

latitudes. As Garrett Brass and John Southam of the University of Miami and William Peterson of Pennsylvania State University argued a decade ago, such tropical seas would have been just the place to evaporate away lots of fresh water and make the remaining seawater salty enough and thus dense enough—in spite of its warmth—to sink to the bottom of the deep sea.

But there's no consensus about what could have caused the bottom water source to shift almost instantaneously, in geological terms, from the high latitudes to the tropical seas. Kennett and Stott suggest that this episode was just an extreme excursion in a circulation system in which warm, saline bottom water was already competing with cold bottom water from the high latitudes. Fifty-seven million years ago, they note, the world was in the midst of a gradual warming trend that, within a few million years, would culminate in the highest temperatures of the past 65 million years. They suggest that an already strong source of warm, saline deep water may have taken over temporarily when the warming atmosphere and increased precipitation near Antarctica reduced the density of surface waters there, shutting off the competing cold water source.

But Thomas argues that instead of being a blip on a long-term trend, the deep-sea warming of 57 million years may have been a singular event. Her proposed trigger is the massive outpouring of carbon dioxide-laden lavas that accompanied the early opening of the North Atlantic at about that time. A pulse of volcanic carbon dioxide might have caused a greenhouse warming large enough, she suggests, that warm, saline bottom water flooded a world ocean that had been previously dominated by cooler sources.

Whatever the cause of this deep-sea event, paleoceanographers will probably be spinning tales about other ones. "The more we look at the high-resolution record," says Kennett, "the more we're finding these brief, dramatic events having profound effects on Earth's biota." And the talk among paleontologists will not be limited to the deep sea; such oceanic events, because of their effect on global isotope chemistry, offer a way to correlate events in the ocean and on land.

A case in point: James Zachos of the University of Michigan and Paul Koch of the Carnegie Institution of Washington's Geophysical Laboratory have traced the carbon isotope signal 57 million years ago to land plants and the tooth enamel of herbivorous mammals of the Big Horn Basin in Wyoming. Now they are using the easily identified excursion as a time marker in the terrestrial fossil record. That's a pretty long reach for the few liters of ocean-floor mud that started it all. ■ **RICHARD A. KERR**

Fetal Brain Signals Time For Birth

In sheep, reproduction runs like clockwork. Twenty one weeks—give or take a day or two—after a ram impregnates a ewe, a little lamb is born. For years, scientists have tried to figure out the crucial change in the developing fetus that signals the time has arrived for pregnancy to end. Now, two teams, one in the United States and the other in New Zealand, have come up with compelling evidence that a tiny nucleus in the fetal sheep brain plays a crucial role in bringing gestation to a close.

Understanding how the timing of pregnancy is controlled has enormous implications for human health. The American College of Obstetricians and Gynecologists reckons that between 6% and 8% of all pregnancies terminate prematurely, and premature infants are at a far higher risk of birth-related defects and infant mortality than full-term infants.

Researchers have long known from work in sheep that hormones released by the fetal pituitary and adrenal glands are involved in terminating pregnancy. Just prior to birth there is a rise in the production of adrenocorticotrophic hormone (ACTH) from the pituitary, followed by an increase in cortisol from the adrenal gland. Adding ACTH or cortisol to the fetal blood supply will shorten gestation. The increased cortisol alters the enzymatic balance in the mother's uterus, and this leads to the start of labor.

Peter W. Nathanielsz and Thomas J. McDonald of the Laboratory for Pregnancy and Newborn Research at the Cornell University Veterinary College in Ithaca, New York, wanted to find out what was responsible for initiating this rise in ACTH. They focused their attention on the paraventricular nucleus of the hypothalamus, a part of the brain that clearly plays a role in controlling pituitary hormones in the adult animal. Details of their work, which was supported by the National Institute of Child Health and Human Development appear in the 15 September issue of *The American Journal of Obstetrics and Gynecology*.

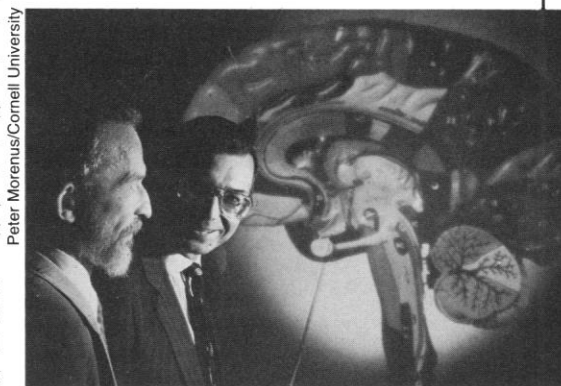
At 120 days of gestation, they performed surgery on nine fetal lambs. In five, they destroyed the paraventricular nuclei on both sides of the brain; in the other four they merely inserted the same instruments into the fetal brain, but left the nuclei intact. All four of the control animals delivered right on schedule, but the five animals missing their paraventricular nuclei showed no sign that birth was imminent, and the researchers artificially terminated the pregnancies after 23 weeks in order to study the fetal brains.

In the New Zealand study, Peter D. Gluckman and colleagues at the University of Auckland looked at 29 fetal sheep, removing a variety of brain structures including, in some cases, the paraventricular nuclei. Only the animals missing the paraventricular nuclei showed a significant lengthening of the time of pregnancy. Their work will be published in an upcoming issue of *The American Journal of Obstetrics and Gynecology*.

Nathanielsz says he believes that the paraventricular nucleus acts as a tiny computer, assessing signals from various developing organs. When the organs have reached the proper degree of development, the paraventricular nucleus sends a hormonal signal to the pituitary to start producing ACTH, thereby initiating labor.

But how good a model is the sheep for understanding how pregnancy works in humans? There are clearly differences. For one thing, the birth of anencephalic babies—infants with no brain at all—generally does not have to be induced, which suggests that the paraventricular nucleus is not crucial for terminating pregnancy. But Charles Wood, a physiologist at the University of Florida at Gainesville, points out that gestation times for anencephalic babies vary enormously, indicating that something in the control mechanism has probably gone awry. He believes the work by Gluckman and Nathanielsz is a crucial piece of the puzzle of how pregnancy is controlled. The trick now, he says, will be to figure out what factors control the activity of paraventricular nuclei. That's something Nathanielsz says he is already looking into.

■ **JOSEPH PALCA**



Neural timekeeper. McDonald (left) and Nathanielsz point out key nuclei.