Science

Publisher: Richard S. Nicholson Editor-in-Chief: Daniel E. Koshland Jr. Editor: Ellis Rubinstein

Managing Editor: Monica M. Bradford

Deputy Editors: Philip H. Abelson (Engineering and Applied Sciences); John I. Brauman (Physical Sciences); Thomas R. Cech (Biological Sciences)

Editorial Staff

Assistant Managing Editor: Dawn Bennett Senior Editors: Eleanore Butz, R. Brooks Hanson, Pamela J. Hines, Barbara Jasny, Katrina L. Kelner, Paula A. Kiberstis, David Lindley, Linda J. Miller, L. Bryan Ray, Phillip D. Szuromi, David F. Voss Associate Editors: Gilbert J. Chin, Suki Parks

Letters: Christine Gilbert, Editor; Steven S. Lapham Book Reviews: Katherine Livingston, Editor

Contributing Editor: Lawrence I. Grossman Editing: Valerie Jablow, Supervisor; Cara Tate, Senior Copy Editor; Jeffrey E. Cook, Harry Jach, Erik G. Morris, Christine M. Pearce

Copy Desk: Ellen E. Murphy, Supervisor; Joi S. Granger, Daniel T. Helgerman, Melissa Q. Rosen, Beverly Shields,

Kameaka Williams, Assistant

Editorial Support: Sherryf Farmer, Supervisor; Brent
Gendleman, Carolyn Kyle, Michele Listisard, Diane Long,

Patricia M. Moore, Ted Smith

Administrative Support: Sylvia Kihara, Charlene King,

Jeanette Prastein
Telephone: 202-326-6501; FAX: 202-289-7562; TDD: 202-408-7770

News Staff

News Editor: Colin Norman

Features Editor: John M. Benditt Deputy News Editors: Tim Appenzeller, Joshua Fischman, Jean Marx, Jeffrey Mervis

News & Comment/Research News Writers: Linda B. Felaco (copy), Constance Holden, Antonio Regalado (intern), Richard A. Kerr, Andrew Lawler, Eliot Marshall, Rachel Nowak. Robert F. Service, Richard Stone, John Travis U.S. Bureaus: Marcia Barinaga (Berkeley), Jon Cohen (San Diego), Anne Simon Moffat (Chicago), Wade Roush (Boston)

Contributing Correspondents: Joseph Alper, Barry A. Cipra, Robert Crease, Elizabeth Culotta, Ann Gibbons, Virginia Morell, Dennis Normile (Tokyo), Robert Pool, Gary

Administrative Support: Fannie Groom, Jennifer Hodgin Telephone: 202-326-6500; FAX: 202-371-9227; Internet Address: science_news@aaas.org

Art & Production Staff

Production: James Landry, *Director;* Wendy K. Shank, *Manager;* Lizabeth A. Harman, *Assistant Manager,* Laura A. Creveling, Scherraine B. Mack, Stephen E. Taylor, Associates: Leslie Blizard, Assistant

Art: Amy Decker Henry, Director; C. Faber Smith, Associate Director; Katharine Sutliff, Scientific Illustrator; Holly Bishop, Graphics Associate; Elizabeth Carroll, Graphics

Europe Office

Editorial: Richard B. Gallagher, Office Head and Senior Editor; Stella M. Hurtley, Associate Editor, Belinda Holden, Editorial Associate

News: Daniel Clery, Editor; Michael Balter (Paris), Patricia Kahn (Heidelberg), Contributing Correspondents
Administrative Support: Janet Mumford; Anna Riches Address: 14 George IV Street, Cambridge, UK CB2 1HH Telephone: (44) 0223 302067; FAX: (44) 0223 302068

Science Editorial Board

Charles J. Arntzen David Baltimore J. Michael Bishop William F. Brinkman E. Margaret Burbidge Pierre-Gilles de Gennes Joseph L. Goldstein Mary L. Good Harry B. Gray John J. Hopfield

F. Clark Howell Paul A. Marks Yasutomi Nishizuka Helen M. Rannev Bengt Samuelsson Robert M. Solow Edward C. Stone James D. Watson Richard N. Zare

EDITORIAL

SOSS: Save Our Social Security

Science. Dr. Noitall, you are the greatest champion of fitness in the world, the man who invented the diet, the man who preaches jogging on every occasion, the man who calls cholesterol the enemy of the people.

Noitall. A vast understatement of my true worth.

Science. What do you think of the article in Time magazine* pointing out that Americans are more overweight than ever despite all the publicity against obesity?

Noitall. A terrible index that the American economy is flourishing out of control. More people need to be below the poverty line.

Science. But some of our most educated and disciplined people are still overweight. What can be done?

Noitall. Very little. I took a statistical poll of college graduates and asked how many would prefer 120 minutes of aerobic exercise to one piece of chocolate cake. You'd be dismayed by the answers.

Science. It has been reported that there is an obesity gene. Could that be the cause?

Noitall. Only a very few people can use that excuse. Unbelievably, some people actually enjoy eating, and others prefer to look fashionably well-rounded and die at age 85 rather than look emaciated and die at 100.

Science. If the educated and affluent United States cannot discipline itself, is there any hope for the rest of the world?

Noitall. Practically none. The forces of evil have a slick slogan, "Eat, Drink, and Be Merry." Our best is "Starve, Abstain, and Go Jogging." Not as catchy.

Science. Do you have any solution to this dilemma?

Noitall. Of course. The government must start to promote smoking in order to save the social security system from bankruptcy.

Science. But the government is educating people to give up smoking.

Noitall. Perfectly fine, for an election campaign and an era of unbalanced budgets. Stopping smoking eliminates tax revenues, increases longevity, initiates a war between the generations, and encourages obesity.

Science. But aren't you going to warn people of the risks of smoking?

Noitalt. Certainly. Each pack will contain a statement from the Secretary of the Treasury: "Stay slim, reduce the budget deficit, and avoid the expense of a living will. Hazards to your health as a result of smoking exist, but should be accepted gladly by every patriotic American citizen."

Science. But is it moral to advocate a policy that is bad for people?

Noitall. I am all for morality if we can afford it, but we can't.

Science. Other than running up the debt, what's so bad?

Noitall. The population explosion is disastrous. The world has turned its back on birth control; we'll have to proceed with death control.

Science. That involves deciding who will die and who won't.

Noitall. Exactly. It fits in perfectly with the general philosophy. We would prefer sinners to die rather than us highly moral people. Smokers are clearly sinners, and we need more sinners, who will then die in adequately large numbers.

Science. Are there any other sinners you had in mind?

Noitall. Lots. People who use "like" as a conjunction, people who say taxes will go down, people who go skiing during the work week, people who claim they predicted stock market dips, and people who boast, after the fact, that they picked the winners of football games, midterm elections, and state lotteries. Also, people who talk when I want them to listen. That's just the beginning, but it should help to stem the population explosion.

Daniel E. Koshland Jr.

^{*}P. Elmer-Dewitt, "Fat times," Time, 16 January 1995, pp. 58-65.