#### REPORTS

reached. This approach was used to estimate relative maximum leaf size during the period of study (Fig. 3).

- The threshold for thermal damage of nonsucculent leaves (45° to 52°C) is a highly conserved characteristic across a wide range of extant taxa [W. Larcher, in *Ecophysiology of Photosynthesis*, E. D. Schultze and M. M. Caldwell, Eds. (Springer-Verlag, Berlin, 1994), pp. 261–277; Y. Gauslaa, *Holarct. Ecol.* 7, 1 (1984)], implying little evolutionary change through time.
- T. A. Mansfield, A. M. Hetherington, C. J. Atkinson, Annu. Rev. Plant Physiol. Plant Mol. Biol. 41, 55 (1990).
- 31. A review of fossil Ginkgoalean leaves revealed that species with the most dissected leaves, characterized by multidichotomies 0.5 to 2 mm wide, are restricted to Late Triassic to early Middle Jurassic facies [T. Kimura, C. Naito, T. Ohana, Bull. Natl. Sci. Mus. Tokyo 9, 91 (1983)].
- 32. The cause of T-J floral turnover has traditionally been attributed to a sedimentary hiatus (3). However, this hypothesis is unsupported by sedimentological evidence [G. Dam and F. Surlyk, Geology 20, 749 (1992); Spec. Publ. Int. Assoc. Sedimentol. 18, 4189 (1993)], which identifies no major facies changes or unconformities between the T-I strata in Greenland. Furthermore, the absence of the upper Rhaetian Ricciisporites-Polypodisporites acme zone [W. M. L. Schuurman, Rev. Palaeobot. Palynol. 23, 159 (1977)] in Greenland (10) and Sweden (11), which has also been tentatively interpreted as evidence of a hiatus at both localities, is questionable, as acme zones are generally considered of only local use, owing to the effects of ecological, environmental, and postdepositional processes on relative pollen abundances.

# Gene Expression Profile of Aging and Its Retardation by Caloric Restriction

Cheol-Koo Lee,<sup>1,3</sup> Roger G. Klopp,<sup>2</sup> Richard Weindruch,<sup>4\*</sup> Tomas A. Prolla<sup>3\*</sup>

The gene expression profile of the aging process was analyzed in skeletal muscle of mice. Use of high-density oligonucleotide arrays representing 6347 genes revealed that aging resulted in a differential gene expression pattern indicative of a marked stress response and lower expression of metabolic and biosynthetic genes. Most alterations were either completely or partially prevented by caloric restriction, the only intervention known to retard aging in mammals. Transcriptional patterns of calorie-restricted animals suggest that caloric restriction retards the aging process by causing a metabolic shift toward increased protein turnover and decreased macromolecular damage.

Most multicellular organisms exhibit a progressive and irreversible physiological decline that characterizes senescence, the molecular basis of which remains unknown. Postulated mechanisms include cumulative damage to DNA leading to genomic instability, epigenetic alterations that lead to altered gene expression patterns, telomere shortening in replicative cells, oxidative damage to critical macromolecules by reactive oxygen species (ROS), and nonenzymatic glycation of long-lived proteins (1, 2).

Genetic manipulation of the aging process in multicellular organisms has been achieved in *Drosophila* through the overexpression of

\*To whom correspondence should be addressed at Department of Medicine, VA Hospital (GRECC 4D), 2500 Overlook Terrace, Madison, WI 53705, USA. E-mail: rhweindr@facstaff.wisc.edu (R.W.); Departments of Genetics and Medical Genetics, 445 Henry Mall, University of Wisconsin, Madison, WI 53706, USA. E-mail: taprolla@facstaff.wisc.edu (T.A.P.)

catalase and Cu/Zn superoxide dismutase (3), in the nematode Caenorhabditis elegans through alterations in the insulin receptor signaling pathway (4), and through the selection of stress-resistant mutants in either organism (5). In mammals, mutations in the Werner Syndrome locus (WRN) accelerate the onset of a subset of aging-related pathology in humans (6), but the only intervention that appears to slow the intrinsic rate of aging is caloric restriction (CR) (7). Most studies have involved laboratory rodents which, when subjected to a long-term, 25 to 50% reduction in calorie intake without essential nutrient deficiency, display delayed onset of age-associated pathological and physiological changes and extension of maximum lifespan. Postulated mechanisms of action include increased DNA repair capacity, altered gene expression, depressed metabolic rate, and reduced oxidative stress (7).

To examine the molecular events associated with aging in mammals, we used oligonucleotide-based arrays to define the transcriptional response to the aging process in mouse gastrocnemius muscle. Our choice of tissue was guided by the fact that skeletal muscle is primarily composed of long-lived, high oxygen-consuming postmitotic cells, a  $\delta^{13}C = \{[({}^{13}C_{unk}/{}^{12}C_{unk})/({}^{13}C_{std}/{}^{12}C_{std})] - 1\} \times 1000$ 

where unk the ratio of unknown to sample and std is the ratio of the pee dee belemnite standard.

- 34. F. M. Grandstein *et al.*, *J. Geophys. Res.* **99**, 24051 (1994).
- 35. We thank E. M. Friis (Swedish Museum of Natural History) and S. Funder (Danish Geological Museum) for Ioans and provision of fossil leaves; P. E. Olsen, F. Surlyk, W. G. Chaloner, D. J. Read, R. A. Spicer, C. K. Kelly, and P. Wignall for comments on earlier versions; and the Isotope Laboratory at Royal Holloway College, University of London, for making measurements of δ<sup>13</sup>C. We gratefully acknowledge funding from the Natural Environment Research Council, UK (GR9/02930), and through Royal Society Research Fellow and Equipment grants to D.J.B.

21 April 1999; accepted 26 July 1999

feature shared with other critical aging targets such as heart and brain. Loss of muscle mass (sarcopenia) and associated motor dysfunction is a leading cause of frailty and disability in the elderly (8). At the histological level, aging of gastrocnemius muscle in mice is characterized by muscle cell atrophy, variations in size of muscle fibers, presence of lipofuscin deposits, collagen deposition, and mitochondrial abnormalities (9).

A comparison of gastrocnemius muscle from 5-month (adult) and 30-month (old) mice (10-12) revealed that aging is associated with alterations in mRNA levels, which may reflect changes in gene expression, mRNA stability, or both. Of the 6347 genes surveyed in the oligonucleotide microarray, only 58 (0.9%) displayed a greater than twofold increase in expression levels as a function of age, whereas 55 (0.9%) displayed a greater than twofold decrease in expression. These findings are in agreement with a differential display analysis of gene expression in tissues of aging mice (13). Thus, the aging process is unlikely to be due to large, widespread alterations in gene expression.

Functional classes were assigned to genes displaying the largest alterations in expression (Table 1). Of the 58 genes that increased in expression with age, 16% were mediators of stress responses, including the heat shock factors Hsp71 and Hsp27, protease Do, and the DNA damage–inducible gene GADD45 (14). The largest differential expression between adult and aged animals (a 3.8-fold induction) was observed for the gene enconding the mitochondrial sarcomeric creatine kinase, a critical target for ROS-induced inactivation (15).

A consequence of skeletal muscle aging is loss of motor neurons followed by reinnervation of muscle fibers by the remaining intact neuronal units (16). Genes involved in neuronal growth accounted for 9% of genes highly induced in 30-month-old animals, including neurotrophin-3 (17), a growth factor induced during reinnervation, and synaptic vesicle protein– 2, implicated in neurite extension (18). PEA3, a transcriptional factor induced in the response to

<sup>33.</sup> The value of  $\delta^{13}\text{C}$  is

<sup>&</sup>lt;sup>1</sup>Environmental Toxicology Center, <sup>2</sup>Institute on Aging, <sup>3</sup>Departments of Genetics and Medical Genetics, University of Wisconsin, Madison, WI 53706, USA. <sup>4</sup>Department of Medicine and Wisconsin Regional Primate Research Center, University of Wisconsin, Madison, WI and Veterans Administration Hospital, Geriatric Research, Education and Clinical Center, Madison, WI 53705, USA.

muscle injury and previously shown to be highly expressed in muscle from old rats (19), was also induced in aged muscle. We also observed parallels between our results and data from fibroblasts undergoing in vitro replicative senescence. For example, HIC-5, a transcriptional factor induced by oxidative damage, and insulin-like growth factor binding protein, both associated with in vitro senescence (20), are induced in aged skeletal muscle.

Fifty-five (0.9%) genes displayed a greater than twofold age-related decrease in expression. Genes involved in energy metabolism accounted for 13% of these alterations (Table 1). These include alterations in genes associated with mitochondrial function and turnover, such as the adenosine 5'-triphosphate (ATP) synthase A chain and nicotinamide adenine dinucleotide phosphate (NADP) transhydrogenase genes (both involved in mitochondrial bioenergetics), the LON protease implicated in mito-

**Table 1 (left).** Aging-related changes in gene expression in gastrocnemius muscle. The extent to which caloric restriction prevented age-associated alterations in gene expression is denoted as either C (complete, >90%), N (none), or partial (20 to 90%, percentage effect indicated). The fold increase shown represents the average of all nine possible pairwise comparisons among individual mice determined by means of a specific algorithm (*12*). GenBank accession numbers are listed under ORF. A more comprehensive list that includes genes

REPORTS

chondrial biogenesis, and the ERV1 gene involved in mitochondrial DNA (mtDNA) maintenance (21). Additionally, a decrease in metabolic activity is suggested through a decline in the expression of genes involved in glycolysis, glycogen metabolism, and the glycerophosphate shunt (Table 1).

Aging was also characterized by large reductions (twofold or more) in the expression of biosynthetic enzymes such as squalene synthase (fatty acid and cholesterol synthesis), stearoyl-coenzyme A (CoA) desaturase (polyunsaturated fatty acid synthesis), and EF-1gamma (protein synthesis). This suppression was accompanied by a concerted decrease in the expression of genes involved in protein turnover, such as the 20S proteasome subunit, the 26S proteasome component TBP1, ubiquitin-thiolesterase, and the Unp ubiquitin-specific protease, all of which are involved in the ubiquitin-proteasome pathway of protein turnover (22). The directions of changes in other functional categories, such as signal transduction, and transcriptional and growth factors, did not present a consistent age-related trend.

In order to study the effects of CR on the gene expression profile of aging, we reduced caloric intake of C57BL/6 mice to 76% of that fed to control animals in early adulthood (2 months of age), and this dietary regimen was maintained until animals were killed at 30 months. A comparison of 30-month-old control and CR mice revealed that agingrelated changes in gene expression profiles were remarkably attenuated by CR. Of the largest age-associated alterations (twofold or higher). 29% were completely prevented by CR and 34% were partially suppressed (Table 1). Of the four major gene classes that displayed consistent age-associated alterations, 84% were either completely or partially suppressed by CR. Thus, at the molecular level,

that did not fit into the six classes can be found at www1.genetics.wisc.edu/ prolla/Prolla\_Tables.html. **Table 2 (right).** Caloric restriction-induced alterations in gene expression. The data represent a comparison between 30-monthold CR-fed and control-fed mice. The gene expression alterations listed in this Table are diet related and do not include those representing prevention of age-associated changes (see Table 1). Additional CR-induced changes are posted at the aforementioned Web site.

ORF	∆ Ag (fold	je I)	Gene	Function	CR	ORF		
W08057	13.5	Heat Sh	ock 27 kDa Protein	Chaperone	С	U05809	<b>14.5</b>	Transketolas
M17790	1 3.5	Serum /	Amyloid A Isoform 4	Unknown	N	W53351	<b>14.1</b>	Fructose-bisi
AA114576	13.4	Heat Sh	nock 71 kDa Protein	Chaperone	С	AA071776	13.5	Glucose-6-P
L28177	12.6	GADD4	5	DNA damage response	77%	U34295	12.3	Glucose Dec
M74570	12.4	Aldehyd	le Dehydrogenase II	Aldehyde detoxification	29%	U01841	12.3	Peroxisome
AA059662	12.2	Proteas	e Do Precursor	Protease	C	L28116	12.0	PPAR Delta
L22482	12.2	HIC-5		Senescence and differentiati	on C	D42083	1.9	Fructose 1.6
X99963	12.2	rhoB		Unknown	87%	AA041826	11.9	Protein Phos
X65627	Î 2.1	TNZ2		RNA metabolism	64%			
X57277	11.8	Rac1		JNK activator	С	U37091	11.8	Carbonic Ani
AA071777	13.8	Synapti	c Vesicle Protein 2	Neurite extension	51%	M13366	1.8	Glycerophos
X53257	12.5	Neurotr	ophin-3	Reinnervation of muscle	50%			
X78197	12.2	AP-2 Be	eta	Neurogenesis	N	AA119868	Î 1.7	Pvruvate Kin
X89749	12.1	mTGIF		Differentiation	С	AA145829	12.3	26S Proteas
AA014024	12.1	Dynacti	n	Transport	55%	AA107752	12.2	Elongation F
X63190	12.1	PEA3		Response to muscle injury	С	W53731	121	Signal Record
AA106112	13.8	Mitocho	ndrial Sarcomeric	ATP generation	C	1160328	121	Proteasome
		Creatin	ne Kinase			X59990	120	mCvP-S1 /C
AA061886	120	Dihydro	pyridine-sensitive	Calcium channel	67%	W08203	110	Translocon-A
		L-type	Calcium Channel			W57495	118	60S Riboson
		,po				V10105	11.0	Eatty Aoid S
AA061310	141	Mitocho	ndrial I ON Protease	Mitochondrial biogenesis	C	X15135	14.1	Glutamino S
W55037	129	Alpha E	nolase	Glycolysis	68%	A10314	12.0	Giutanine S
V00719	126	Alpha-A	mylase-1	Carbohydrate metabolism	N	AA137059	12.4	Cytochrome
M81475	125	Phoenh	oprotein Phoenhatase	Glycogen metabolism	C	L329/3	12.0	Thymidylate
AA034842	121	EBV/1	oprotein Priosphatase	mtDNA maintenance	46%	A0000000	12.0	Purine Nucle
AA106406	120	ATP SV	othase A Chain	ATP synthesis	N	AAU22083	12.0	Hunungun
AA041926	120	IPP-2	Initiase A Oriain	Glycogen metabolism	C	D76440	11.9	Necaln
107942	120	DMD25		Paravisoma assombly	60%		104	Destures
740204	120	NADDT	ransbydroganasa	Giverophosphate shunt	N	AA062328	+ 3.4	Dhaj Homol
AA071776	110	Glucos	6 Phoenhato Isomoraso	Glycolysis	C	X63023	+1.9	Cytochrome
M13366	110	Glucoro	phosphate Debydrogenase	Glycerophosphate shunt	C	003283	+1.8	Cypibi Cyld
AA107752	120	EE 1 G	priospriate Deriydrogenase	Brotoin synthosis	63%	014390	+1.8	Aldenyde De
H22021	12.5	200 Dro	annina Maggama Subunit	Protein turnover	4.49/	X/6850	+1.8	MAPKAP2
AA061604	120	Libiquiti	n Thiolostoraso	Protein turnover	4470	D26123	+1.7	Carbonyl He
AAU01004	+2.2	Obiquiti	In Thiolesterase	Protein turnover	0	L4406	41.7	Hsp105-beta
AA140029	+2.1	203 FIC	invitia Component IBFT	Protein turnover	N	040930	+1.5	Oxidative Sti
L00681	+2.1	Onp Ob	iquitin Specific Protease	Mitachandrial asstain falding	N	U66887	+1.8	RAD50
035741	+2.0	Rhodan	ese	Mitochondrial protein folding	0	AA059718	↓ 1.7	DNA Polyme
D83585	+ 1.7	Proteas	ome z Subunit	Protein turnover	4704	W42234	1.6	XPE
D76440	+2.9	Necdin		Neuronal growth suppressor	4/%	D43694	1.8	Math-1
X75014	+2.7	Phox2 H	Homeodomain Protein	I hrophic factor	65%	D16464	1.7	HES-1
M32240	+2.1	GAS3		Myelin protein	55%	W13191	↓ 1.6	Thyroid Horr
M16465	+ 3.4	Calpact	in I Light Chain	Calcium effector	C	1		
L34611	12.3	PIHH		Calcium nomeostasis	N	Ene	ergy Me	tabolism
AA103356	+ 2.2	Calmod	ulin	Calcium effector	N	_		
D29016	16.4	Squaler	ne Synthase	Cholesterol/fatty acid synthe	sis 52%	Neu	uronal F	actors
M21285	12.1	Stearoy	I-CoA Desaturase	PUFA synthesis	C			
073744	↓ 2.1	HSP70		Chaperone	N			
Ener	av Met	abolism	Protein Metabo	ism Biosynthesi	s			
Liter	37 1101		r rotoin wotabo	Diodynaliosi				
Neur	ronal Fa	actors	Stress Response	e Calcium Me	tabolism			

ORF	∆ CR (fold)	Gene	Function		
U05809	<b>14.5</b>	Transketolase	Pentose phosphate pathway		
W53351	<b>14.1</b>	Fructose-bisphosphate Aldolase	Glycolysis/Gluconeogenesis		
AA071776	13.5	Glucose-6-Phosphate Isomerase	Glycolysis/Gluconeogenesis		
U34295	12.3	Glucose Dependent Insulinotropic Polypeptide	Insulin sensitizer		
U01841	12.3	Peroxisome Proliferator Receptor Gamma	Insulin sensitizer		
L28116	12.0	PPAR Delta	Peroxisome induction		
D42083	11.9	Fructose 1.6-bisphosphatase	Gluconeogenesis		
AA041826	1.9	Protein Phosphatase Inhibitor 2 (IPP-2)	Inhibition of glycogen synthesis		
U37091	11.8	Carbonic Anhydrase IV	CO <sub>2</sub> disposal		
M13366	1.8	Glycerophosphate Dehydrogenase	Electron transport to mitochondria		
AA119868	<b>11.7</b>	Pvruvate Kinase	Glycolysis		
AA145829	12.3	26S Protease Subunit TBP-1	Protein turnover		
AA107752	12.2	Elongation Factor 1-gamma	Protein synthesis		
W53731	12.1	Signal Recognition Receptor Alpha Subunit	Protein synthesis		
U60328	12.1	Proteasome Activator PA28 Alpha Subunit	Protein turnover		
X59990	12.0	mCvP-S1 (Cvclophilin)	Protein folding		
W08293	Î 1.9	Translocon-Associated Protein Delta	Protein translocation		
W57495	11.8	60S Ribosomal Protein L23	Protein synthesis		
X13135	147	Fatty Acid Synthase	Fatty acid synthesis		
X16314	12.5	Glutamine Synthetase	Glutamine synthesis		
AA137659	12.4	Cytochrome P450-IIC12	Steroid biosynthesis		
32973	120	Thymidylate Kinase	dTTP synthesis		
X56548	12.0	Purine Nucleoside Phosphorylase	Purine turnover		
AA022083	120	Huntingtin	Unknown		
D76440	1.9	Necdin	Growth suppressor		
AA062328	↓ 3.4	DnaJ Homolog 2	Chaperone		
X63023	↓ 1.9	Cytochrome P-450-IIIA	Detoxification		
U03283	↓ 1.8	Cyp1b1 Cytochrome P450	Detoxification		
U14390	↓ 1.8	Aldehyde Dehydrogenase-3	Detoxification		
X76850	↓1.8	MAPKAP2	Unknown		
D26123	↓ 1.7	Carbonyl Reductase	Detoxification		
L4406	↓ 1.7	Hsp105-beta	Chaperone		
U40930	↓ 1.5	Oxidative Stress-Induced Protein	Unknown		
U66887	↓1.8	RAD50	Double strand break repair		
AA059718	↓ 1.7	DNA Polymerase Beta	Base excision repair		
W42234	↓ 1.6	XPE	Nucleotide excision repair		
D43694	↓1.8	Math-1	Differentiation		
D16464	↓ 1.7	HES-1	Differentiation		
W13191	↓ 1.6	Thyroid Hormone Receptor Alpha-2	Thyroid hormone receptor		
Ene	ergy Me	tabolism Protein Metabolism	Biosynthesis		

CR mice appear to be biologically younger than animals receiving the control diet.

Caloric restriction induced a metabolic reprogramming characterized by a transcriptional shift toward energy metabolism, increased biosynthesis, and protein turnover (Table 2). CR resulted in the induction of 51 genes (1.8-fold or higher) as compared with age-matched animals consuming the control diet. Nineteen percent of genes in this class are related to energy metabolism. Modulation of energy metabolism was evident through the induction of glucose-6-phosphate isomerase (glycolysis), fructose 1,6-bisphosphatase (gluconeogenesis), IPP-2 (an inhibitor of glycogen synthesis), and transketolase. Fructose 1,6-bisphosphatase switches the direction of a key regulatory step in glycolysis toward a biosynthetic precursor, glucose-6-phosphate. Remarkably, this same adaptation has been observed as part of the transcriptional reprogramming of Saccharomyces cerevisiae accompanying the diauxic switch from anaerobic growth to aerobic respiration upon depletion of glucose (23). Transketolase, which controls the nonoxidative branch of the pentose phosphate pathway, provides NADPH for biosynthesis and reducing power for several antioxidant systems. CR also induced transcripts associated with fatty acid metabolism, such as fatty acid synthase and PPARdelta, a mediator of peroxisome proliferation. Interestingly, CR may act to increase insulin sensitivity through the induction of glucosedependent insulinotropic peptide and PPARgamma, a potent insulin sensitizer (24).

Biosynthetic ability also appears to be induced in CR mice. CR up-regulated the expression of glutamine synthase, purine nucleoside phosphorylase (purine turnover), and thymidylate kinase (dTTP synthesis). Remarkably, 16% of transcripts highly induced by CR encode proteins involved in protein synthesis and turnover, including elongation factor 1-gamma, proteasome activator PA28, translocon-associated protein delta, 60*S* ribosomal protein L23, and the 26*S* proteasome subunit TBP-1.

CR was associated with a 1.6-fold or greater reduction in expression of 57 genes. Of these, 12% were associated with stress responses or DNA repair pathways, or both (Table 2). Among the 6347 genes examined, the most substantial suppression of gene expression by CR was for a murine DnaJ homolog (3.4-fold), a pivotal and inducible heat shock factor that senses and transduces the presence of misfolded or damaged proteins in bacteria (25). CR also lowered the expression of cytochrome P450 isoforms IIIA and Cyp1b1 (involved in detoxification), Hsp105 (a heat shock factor), aldehyde dehydrogenase (an inducible enzyme involved in detoxification of metabolic byproducts), and an oxidative stress-induced protein of unknown function. CR reduced the expression of several DNA repair genes including XPE (a factor that recognizes multiple DNA adducts), RAD50 (involved in double-strand break repair), and DNA polymerase-beta (a DNA damage-inducible polymerase). We also find molecular evidence to support a state of lower basal metabolic rate in CR mice through lowered expression of the thyroid-hormone receptor alpha gene (26).

The data presented here provide the first global assessment of the aging process in mammals at the molecular level and underscore the utility of large-scale, parallel gene expression analysis in the study of complex biological phenomena. We estimate that the 6347 genes analyzed in this study represent 5 to 10% of the mouse genome. Additional classes of aging-related genes in skeletal muscle may be discovered with the development of higher density mammalian DNA microarrays. The observed collection of gene expression alterations in aging skeletal muscle is complex, reflecting the presence of myocyte, neuronal, and vascular components. Although some of the age-associated alterations in gene expression could represent maturational changes, this possibility is unlikely given the fact that the 5-month-old (adult) mice used in this study were fully mature animals. Importantly, changes in mRNA levels may not always result in a parallel alteration in protein levels. However, the complete or partial prevention of most agerelated alterations by CR suggests that gene expression profiles can be used to assess the biological age of mammalian tissues, providing a tool for evaluating experimental interventions.

Taken as a whole, our results provide evidence that during aging there is an induction of a stress response as a result of damaged proteins and other macromolecules. This response ensues as the systems required for the turnover of such molecules decline, perhaps as a result of an energetic deficit in the cell. In particular, the observed alterations in transcripts associated with energy metabolism and mitochondrial function may reflect either decreased mitochondrial biogenesis or turnover secondary to cumulative ROS-inflicted mitochondrial damage (2), lending support to the concept that mitochondrial dysfunction plays a central role in aging of postmitotic tissues. The gene expression profile also suggests that secondary responses to the aging process in skeletal muscle involve the activation of neuronal and myogenic responses to injury.

A summary of global changes induced by aging, and the contrasting effects of CR, are shown in Table 3. The transcriptional activation of stress response genes that process damaged or misfolded proteins during aging, and the prevention of this induction by CR, suggest a central role for protein modifications in aging. Indeed, aging is characterized by an exponential increase of oxidatively damaged proteins (27). Previous analyses of metabolic rates in CR animals have led to the suggestion that this life-extending regimen acts through a reduction in metabolic rate, resulting in a lower production of toxic by-products of metabolism (28). The CR-mediated reduction of mRNAs encoding inducible genes involved in metabolic detoxification, DNA repair, and the response to oxidative stress supports this view, because it implies lower substrate availability for these systems. Additionally, our analysis indicates that CR may cause a metabolic shift toward increased biosynthesis and macromolecular turnover. A hormonal trigger for this shift may be an alteration in the insulin signaling pathway through increased expression of genes that mediate insulin sensitivity, a finding that links our observations to those obtained through the genetic analysis of aging in the nematode C. elegans (4).

### References and Notes

S. M. Jazwinski, *Science* **273**, 54 (1996); G. M. Martin,
 S. N. Austad, T. E. Johnson, *Nature Genet.* **13**, 25 (1996); F. B. Johnson, D. A. Sinclair, L. Guarente, *Cell* **96**, 291 (1996).

 Table 3. Global view of transcriptional changes induced by aging and caloric restriction.

Aging	Caloric restriction		
↑ Stress response			
Induction of:	Increased synthesis		
Heat shock response	Increased turnover		
DNA damage-inducible genes			
Oxidative stress-inducible genes	↑ Energy metabolism		
	Up-regulation of gluconeogenesis,		
Energy metabolism	and the pentose phosphate shunt		
Reduced glycolysis			
Mitochondrial dysfunction	↑ Biosynthesis		
	Fatty acid synthesis		
Neuronal injury     Reinnervation	Nucleotide precursors		
Neurite extension and sprouting	\downarrow Macromolecular damage		
	Suppression of:		
	Inducible heat shock factors		
	Inducible detoxification systems		
	Inducible DNA repair systems		

- 2. K. B. Beckman and B. N. Ames, *Physiol. Rev.* **78**, 547 (1998).
- 3. W. C. Orr and R. S. Sohal, *Science* **263**, 1128 (1994); T. L. Parkes *et al.*, *Nature Genet.* **19**, 171 (1998).
- S. Ogg et al., Nature 389, 994 (1997); K. Lin, J. B. Dorman, A. Rodan, C. Kenyon, Science 278, 1319 (1997); S. Paradis and G. Ruvkun, Genes Dev. 12, 2488 (1998); H. A. Tissenbaum and G. Ruvkun, Genetics 148, 703 (1998).
- T. E. Johnson, *Science* 249, 908 (1990); S. Murakami and T. E. Johnson, *Genetics* 143, 1207 (1996); Y.-J. Lin, L. Seroude, S. Benzer, *Science* 282, 943 (1998).
- C. E. Yu et al., Science 272, 258 (1996); L. Ye et al., Am. J. Med. Genet. 68, 494 (1997).
- R. Weindruch and R. L. Walford, *The Retardation of Aging and Disease by Dietary Restriction* (Thomas, Springfield, IL, 1988).
- C. Dutta, E. C. Hadley, J. Lexell, *Muscle Nerve* 5, S5 (1997).
- 9. R. Ludatscher, M. Silberman, D. Gershon, A. Reznick, Exp. Gerontol. 18, 113 (1983).
- Methods used to house and feed male C57BL/6 mice, a commonly used model in aging research with an average life-span of ~30 months, were recently described [T. D. Pugh, T. D. Oberley, R. Weindruch, *Cancer Res.* 59, 642 (1999)].
- 11. Total RNA was extracted from frozen tissue by using TRIZOL reagent (Life Technologies). Polyadenylate [poly(A)<sup>+</sup>] RNA was purified from the total RNA with oligo-dT-linked Oligotex resin (Qiagen). One microgram of poly(A)+ RNA was converted into doublestranded cDNA (ds-cDNA) by using SuperScript Choice System (Life Technologies) with an oligo-dT primer containing a T7 RNA polymerase promoter (Genset). After second-strand synthesis, the reaction mixture was extracted with phenol-chloroformisoamyl alcohol, and ds-cDNA was recovered by ethanol precipitation. In vitro transcription was performed by using a T7 Megascript Kit (Ambion) with 1.5  $\mu$ l of ds-cDNA template in the presence of a mixture of unlabeled ATP, CTP, GTP, and UTP and biotin-labeled CTP and UTP [bio-11-CTP and bio-16-UTP (Enzo)]. Biotin-labeled cRNA was purified by using an RNeasy affinity column (Qiagen), and fragmented randomly to sizes ranging from 35 to 200 bases by incubating at 94°C for 35 min. The hybridization solutions contained 100 mM MES, 1 M Na+, 20 mM EDTA, and 0.01% Tween 20. The final concentration of fragmented cRNA was 0.05 µg/µl in the hybridization solutions. After hybridization, the hybridization solutions were removed and the gene chips were washed and stained with streptavidinphycoerythrin. DNA chips were read at a resolution of 6 µm with a Hewlett-Packard GeneArray Scanner.
- 12. Detailed protocols for data analysis of Affymetrix microarrays and extensive documentation of the sensitivity and quantitative aspects of the method have been described [D. J. Lockhart, Nature Biotechnol. 14, 1675 (1996)]. Briefly, each gene is represented by the use of  $\sim$ 20 perfectly matched (PM) and mismatched (MM) control probes. The MM probes act as specificity controls that allow the direct subtraction of both background and cross-hybridization signals. The number of instances in which the PM hybridization signal is larger than the MM signal is computed along with the average of the logarithm of the PM:MM ratio (after background subtraction) for each probe set. These values are used to make a matrix-based decision concerning the presence or absence of an RNA molecule. Positive average signal intensities after background subtraction were observed for over 4000 genes for all samples. To determine the quantitative RNA abundance, the average of the differences representing PM minus MM for each gene-specific probe family is calculated, after discarding the maximum, the minimum, and any outliers beyond 3 SDs. Averages of pairwise comparisons were made between animals with Affymetrix software. To determine the effect of age, each 5-month-old mouse (n = 3) was compared to each 30-month-old (n = 3) mouse, generating a total of nine pairwise comparisons. To determine the effect of diet, 30-month-old CR-fed (n = 3) and 30-month-old control-fed (n = 3) animals were similarly compared. Pearson correlation coeficients were calculated between individual animals in the same

age/diet groups. No correlation coeficient between two animals in the same age/diet group was less than 0.98.

- 13. M. H. Goyns et al., Mech. Ageing Dev. 101, 73 (1998).
- J. Jackman, I. Alamo Jr., A. J. Fornace Jr., Cancer Res. 54, 5656 (1994).
- O. Stachowiak, M. Dolder, T. Wallimann, C. Richter, J. Biol. Chem. 273, 16694 (1998).
   L. Larsson, J. Gerontol. Biol. Sci. 50A, 96 (1995); J.
- L. Larsson, J. Gerontol. Biol. Sci. 304, 96 (1995), J. Lexell, J. Nutr. 127, 1011S (1997).
   J. C. Copray and N. Brouwer, Neurosci. Lett. 236, 41
- (1997). 18. G. Marazzi and K. M. Buckley, *Dev. Dyn.* **197**, 115
- (1993).
  19. C. A. Peterson and J. D. Houle, J. Nutr. **127**, 1007S (1997).
- M. Shibanuma, J. Mashimo, T. Kuroki, K. Nose, J. Biol. Chem. 269, 26767 (1994); S. Wang, E. J. Moerman, R. A. Jones, R. Thweatt, S. Goldstein, Mech. Ageing Dev. 92, 121 (1996).
- 21. ATP synthase: W. Junge, H. Lill, S. Engelbrecht, Trends Biochem. Sci. 22, 420 (1997); NADP transhydroge-

nase: J. B. Hoek and J. Rydstrom, *Biochem. J.* **254**, 1 (1988); LON protease: K. Luciakova, B. Sokolikova, M. Chloupkova, B. D. Nelson, *FEBS Lett.* **444**, 186 (1999); ERV1: T. Lisowsky, *Curr. Genet.* **26**, 15 (1994).

- 22. A. L. Schwartz and A. Ciechanover, Annu. Rev. Med. 50, 57 (1999).
- 23. J. L. DeRisi, V. R. Iyer, P. O. Brown, *Science* **278**, 680 (1997).
- J. R. Zierath *et al.*, *Endocrinology* **139**, 5034 (1998).
   T. Tormoyasu, T. Ogura, T. Tatsuta, B. Bukau, *Mol. Microbiol.* **30**, 567 (1998); T. Yura, H. Nagai, H. Mori. *Annu. Rev. Microbiol.* **47**, 321 (1993).
- 26. L. Wikstrom et al., EMBO J. 17, 455 (1998).
- 27. E. R. Stadtman, Science 257, 1220 (1992).
- R. S. Sohal and R. Weindruch, *ibid.* 273, 59 (1996).
   Supported by NIH grants PO1 AG11915 (R.W.) and RO1 CA78723 (T.A.P.). T.A.P. is a recipient of the Shaw Scientist (Milwaukee Foundation) and Burroughs Wellcome Young Investigator awards.

19 May 1999; accepted 22 July 1999

# Dual Function of the Selenoprotein PHGPx During Sperm Maturation

### Fulvio Ursini,<sup>1</sup> Sabina Heim,<sup>2</sup> Michael Kiess,<sup>2</sup> Matilde Maiorino,<sup>1</sup> Antonella Roveri,<sup>1</sup> Josef Wissing,<sup>2</sup> Leopold Flohé<sup>3\*</sup>

The selenoprotein phospholipid hydroperoxide glutathione peroxidase (PHGPx) changes its physical characteristics and biological functions during sperm maturation. PHGPx exists as a soluble peroxidase in spermatids but persists in mature spermatozoa as an enzymatically inactive, oxidatively cross-linked, insoluble protein. In the midpiece of mature spermatozoa, PHGPx protein represents at least 50 percent of the capsule material that embeds the helix of mitochondria. The role of PHGPx as a structural protein may explain the mechanical instability of the mitochondrial midpiece that is observed in selenium deficiency.

Selenium is essential for male fertility in rodents and has also been implicated in the fertilization capacity of spermatozoa of livestock and humans (1). Selenium deficiency is associated with impaired sperm motility, structural alterations of the midpiece, and loss of flagellum (1). However, three decades after the discovery of selenium as an integral constituent of redox enzymes (2), the molecular basis of the relationship of the essential trace element and male fertility remains obscure. The selenoprotein PHGPx (Enzyme Commission number 1.11.1.12) is abundantly expressed in spermatids and displays high activity in postpubertal testis (3). In mature spermatozoa, however, selenium is largely restricted to the mitochondrial capsule, a keratin-like matrix that embeds the

\*To whom correspondence should be addressed. Email: lfl@gbf.de helix of mitochondria in the sperm midpiece (4). A "sperm mitochondria–associated cysteine-rich protein (SMCP)" (5) had been considered to be the selenoprotein accounting for the selenium content of the mitochondrial capsule (4-6). The rat SMCP gene, however, does not contain an in-frame TGA codon (7) that would enable a selenocysteine incorporation (8). In mice, the three in-frame TGA codons of the SMCP gene are upstream of the translation start (5). SMCP can therefore no longer be considered as a selenoprotein. Instead, the "mitochondrial capsule selenoprotein (MCS)," as SMCP was originally referred to (4-7), is here identified as PHGPx.

Routine preparations of rat sperm mitochondrial capsules (9) yielded a fraction that was insoluble in 1% SDS containing 0.2 mM dithiothreitol (DTT) and displayed a vesicular appearance in electron microscopy (Fig. 1A). The vesicles readily disintegrated upon exposure to 0.1 M mercaptoethanol (Fig. 1B) and became fully soluble in 6 M guanidine-HCl. When the solubilized capsule material was subjected to polyacrylamide gel electrophoresis (PAGE), four bands in the 20-kD

<sup>&</sup>lt;sup>1</sup>Dipartmento di Chimica Biologica, Università di Padova, Viale G. Colombo 3, I-35121 Padova, Italy. <sup>2</sup>National Research Centre for Biotechnology (GBF), Mascheroder Weg 1, D-38124 Braunschweig, Germany. <sup>3</sup>Department of Biochemistry, Technical University of Braunschweig, Mascheroder Weg 1, D-38124 Braunschweig, Germany.