easy-to-understand introduction to NMR both for the beginning student and for new users of NMR in the biological, engineering, earth, and materials sciences. Hennel and Klinowski's *Fundamentals of Nuclear Magnetic Resonance* meets that need admirably.

Anyone who aspires to genuinely understand NMR today must have a good grasp of quantum mechanics. For readers who lack this background, the authors have provided a compact and accessible introductory chapter on the subject. The ensuing discussions of the magnetic properties of nuclei and nuclear paramagnetism lay the groundwork for the more interesting and practically oriented chapters on observation of NMR in liquids, dipolar interactions, and nuclear spin relaxation mechanisms. The reader is also introduced to correlation spectroscopy, pulse techniques, and Fourier transform spectroscopy. Important mathematical tools are summarized in the appendixes.

The advanced student of physics will require a fuller treatment of the microscopic interactions that determine the NMR spectra and relaxation processes than this book provides. Similarly, hands-on practitioners who need to understand the techniques of NMR probe design, low noise amplification, and automated data acquisition will find that experimental techniques are only mentioned here. Nevertheless, beginning physics students as well as aspiring applied chemists and medical imagers will find this to be an excellent introduction to NMR that can serve as a stepping-stone to more thorough treatments such as Anatole Abragam's classic Principles of Nuclear Magnetism or Maurice Goldman's Quantum Description of High-Resolution NMR in Liquids. The carefully compiled list of suggested reading is a good guide to the advanced literature.

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