)₂(im)(HisX)²⁺-Fe²⁺-cyt c with Ru(NH₃)₆³⁺. Intramolecular Fe²⁺ \rightarrow Ru³⁺ ET was readily observed at 550 and 400 nm (Fe²⁺/Fe³⁺) and 504 and 306 nm (Ru³⁺/Ru²⁺) after 480-nm excitation (~25-ns pulse width). Rates of intramolecular *Ru²⁺ \rightarrow Fe³⁺ ET could not be determined directly from the *Ru²⁺ decay kinetics because the rates are substantially slower than the intrinsic excited-state decay ($k_d = 1.4 \times 10^7 \text{ s}^{-1}$). Instead, *Ru²⁺ \rightarrow Fe³⁺ ET rates were extracted from the yield of Ru(bpy)₂(im)(HisX)³⁺-Fe²⁺-cyt c [formed from *Ru(bpy)₂(im)(HisX)³⁺-Fe³⁺-cyt c].
- According to semiclassical ET theory, rates become activationless when the reaction driving force (-ΔG^o) equals the reorganization energy (λ) (1). This reorganization energy has been estimated to be 0.8 eV for Ru(bpy)₂(im)(His)-cyt c reactions (17). The activationless (maximum) rates are limited by an electronic factor,

$k_{\rm max} = (4\pi^3/\hbar^2 \,\lambda k_{\rm b}T)^{1/2} H_{\rm AB}^2$

where $k_{\rm b}$ is Boltzmann's constant, *T* is temperature, *h* is Planck's constant, and $H_{\rm AB}$ is the matrix element that couples the reactants and products at the transition state.

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- Another (nearly equivalent) pathway exists for His⁶² (19). The pathway consists of 12 covalent bonds and a space jump of 3.6 Å. The σ-tunneling length is 30.5 Å.
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- 28. The electron donor in the *Ru(bpy)₂(im)(His^x)²⁺ charge-transfer excited state is a bpy radical anion (17). The estimated order of H_{AB} values (62 ~ 33 ~ 72 < 39) for the bpy anion → Fe³⁺ ET reactions differs from that derived from the Fe²⁺ → Ru³⁺ rates. No interpretation of these couplings is offered; among the many uncertainties

are the nature and magnitude of donor (bpy anion) couplings to groups on the protein surface.29. We thank D. N. Beratan for assistance with the pathway analyses and for many helpful discussions. D.S.W. acknowledges an NSF predoctoral fellowship and a fellowship from the Parsons

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High-Resolution Imaging by Fourier Transform X-ray Holography

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Fourier transform x-ray holography has been used to image gold test objects with submicrometer structure, resolving features as small as 60 nanometers. The hologram-recording instrument uses coherent 3.4-nanometer radiation from the soft x-ray undulator beamline X1A at the National Synchrotron Light Source. The specimen to be imaged is placed near the first-order focal spot produced by a Fresnel zone plate; the other orders, chiefly the zeroth, illuminate the specimen. The wave scattered by the specimen interferes with the spherical reference wave from the focal spot, forming a hologram with fringes of low spatial frequency. The hologram is recorded in digital form by a charge-coupled device camera, and the specimen image is obtained by numerical reconstruction.

Soft x-ray microscopy offers the means to image thick, wet, unstained biological objects at high resolution with less damage than by electron probes (1, 2). X-ray holographic microscopy offers good transverse and limited depth resolution from single exposures, is able to form both amplitude and phase-contrast images, and is amenable to flash exposure with pulsed sources. Fourier transform holography is especially suited to high-resolution x-ray imaging with digital recording and to rapid (minutes or less) numerical reconstruction of the holograms. We present experimental evidence that Fourier transform x-ray holography can operate near the resolution limit set by the optical design, which, in our case, is 60 nm.

Baez (3), Stroke (4), and Winthrop and Worthington (5) developed the conceptual foundations for x-ray holography and were among the first to advocate high-resolution holographic microscopy at x-ray wavelengths. Soon afterward, Rogers and Palmer (6) proposed the use of zone plates as beam splitters for x-ray holography. Following these and related theoretical developments, Aoki *et al.* (7) and Reuter and Mahr (8) performed pioneering demonstration experiments; they achieved modest resolution in spite of the severe limitations in coherent power then available. Subsequently, Kondratenko and Skrinsky (9) and Howells and Kirz (10) suggested that radiation from undulators in electron storage rings provides the required coherent flux for submicrometer holography and advocated the Fourier transform geometry with electronic detectors. Solem and co-workers (11-13) examined the possibilities of flash "snapshot" holography with x-ray lasers. They established requirements for coherence, power, and pulse length for successful imaging before the specimen is altered by motion, radiation damage, or thermal explosion. The flash approach potentially circumvents the damage issue and, in the case of the Fourier transform method, may result in lower average power levels on the detector. Haddad et al. (14) proposed flash x-ray holography with reflective reference scatterers, combined with charge-coupled device (CCD) detection.

Recently, undulator radiation has been used to demonstrate high-resolution Gabor x-ray holography (15) both at the National Synchrotron Light Source (NSLS) (16) and at Laboratoire d'Utilisation du Rayonnement Electromagnétique (LURE) (17). Biological specimens have been imaged with this technique at 56-nm resolution, and there are indications that the holograms contain information recorded near the \sim 20-nm resolution limit imposed by the photoresist detectors used (16). Using an x-ray laser to make 200-ps flash exposures, Trebes et al. (18) recorded Gabor holograms with 5- μ m resolution. The attainable resolution with Gabor holography is ultimately limited to the detector resolution

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