

## INFECTIOUS DISEASES

## Bed Nets Prove Their Mettle Against Malaria

**ATLANTA**—Most scientists announce their results at conferences or in scholarly journals. But late last August a team of researchers presented new data at a celebration in the town of Asembo Bay in western Kenya, complete with food, drinks, dancing, singing, and boat races on Lake Victoria. The reason, say the researchers from the Kenya Medical Research Institute in Nairobi and the U.S. Centers for Disease Control and Prevention (CDC) in Atlanta, is that they wanted to tell the people who had participated in their study the good news first.

Last month, the researchers presented their results to their colleagues, during a meeting\* in downtown Atlanta. Although the occasion was far more subdued, the talk engendered almost as much excitement. The 2-year study showed that the use of insecticide-impregnated bed nets saves many lives, even in areas with intense malaria transmission year-round. A set of 18 papers about the trial will appear in the *American Journal of Tropical Medicine and Hygiene* next spring.

The study provides the missing piece in a series of trials. Previous studies—held in Ghana, The Gambia, Burkina Faso, and coastal Kenya—had shown that bed nets could save the lives of children, malaria's main victims. But none of them took place in areas with extremely high, year-round transmission, such as western Kenya, where a person receives hundreds of bites from infected mosquitoes each year. Would it even be worth trying to distribute bed nets in equatorial Africa? "We were quite skeptical ourselves," says Bernard Nahlen, one of the investigators.

The new study puts that question to rest, says Christian Lengeler of the Swiss Tropical Institute in Basel. "We can now make a blanket recommendation: Everywhere there is malaria, you should use treated bed nets," he says. The study also shows that a remarkably low-tech and relatively cheap intervention can have more impact than many snazzy scientific advances. "About \$10 million has been sunk into showing that bed nets work," says

\* 50th Annual Meeting of the American Society of Tropical Medicine and Hygiene. Atlanta, 11–15 November.

come as no surprise to the Indian scientific community. "The situation is very alarming," says Goverdhan Mehta, an organic chemist and president of the Indian National Science Academy. "Science in India is not in a healthy condition."

The document affirms the government's role in supporting research and repeats its pledge to more than double spending, to 2% of the country's gross national product, over



**Get connected.** Science minister Murli Manohar Joshi holds the Indian-made Simputer, an inexpensive digital tool for the masses.

the next 5 years. It also highlights 12 areas where the government needs to focus its attention, from rebuilding a tattered academic system and rekindling public interest in science to speeding the transfer of technology from the laboratory to the market. Among the suggested mechanisms are creating bodies to fund basic science and foster innovation, and paying more attention to outside organizations that offer scientific and technical advice to the government. Another strategy would pour additional resources into 50 or more model universities and technical institutions.

The draft statement stresses the importance of public understanding of science, with an emphasis on improved instruction from the primary grades through the undergraduate years. "We appear to have lost an entire generation of scientists," the document declares, "and strategic departments like space, defense, and atomic energy find it increasingly difficult to attract the best of human resources." It suggests that the government pay more attention to indigenous knowledge, covering everything from medicine to sustainable development. It also points to the need for better technologies to mitigate natural disasters, as well as stronger laws to protect intellectual property.

"A concerted plan of action is necessary to infuse dynamism into our science and technology policy," declares the policy, which grew out of a yearlong exercise led by science minister Murli Manohar Joshi. The document is expected to be submitted to Parliament after its approval by the Cabinet.

—PALLAVA BAGLA

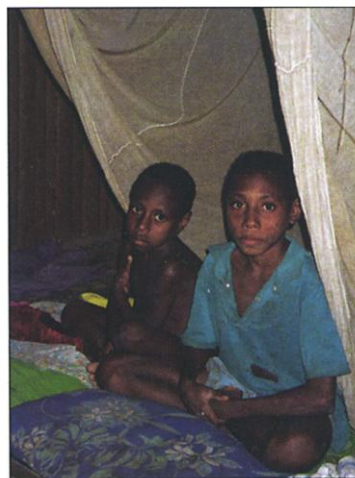
Lengeler. "That's peanuts compared to what you put into a new vaccine or new drugs."

For the trial, researchers randomly divided each of 221 villages and their combined 125,000 inhabitants into two groups. One group received enough bed nets to cover each and every sleeping space, and the nets were treated with permethrin over the next 2 years. The second group did not receive nets, although they were given them at the end of the trial. The use of nets reduced deaths among children under 1 year of age—when most of the mortality due to malaria occurs—by about 22%, according to the CDC's Penny Phillips-Howard.

The nets also reduced cases of placental malaria among pregnant women by about 23%, and 28% fewer had low-birth-weight babies. Bed nets even protected people who did not use them, as long as they were in the vicinity of people who did. The researchers believe this "herd effect" stems from a reduction in the number of infected mosquitoes—just like broad vaccine coverage can reduce the incidence of a disease by reducing the number of carriers, protecting even those who are not vaccinated.

The introduction of bed nets is already one of the pillars of Roll Back Malaria, an ambitious program to reduce malaria deaths worldwide by 50% from 2000 levels by 2010, spearheaded by the World Health Organization. At the moment, bed nets are just begin-

ning to be introduced in many African countries, however, and opinions vary on how to speed their distribution. To a great extent, the market can take care of it, says Brian Greenwood of the London School of Hygiene and Tropical Medicine. Bed nets are increasingly popular in Africa, despite their \$3 to \$4 price tag. "Having 200 to 300 mosquitoes in your bedroom makes it go up on your priority list," Greenwood says. And commerce can distribute the nets into even the smallest villages, he



**Under wraps.** Bed nets work—even in places with intense malaria transmission.

adds—as it has done with Coca-Cola.

But that approach is of little use to the poorest 20% of the population who cannot afford a net—which is why some of the nets will have to be given out for free, says Lengeler. One way to boost coverage further would be to remove taxes and tariffs that many countries now charge on textile imports, including bed nets. According to Lengeler, "That's perhaps the single most important thing that needs to happen now."

—MARTIN ENSERINK