

for the movement of water and solutes and for the observed electrical potentials. The movement of water and of large and small molecular solutes of the corneal stroma was discussed by David Maurice of London, England. The high degree of reversible swelling of the cornea was shown by birefringence studies to be mainly confined to the ground substance. The ensuing discussion tangibly demonstrated the interest and the challenge presented by these reports.

In the last session, on pathology and aging, Leon Sokoloff presented an erudite analysis of aging of cartilage in osteoarthritis of various joints, illustrated by ingenious experimentation on the mechanics of compression of cartilage. This was followed by a presentation on the chemical changes in the mucopolysaccharides of cartilage and other tissues by Karl Meyer. The discussion of these papers brought forward many valuable suggestions and critiques.

It may be said in summary that the conference was successful. It neither exhausted the problems nor proposed final solutions of the many perplexing phenomena discussed, but the exchange of ideas which took place was an important accomplishment.

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## Nuclear Medicine

Rapid growth and change in the use of radiopharmaceuticals have taken place over the last 5 years. In his opening lecture at the symposium on clinical applications of nuclear medicine (Shaker Heights, Ohio, 30-31 October 1964), Paul Numerof, of Squibb Institute, attributed this growth to the search for isotopes which will give maximum information to the physician and reduce radiation to the patient.

Short-lived isotopes were discussed at the symposium by William Myers (Ohio State University). Emphasis was placed on these isotopes primarily because with their use patients will receive less radiation. Secondly,

scanning can be done in a shorter length of time and can be repeated at frequent intervals to study rapidly changing physiological functions. Also, because greater quantities of a short-lived isotope can be safely administered, counting accuracy will be improved.

George Taplin (University of California, Los Angeles) presented work done with macroaggregates of labeled albumin for lung scanning. The radioactive particles are temporarily retained in the lung capillaries. The scan image of the lung represents the pattern of the arterial blood flow. Tumor, embolus, pneumonia, emphysema, and infarct have been successfully diagnosed by scanning. Chest x-rays are essential in order to interpret correctly the lung scan.

N. David Charkes (Albert Einstein Medical Center) pointed out that scanning offers certain advantages in diagnosing renal disease. It is especially essential in patients suspected of having a renal disease who are allergic to iodides. This procedure was first demonstrated in 1960 with chlormerodrin- $\text{Hg}^{203}$ . The iodinated agents which had been used prior to this were not retained long enough to give good results. The renal scan can confirm the presence of some common renal anomalies, such as space-occupying lesions, cysts, and tumors. Cysts and tumors, generally, are difficult to differentiate. Slight irregularity in outline and lower isotopic concentration indicate tumor.

Brain scanning has been studied for 17 years. Recent applications of this procedure were presented by Bertram Selverstone (New England Center Hospital). A frequent problem in brain scanning is that of locating tumors below the surface. An accuracy of 100 percent has been established in the diagnosis of meningiomas, as well as of astrocytomas, by the use of radioisotopes. When there is question of infarct, scanning should be repeated for confirmation.

D. Bruce Sodee (Doctors Hospital) discussed pancreatic scanning in which the  $\text{Se}^{75}$ -labeled selenium analog of methionine was used. With this agent and proper technique, excellent information on the pancreas has been obtained. The pancreas was visible in 90 percent of the patients scanned. Uptake of  $\text{Se}^{75}$ -labeled  $\text{SeMe}$  in damaged tissue is decreased much in the same way as that of  $\text{I}^{131}$  in cases of thyroiditis. In tumors this compound is not concentrated as it is in normal

tissue. Therefore the tumor appears as an irregular area which has no radioactivity. Of tests on 185 patients, two were falsely positives and one was falsely negative.

Study of the parathyroid gland by means of radioisotopes is limited because of the small size and the variable anatomical location of the gland. E. James Potchen (Peter Bent Brigham Hospital) presented in the final lecture his experience in developing a technique of examining this organ. The tracer used is  $\text{Se}^{75}$ -labeled  $\text{SeMe}$ . For this technique to be successful, the activity of the thyroid gland must be suppressed. This is accomplished by administering cytomel 4 days prior to scanning. For proper interpretation of the results, four successive scans should be made and then integrated by superimposition. The results of this procedure have been encouraging.

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## Bioclimatology

Eight American and 11 Japanese physiologists, meeting at Sapporo, Japan, 4-7 November 1964, discussed bioclimatology and the possibility of joint investigations of some of its problems. The seminar was sponsored by the U.S.-Japan Cooperative Science Program and accommodated by the Hokkaido University School of Medicine.

In the first session, on fundamental concepts, F. Sargent (University of Illinois) discussed the thesis that bioclimatological theory as applied to humans must be developed from the ecological viewpoint; the fundamental concept is that of fitness of the ecosystem, an extension of L. J. Henderson's "fitness of the environment." He suggested that circadian and seasonal variations of human physiology are instances of biological fitness. Examining the problems of seasonal variation in illness, he advanced the hypothesis that there is a "normative ecosystem"; departures from this system explain seasonal variation of illness and elucidate problems of "environmental health." Sargent suggested that racial variation in physiological adaptations likewise accord with this ecological concept.

D. H. K. Lee (U.S. Public Health Service) developed the ecological