So far, the structure of several gamones in water molds has been clarified (8). It is of great interest that a gamone in Protozoa structurally belongs to a novel type of compound which has general biochemical importance. Elucidation of the structure of blepharismin is expected to facilitate the molecular study of the conjugation mechanism in Blepharisma.

> ΤΑΚΑSΗΙ ΚυΒΟΤΑ ΤΑΚΑSΗΙ ΤΟΚΟΡΟΥΑΜΑ

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18 July 1972

Embryonic Chick Intestine in Organ Culture: Response to Vitamin D₃ and Its Metabolites

Abstract. Embryonic chick intestine maintained in organ culture responded to vitamin D₃ and its metabolites 25-hydroxycholecalciferol and 1,25-dihydroxycholecalciferol by synthesis of calcium-binding protein and enchanced calcium-45 uptake. The dihydroxy metabolite was by far the most potent inducer of the protein and also acted more rapidly than vitamin D_3 to stimulate isotope uptake. Despite its lower potency, vitamin D_3 itself was effective.

Vitamin D_3 induces de novo synthesis of a calcium-binding protein (Ca-BP) and enhances uptake and mucosal to serosal transport of Ca in embryonic chick intestine maintained in organ culture (1, 2). Much correlative evidence supports a role for Ca-BP in the vitamin D-mediated intestinal transport of Ca in vivo (3). Also, direct evidence was obtained with the organ culture technique: absorption and transport of Ca was enhanced in intact, everted duodena maintained with purified Ca-BP but no vitamin D_3 in the culture medium (2).

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Table 1. Relative potency of vitamin D_3 metabolites in stimulating Ca-BP synthesis and ⁴⁵Ca uptake in embryonic chick intestine in organ culture. Values are mean \pm standard error. Duodenal tissue was cultured for 48 hours with sterol in the culture medium. The tissues were then analyzed for Ca-BP content or transferred to a ⁴⁵Ca-containing buffer solution and incubated for 30 minutes at 37° C (1). Uptake of ⁴⁵Ca was determined by liquid scintillation counting of duodena in Nuclear-Chicago solubilizer. Relative potency of Ca-BP synthesis is 100 times the average Ca-BP concentration induced by a particular sterol divided by the average Ca-BP concentration induced by vitamin D_a. Relative potency of ⁴⁵Ca uptake is 100 times the average net increase in ⁴⁵Ca uptake stimulated by a particular sterol divided by the average net increase in ⁴⁵Ca uptake stimulated by vitamin D₃.

Sterol (nM)	Ca-BP (µg per 100 mg of tissue)			⁴⁵ Ca uptake (% of control)		
	\mathbf{D}_{3}	25-OHD ₃	1,25- (OH) ₂ D ₃	\mathbf{D}_3	25-OHD ₃	1,25- (OH) ₂ D ₃
0 (Control)	0	0	0	100	100	100
0.65			8.4			100 ± 12
6.5	1.5 ± 0.2	0.8 ± 0.1	21.0	103 ± 8	99 ± 8	101 ± 3
65	3.0 ± 0.5	4.3 ± 0.3	28.8	$120 \pm 12*$	$140 \pm 8^{*}$	$144 \pm 6*$
	F	Relative potency	v of 65 nM	sterol		
	100	143	960	100	200	220

* P < .01 by Student's *t*-test applied to uptake data expressed as percentage of ¹⁵Ca dose accumulated per 100 mg of tissue.

technique, mucosal structure was well preserved after 48 hours of incubation in a defined, serum-free medium (4). The marked similarity between responses to vitamin D in vivo and in this system indicates that the metabolic fate and mode of action of the vitamin can validly be studied in the organ culture. This system may be of use in understanding the physiological significance of active metabolites of vitamin D₂ (cholecalciferol): 25-hydroxycholecalciferol (25-OHD₃), formed in the liver (5) and kidney (6) from vitamin D_3 ; and 1,25-dihydroxycholecalciferol [1,25- $(OH)_2D_3$], formed in the kidney from 25-OHD₃ (7). I report here the relative effectiveness of vitamin D_3 and its metabolites. Although 1,25-(OH)₂D₂ was extremely potent, vitamin D₃ itself was effective.

Entire duodena from four 20-day chick embryos (300 to 400 mg of tissue) were slit open and laid with mucosa upward on a 60-mesh stainless steel grid (51 by 63.5 mm on 6.35-mm legs) inside a petri dish. The dish contained McCoy's 5A medium without serum (8), with 1.25 mM Ca (except when noted otherwise) and nystatin (100 unit/ml). The guts on grids, cultured for 48 hours in a humidified incubator (37.5°C) continuously gassed with 5 percent CO_2 in air, produced up to ten times as much Ca-BP in response to 26 μM vitamin D₃ as did tissue in the original immersion culture method (1). After culture, the guts were either homogenized before Ca-BP measurement by radial immunoassay (1), or ⁴⁵Ca uptake was measured during a 30-minute incubation in a buffer solution (1). As measured here, ⁴⁵Ca uptake reflects the first step in the transport of Ca across the intestine, namely, accumulation of Ca by the cell. The validity of this method has been established (9, 10) and the dependence of uptake on vitamin D was shown in vivo (9) and in this organ culture system (1).

The results of culturing duodena in the presence of vitamin D₃, 25-OHD₃, or $1,25-(OH)_2D_3$ (8) are shown in Table 1. The minimum effective concentrations of either vitamin D₃ or 25- OHD_3 was only 6.5 nM for induction of detectable Ca-BP synthesis and 65 nM for enhancement of 45 Ca uptake. At 65 nM, 25-OHD₃ was about 1.4 times as effective as vitamin D₃ in inducing Ca-BP synthesis and twice as effective in stimulating ⁴⁵Ca uptake. Although the cultured duodena responded to relatively low concentrations of both vitamin D₃ and 25-OHD₃, Ca-BP induction by 65 nM 1,25-(OH)₂D₃ in this system was about ten times greater than that by 65 nM vitamin D_3 and seven times greater than that by 65 nM25-OHD₃. Indeed, the minimum effective concentration of $1,25-(OH)_9D_3$ in the medium for induction of detectable Ca-BP synthesis was no more than 6.5 pM, one-thousandth of that of either vitamin D_3 or 25-OHD₃ (data not shown); this makes 1,25-(OH)₂D₃ one of the most potent biologically derived substances known. However, 65 nM 1,25-(OH)₂D₃ was no more potent than 65 nM OHD_3 in enhancing ⁴⁵Ca uptake (Table 1).

Induction of Ca-BP synthesis in this system was more sensitive to vitamin D₃ and its metabolites than was enhancement of ⁴⁵Ca uptake, especially in the case of 1,25-(OH)₂D₃. Also, large amounts of Ca-BP were induced by 1,25-(OH)₂D₃ concentrations insufficient to stimulate ⁴⁵Ca uptake. Thus, twice as much Ca-BP was induced after 48 hours of incubation of duodena with 0.65 nM 1,25-(OH) $_{2}D_{3}$ as compared to incubation for this period with 100 times as much 25-OHD₃, yet ⁴⁵Ca uptake was not stimulated by this low concentration of 1,25-(OH), D₃ (Table 1). However, merely raising the Ca concentration from 1.25 mM to between 2.5 and 5 mM resulted in significant enhancement of ⁴⁵Ca uptake after 48 hours of incubation with 0.65 nM 1.25- $(OH)_2D_3$. The responsiveness of the cultured duodenum to 0.65 nM 1,25- $(OH)_2 D_3$ was shown to be a function of time as well as Ca concentration (Fig. 1). Thus, with 1.25 mM Ca maximal stimulation of ⁴⁵Ca uptake was reached after only 6 hours, persisted through 24 hours, but was no longer evident at 48 hours. With 2.5 mM Ca, however, enhancement of ⁴⁵Ca uptake was not seen until after 24 hours and persisted through 48 hours. When the effect of higher Ca concentration on 1,25-(OH)₂- D_3 action was measured at 48 hours only, the higher Ca concentration appeared to stimulate ⁴⁵Ca uptake when, in fact, it was retarding the rapid response. (By comparison, 26 μM vitamin D₃ significantly stimulated ⁴⁵Ca uptake only after 12 hours.) At either Ca concentration, Ca-BP was induced either before or simultaneously with stimulation of ⁴⁵Ca uptake. This suggests that Ca-BP synthesis was the initial response to $1,25-(OH)_2D_3$, and that enhancement of Ca uptake followed, whether or not as a direct consequence.

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Table 2. Action of $1,25-(OH)_2D_3$ in the presence of a high concentration of vitamin D_3 in the medium. Details are given in text and legend to Table 1.

Sterol		Ca-BP	45Ca	
D ₃ (n <i>M</i>)	1,25- (OH) ₂ D ₃ (nM)	(μg per 100 mg of tissue)	uptake (% of control)	
0	0	0	100	
6500	0	5.5	$146 \pm 2^{*}$	
0	0.65	8.0	111 ± 9	
6500	0.65	6.4	$152 \pm 7^{*}$	

* P < .01, determined as for Table 1.

sponse to 1,25-(OH)₂D₃ suggests a possible role of Ca in the regulation of Ca-BP synthesis, localization (11), or function. Alternatively, Ca may have potentiated a more direct action of $1,25-(OH)_2D_3$ on 45Ca uptake. This substance stimulated in vivo intestinal Ca absorption in rats, even when protein synthesis had been inhibited by prior administration of actinomycin D (12). This observation leaves unexplained considerable in vivo evidence that vitamin D and its metabolites are preferentially localized in intestinal cell nuclei (13) and that the earliest known actions of vitamin D are stimulation of DNA template activity (14), incorporation of RNA precursors into RNA (15), and synthesis of Ca-BP (16). Perhaps most relevant are the results obtained when embryonic chick duodenum was cultured in medium containing 5 mM Ca and 0.65 nM 1,25- $(OH)_2D_3$ —conditions producing en-

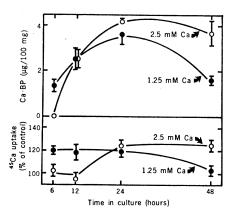


Fig. 1. Time course of $1,25-(OH)_2D_3$ action as a function of Ca concentration in the medium. Values for ⁴⁵Ca uptake were calculated as percentage of total ⁴⁵Ca in the buffer accumulated per 100 mg of duodenum in the presence of $1,25-(OH)_2D_3$ and divided by the corresponding value obtained for the same Ca concentration and incubation time in the absence of $1,25-(OH)_2D_3$. Other details are given in the text and legend to Table 1.

hanced ⁴⁵Ca uptake at 48 hours. When actinomycin D was included in the medium, at concentrations neither altering total protein concentration in the gut nor producing general cytotoxic effects, 1,25-(OH)₂D₃ induction of Ca-BP synthesis was inhibited and the enhancement of ⁴⁵Ca uptake was completely blocked (4). This seems compeling evidence against a direct action of 1,25-(OH)₂D₃ on Ca absorption.

It has been stated recently that $1,25-(OH)_2D_3$ is the only biologically active form of vitamin D_3 in vivo; that is, unless this metabolite is formed, there is no vitamin D_3 action on the intestine (12). However, the present data indicate that both vitamin D_3 and 25-OHD₃, as well as $1,25(OH)_2D_3$, are effective in stimulating the Ca absorptive mechanism in organ cultures of intestine. In addition, high-resolution chromatographic analyses have indicated that vitamin D_3 itself can induce Ca-BP synthesis and ⁴⁵Ca uptake in cultured intestine in the complete absence of either vitamin D metabolite. Duodena were cultured as described above. To the medium was added either ethanol alone or an ethanol solution of [4-14C]vitamin D_3 (specific activity, 32.3 mc/mmole); final concentrations were 650 nM [4-14C]vitamin D_3 (the only vitamin D₃ added) and 0.1 percent ethanol. After 48 hours, Ca-BP and ⁴⁵Ca uptake were measured on some of the guts. Other duodena, cultured in the presence of labeled vitamin D_3 , were dissolved in Nuclear-Chicago solubilizer (8) and assayed for ¹⁴C radioactivity. Still other duodena, and the medium after lyophilization, were homogenized and extracted with chloroform : methanol according to the procedure of Bligh and Dyer (17). The chloroform layers were evaporated and redissolved in small amounts of ethanol for application to chromatographic columns (legend to Fig. 2).

Authentic vitamin D₃ and 25-OHD₃ and biosynthetic 1,25-(OH)₂D₃ were chromatographed on Sephadex LH-20 (18) and Celite (19) columns to determine elution patterns (Fig. 2D). Although these three sterols were adequately resolved in both systems, resolution of 1,25-(OH)₂D₃ was much better by Celite chromatography. (The minor ³H peak in both systems was present in the 1,25-(OH)₂D₃ preparation and was not identified.) The solution of labeled vitamin D_3 used was pure (Fig. 2C) in both systems, there being no trace of either metabolite (as little as 0.03 percent of either could

have been detected). After 48 hours of incubation, total lipid extracts of the duodenal tissue and the medium were chromatographed. No trace of either metabolite was formed in the cultured intestine (Fig. 2A) or was present in the medium (Fig. 2B); the only radioactivity peak was unchanged vitamin D_{3} .

The total [4-14C]vitamin D₃ content of the cultured intestines (average of six) was 2.1 ± 0.2 pmole per milligram of tissue. This represents an average gut accumulation of 0.4 percent of the total labeled vitamin D₃ available in the medium. It is not known what portion of this activity was specifically bound. Approximately 50 percent of labeled vitamin D_3 was lost from the medium after 48 hours. The cause of the loss was not determined, but the radioactivity was probably either insoluble or adsorbed to surfaces. [4-14C]Vitamin D₃ although not metabolized in the culture system (Fig. 2), stimulated Ca-BP synthesis $(2.85 \pm 0.31 \ \mu g \text{ per } 100 \ \text{mg}$ of duodenum) and enhanced ⁴⁵Ca uptake (123 ± 7.1) percent of uptake in absence of vitamin D_3).

These observations leave little doubt that vitamin D_3 itself is effective in stimulating the Ca absorptive mechanism in organ cultures of intestine. There is also chromatographic evidence that 25-OHD₃, like vitamin D_3 , is not metabolized in cultured intestine and

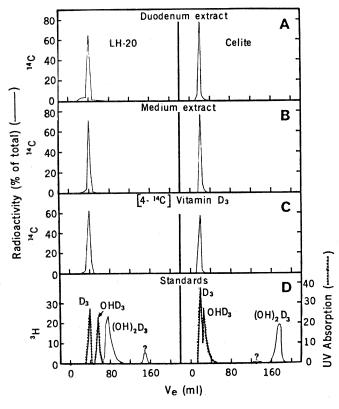
Fig. 2. Chromatographic profiles of vitamin D₃ metabolites on Sephadex LH-20 (gel filtration) and Celite (liquid : liquid partition). Twenty grams of Sephadex LH-20 were slurried in chloroform : hexane : methanol (75:23:2) (18), and a column (48 by 1.3 cm) was prepared. Chromatograms were developed with the same solvent delivered by a pump (CMP-2 metering pump, Chromatronix, Inc., Berkeley, California) at a flow rate of 0.4 ml/min; 4-ml fractions were collected. Celite [method modified from (19)] was washed three times with 6N HCl, rinsed extensively with water to approximate neutrality, and extracted with ethanol, ether, and hexane. The Celite was then dried, and 13 g were slurried in 45 percent water in ethanol (stationary phase) and applied to a column of 1.3-cm diameter. The mobile phase (10 percent ethyl acetate in hexane saturated with stationary phase fluid) was then forced through the column at high pressure with the aid of a pump (Chromatronix), the excess stationary phase being forced out ahead of the mobile phase. This resulted in an extremely well-packed column with excellent and reproducible resolving power. Mobile phase for development of the chromatogram was delivered by pump at a flow rate of 0.4 ml/min; 4-ml fractions were collected. Total lipid extracts of homogenates of (A) duodena cultured for 48 hours in the presence of $[4^{-1}C]$ vitamin D₈ or of (B) the lyophilized culture medium itself; no trace was found of the metabolites 25-OHD₈ or 1,25-(OH)₂D₃, which chromatographed in these systems as shown in (D). Authentic crystalline vitamin D₈ and 25-OHD₈ were measured in the column effluent by an in-line ultraviolet monitor, and radioactivity of ^aH-labeled 1,25-(OH)₂D_a was measured. The labeled vitamin D_a added to the medium was quite pure, as shown in (C).

yet stimulates the Ca absorptive mechanism (20). Perhaps the cultured intestine is unique in using vitamin D_3 . However, an alternative suggestion, not yet ruled out by any in vivo results, is that there may be a family of sterols with vitamin D activity. Which sterol effects an intestinal response, in animals of varying nutritional or physiological status, may depend on relative sterol concentrations at a critical intestinal site.

Abundant in vivo evidence indicates that the vitamin D "receptor site" in the intestine is not absolutely specific (21). Additional evidence was obtained in the organ culture system. The approach was based on the hypothesis that, if 1,25-(OH)₂D₃ is the only biologically active form of vitamin D_3 in the intestine, then this sterol should be active even in the presence of a high concentration of the presumably inactive vitamin D_3 . This was found not to be the case. After 48 hours of culture with 6.5 μM vitamin D₃, there was the usual synthesis of Ca-BP and enhancement of ⁴⁵Ca uptake (Table 2). In contrast, 1,25-(OH)₂D₃ at 0.01 percent of this concentration was more effective in Ca-BP induction but did not significantly enhance ⁴⁵Ca uptake after 48 hours (only 1.25 mM Ca was in the medium). However, when the two sterols were combined in the medium at these concentrations, the effects on Ca-BP synthesis and ⁴⁵Ca uptake were essentially those of vitamin D_3 alone. The greater potency of 1,25-(OH)₂ D_3 for Ca-BP induction was not manifested, nor were the effects of the two sterols additive. Also, if vitamin D_3 is inactive itself, one would not expect to see the enhanced ⁴⁵Ca uptake after 48 hours when both vitamin D_3 and 1,25-(OH)₂ D_3 were present in medium containing 1.25 mM Ca, because the action of 1,25-(OH)₂ D_3 on ⁴⁵Ca uptake is not seen after 48 hours at this Ca concentration (Fig. 1).

Vitamin D_3 in this system, while considerably less potent than 1,25-(OH)₂ D_3 , is itself capable of stimulating the Ca absorptive mechanism. It is possible that 1,25-(OH)₂ D_3 was ineffective in the presence of a high concentration of vitamin D_3 because of competition for a common site of activation.

The dihydroxy derivative is an extremely potent D vitamin both in vivo and in vitro. This compound, or even more potent synthetic derivatives, may find useful applications in certain disturbances of Ca metabolism (22). Nonetheless, it is possible that the concentration of 1,25-(OH)₂D₃ in normal blood is very low compared to that of vitamin D_3 and that, under ordinary circumstances, vitamin D₃ itself may stimulate the intestinal Ca absorptive mechanism, just as it does in vitro. It may be possible to utilize the extremely high potency of 1,25-(OH)₂D₃ in this culture system as the basis for a simple yet



highly sensitive bioassay. This would be important in evaluating the role of 1,25-(OH)₂D₃ in both normal and disordered states of Ca metabolism. Until circulating concentrations of 1,25- $(OH)_2D_3$ can be measured, the proposal that it is the only biologically active D vitamin in vivo seems premature.

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Phenothiazine Dosage Levels and Auditory Signal

Detection in Schizophrenia

Rappaport, Silverman, Hopkins, and Hall (1) suggest that in an auditory signal-detection situation nonparanoid schizophrenics are hypersensitive (presumably in comparison with normals) at low and moderate stimulus intensities, but have an attenuated response at high stimulus intensities. They hypothesize that paranoid schizophrenics have a primary difficulty of an attentional nature such that they scan the environment rather than focus on relevant stimuli, and that phenothiazines have differential effects on the auditory signal-detection performance of paranoid and nonparanoid schizophrenics. The design of their experiment and the results presented warrant questioning of their conclusions.

Determinations of drug dosages in clinical populations often conflict with the requirements of experimental design. Since the assignment of drug dosage in the study by Rappaport et al. was not random, but was "determined by the ward physician, and was based on clinical impressions of the patient's condition" (1, p. 724), the patients who received different dosages also differed on whatever clinical variables the ward physician used to determine dosages. Such a confounding of clinical state with dosage makes it impossible to attribute any observed performance differences to dosage alone. That Rappaport et al. state "there were no significant relations between severity of mental pathology in either group of schizophrenics and d' " (1, p. 725), is not an assurance that the groups were clinically equivalent in other respects.

Rappaport et al. do not present evidence that phenothiazines have a statistically significant effect on signaldetection performance within either the paranoid or nonparanoid schizophrenic groups. They state (1, p. 725), "As was predicted, nonparanoid schizophrenics showed a decrease in d' with each increase of phenothiazine medication. In contrast, paranoid schizophrenics showed an increase in d' with each increase in phenothiazine medication." However, our calculations based on the data in their table 1 suggest that there were no statistically significant effects within either group related to phenothiazine dosage. In the absence of significant differences, the data would conventionally be taken as support for the lack of a drug effect on performance on their experimental task, rather than for the presence of such an effect. Rappaport et al. do state (1, p. 725) that "among normal subjects no consistent overall drug effect was observed." The mean drug effects exhibited by normals (table 1) appear to be of the same order of magnitude as those presented for the schizophrenics. None of the mean differences between drug conditions in any of the subject groups appears to be very large. Our calculations indicate that the largest of all of these differences is approximately equivalent to the change in mean performance, which would be expected as a result of a 1-db change in signal (2). Such a small effect is presumably of little practical significance.

There are data provided by Rappaport et al. that may be interpreted as indicating a significant drug effect. In the difficult signal-detection condition the nonmedicated normals differed significantly from the nonparanoids receiving the highest drug dosage, but not from the other nonparanoids. Since nonparanoids receiving the high drug dosage may have differed clinically from the nonparanoids receiving lesser amounts of phenothiazines, it would seem unwarranted to conclude that a drug effect is indicated.

It should be pointed out that, from the results presented by Rappaport et al., it does not seem possible to tell whether any given significant difference in performance was due to a difference in sensitivity, or to a difference in the ability to focus attention, or to both. Thus, even if significant drug-related changes in performance on the auditory task had been demonstrated, additional evidence would be required to establish that such changes were due to attentional factors in paranoid subjects, but were due to variations in sensitivity in nonparanoid subjects. In their experiment the subject had only a single response button. A press on this button was taken to be a "yes" response, and a failure to press the button was taken to be a "no" response. If the subject in such a situation fails to respond as a result of a lapse of attention, this failure to respond will be treated as a "no" response. If the subject had been given both a "yes" button and a "no" button, then failures to respond could have been distinguished from intentional "no" responses. This proce-