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33. On arrival, Zucker obese rats (*fa/fa*) were housed for at least 1 week before experimental procedures. Surgeries for the placement of jugular vein and carotid artery catheters were done under sterile conditions with ketamine and xylazine (intramuscular) anesthesia. After surgery, all rats were allowed to regain consciousness and placed in individual cages. TNFR-IgG (200 μ g per rat in 200 μ l of volume) or vehicle (20% glycerol in PBS; 200 μ l per rat) was administered through the jugular vein after complete recovery and for the following 2 days. Sixteen hours after the last treatment, hyperinsulinemic-euglycemic clamps were performed. Rats were placed in restrainers, and a bolus of 4 μ Ci of [3 -H] glucose (Du Pont Biotechnology Systems) was administered, followed by a continuous infusion of the tracer at a dose of 0.2 μ Ci/min (20 μ l/min). Two hours after the start of the tracer infusion, three blood samples (0.3 ml each) were collected at 10-min intervals (from -20 to 0 min) for basal measurements. An insulin infusion was then started (5 mU/kg per minute), and we took 100- μ l blood samples every 10 min to monitor plasma glucose. A 30% glucose solution was infused with a second pump, based on the plasma glucose concentrations, in order to reach and maintain euglycemia. Once a steady state was established at 5 mU of insulin per kilogram of body mass per minute (stable glucose infusion rate and plasma glucose), three additional blood samples (0.3 ml each) were obtained for measurements of glucose, [3 -H]glucose, and insulin (from 100 to 120 min). A higher dose of insulin (25 mU/kg per minute) was then administered, glucose infusion rates were adjusted for the second euglycemic clamp, and blood samples were taken from 220 to 240 min. Glucose-specific activity was determined in deproteinized plasma, and the calculations of Rd and HGO were made as described (41). Plasma insulin concentrations at the basal period and after the 5 and 25 mU/kg per minute infusions were 102.6 \pm 9.4, 188.4 \pm 41.4, and 667.4 \pm 76.0 ng/ml (mean \pm SE) in controls and 95.46 \pm 12.4, 200.5 \pm 23.6, and 659.1 \pm 39.7 ng/ml in TNFR-treated animals.

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46. The *ob/ob*, *db/db*, and *tub/tub* obese mice and their lean controls were obtained from Jackson Laboratories (Bar Harbor, ME); Zucker rat tissues were from F. Gregoire and M. R. C. Greenwood (University of California at Davis). MSG-treated (3

mg of MSG per gram of body mass was subcutaneously injected into neonatal mice, and tissues were collected 7 weeks later) mice were a gift from S. Ross (University of Illinois Medical School); STZ-treated (0.1 mg of STZ per gram of body mass was intraperitoneally injected into 5- to 6-week-old rats, and tissues were collected 8 days later) rats were from R. C. Kahn (Joslin Diabetes Center, Boston, MA). The cDNA clone for murine TNF- α was a gift of B. Beutler (University of Texas, Southwestern Medical Center).

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17 April 1992; accepted 6 October 1992

Requirement for CD8⁺ Cells in T Cell Receptor Peptide-Induced Clonal Unresponsiveness

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T cell receptor (TCR) vaccination in rats prevents the development of experimental allergic encephalomyelitis (EAE), an animal model of multiple sclerosis. The mechanism of this potential immunotherapy was examined by vaccinating mice with an immunogenic peptide fragment of the variable region of the TCR V β 8.2 gene. Another immunogen that usually induces an immune response mediated by V β 8.2⁺ T cells was subsequently inhibited because specific clonal unresponsiveness (anergy) had been induced. Depletion of CD8⁺ cells before TCR peptide vaccination blocked such inhibition. Thus, the clonal anergy was dependent on CD8⁺ T cells, and such immunoregulatory T cells may participate in the normal course of EAE.

Experimental allergic encephalomyelitis (EAE) is an autoimmune disease induced in animals by immunization with myelin basic protein (MBP) and is considered to be a model for the human demyelinating disease multiple sclerosis (1). It has served as an important animal model in the development of strategies for immunotherapy. The studies reported here are based on the model developed by Vandenberg and co-workers and Howell and co-workers (2, 3) in which TCR peptide vaccination prevented the subsequent development of EAE in rats after immunization with MBP. Because the mechanism of such TCR peptide-based vaccination has not been elucidated, we transferred this TCR peptide vaccination into a mouse model to study mechanisms of induced unresponsiveness. We found that

T cell clonal anergy developed in T cells bearing the receptor against which such peptide-based vaccination was carried out. Furthermore, CD8⁺ regulatory cells were involved in the induction of such anergy.

To test the immunogenicity of TCR peptide vaccination in mice, we immunized groups of DBA/2 and (PL/J \times SJL)F₁ mice with several different peptides that corresponded to several different regions of the TCR β and α chains, including a peptide composed of amino acids 39 through 61 of the complementarity determining region 2 (CDR2) of V β 8.2 (V β 8.2 CDR2). Both DBA/2 and (PL/J \times SJL)F₁ mice mounted a brisk proliferative response to the V β 8.2 CDR2 peptide but not to other tested peptides (4). We then investigated whether prior vaccination with the V β 8.2 CDR2 peptide could influence the immune response of DBA/2 mice to a synthetic peptide, the T cell response against which is predominantly mediated by V β 8.2⁺ CD4⁺ T cells (5). DBA/2 mice were vaccinated with the V β 8.2 CDR2 peptide 10 days before immunization with a synthetic peptide that consisted of amino acids 110

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Fig. 1. Effect of TCR $V_{\beta}8.2$ CDR2 vaccination on the response of DBA/2 mice to (A) SWM(110–121) or (B) C1 $\lambda R(12-26)$. Groups of four DBA/2 mice were vaccinated at the base of the tail with 100 μg of the TCR $V_{\beta}8.2$ CDR2 peptide (DT-GHGLRLIHYSYGAGSTEKGD) (open squares) or a control peptide from TCR $V_{\alpha}1(46-59)$ (AL-GMSISDGFKEEG) emulsified in CFA (open circles) (18). Control groups were vaccinated with control peptides or CFA alone. Ten to 12 days later, the mice were immunized in the flanks or foot pads with 100 μg each of SWM(110–121) or C1 $\lambda R(12-26)$ emulsified in CFA. Eight days after this immunization, single-cell suspensions were prepared from the inguinal lymph nodes. Lymph node cells (0.5×10^6) pooled from four mice were cultured for 4 days with different amounts of either SWM(110–121) or C1 $\lambda R(12-26)$. We determined the incorporation of [^3H]thymidine added (1 μCi per well) for the last 18 hours of culture by counting the harvested cells in a scintillation counter. Means of triplicate cultures \pm SEM at each dose are shown; the data are representative of three separate experiments. The response to mycobacterial purified protein derivative in mice immunized with SWM(110–121) was comparable to that of the groups vaccinated with the $V_{\beta}8.2$ CDR2 or control peptides (290,660 \pm 12,453 cpm for the group vaccinated with the $V_{\beta}8.2$ CDR2 peptide versus 321,622 \pm 835 cpm for the group vaccinated with the control peptide).

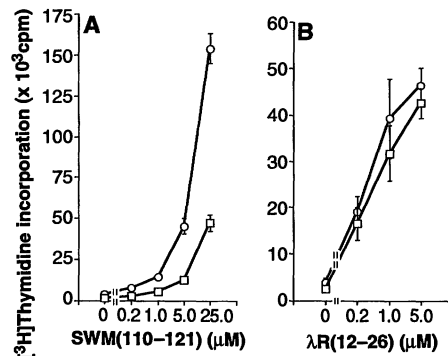
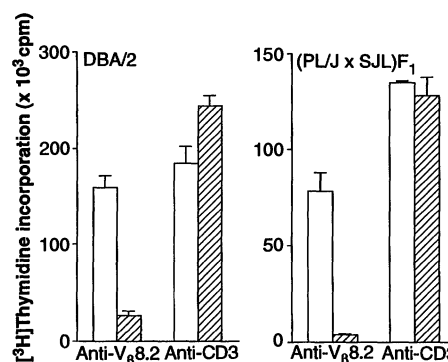


Fig. 2. TCR antibody-induced (receptor cross-linking) proliferation of lymph node cells from either DBA/2 or (PL/J \times SJL) F_1 mice vaccinated with either a control peptide (open bars) or with the $V_{\beta}8.2$ CDR2 peptide (hatched bars) as described (Fig. 1). Ten to 15 days later, TCR antibody cross-linking assays were performed with the use of antibodies to $V_{\beta}8.2$ (F23.2) (anti- $V_{\beta}8.2$) (19) and CD3 (145.2.C11) (anti-CD3) (20). Fifty microliters of a solution of antibodies (5 $\mu\text{g}/\text{ml}$) specific to the β chain of the heterodimeric TCR or the CD3 complex were coated on a 96-well plate. After 18 to 24 hours of incubation at 37°C, the plates were washed with phosphate-buffered saline, and 0.2×10^6 lymph node cells pooled from three to four mice in each group were dispensed into each well. Two days later, 1 μCi of [^3H]thymidine was added to each well, and the cells were harvested 18 hours later. The extent of proliferation was determined by scintillation counting. Mean counts per minute of triplicate cultures \pm SEM are shown after subtraction of background counts (in the absence of antibody). The background counts for the groups vaccinated with the control or $V_{\beta}8.2$ CDR2 peptides were 1719 \pm 373 and 465 \pm 291 cpm, respectively (DBA/2 mice) and 1449 \pm 133 and 456 \pm 55 cpm, respectively [(PL/J \times SJL) F_1 mice]. Data are representative of eight separate experiments.



through 121, which corresponds to an immunogenic determinant of sperm whale myoglobin [SWM(110–121)]. The T cell proliferative response of these mice was diminished in comparison to that of similarly immunized mice that had received a control TCR peptide vaccination (Fig. 1). This reduction in the response of $V_{\beta}8.2^+$ T cells to SWM(110–121) was specific: in comparison to this response, DBA/2 mice vaccinated with the TCR peptide were unaffected in their response to a determinant consisting of amino acids 12 through 26 from the C1 protein of λ repressor [$\lambda R(12-26)$], which does not predominantly use $V_{\beta}8.2^+$ T cells (6, 7) (Fig. 1).

We then investigated whether vaccination with the $V_{\beta}8.2$ CDR2 peptide diminished the immune response in an antigen-specific way or whether it led to inactivation

of most (or all) T cells expressing the $V_{\beta}8.2$ receptor. Using monoclonal antibodies (MAbs) to selected TCR β chains or to CD3, we assayed proliferation induced by receptor cross-linking in lymphocytes from DBA/2 and (PL/J \times SJL) F_1 mice that had been vaccinated 10 to 15 days before with either the $V_{\beta}8.2$ CDR2 peptide or with another TCR-based peptide as a control. In eight separate experiments, lymphocytes from groups of three or more mice vaccinated with the $V_{\beta}8.2$ CDR2 peptide had decreased proliferation in response to receptor cross-linking with a MAb specific for the TCR $V_{\beta}8.2$ (F23.2) in comparison to the response of mice vaccinated with an irrelevant control peptide or complete Freund's adjuvant (CFA) alone (Fig. 2). Some variation in the amount of unresponsiveness induced by the $V_{\beta}8.2$ CDR2 pep-

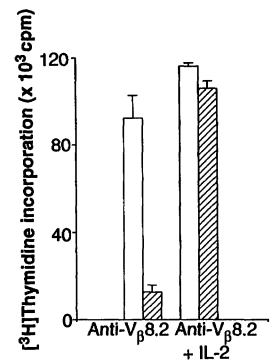


Fig. 3. $V_{\beta}8.2$ CDR2 peptide-induced unresponsiveness is overcome by the addition of exogenous IL-2. (PL/J \times SJL) F_1 mice were immunized with the $V_{\beta}8.2$ CDR2 peptide (hatched bars) or a control peptide (open bars). After 10 days, we assayed inguinal lymph node cells for proliferation, in the absence or presence of exogenously added IL-2, by cross-linking $V_{\beta}8.2$ TCRs with immobilized anti- $V_{\beta}8.2$ as described (Fig. 2). Data shown has had background counts subtracted (without IL-2, 885 \pm 96 and 703 \pm 50 cpm for cells from control peptide- and $V_{\beta}8.2$ peptide-vaccinated mice, respectively; with IL-2, 19,000 \pm 1,353 and 26,939 \pm 1,774, respectively). Similar results were obtained with DBA/2 mice.

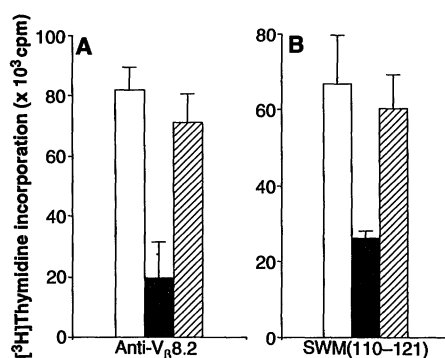
Table 1. Percentage of CD4 $^+$ cells that were $V_{\beta}8.2^+$. DBA/2 or (PL/J \times SJL) F_1 mice were vaccinated with either $V_{\beta}8.2$ CDR2 or a control peptide. Ten or 20 days later, on the day of the TCR cross-linking assay, flow cytometric analysis was performed on peripheral blood lymphocytes with the use of anti- $V_{\beta}8.2$ (F23.2) (19) and anti-CD4 (GK 1.5) (22). Data on three animals in each group are shown.

Strain	$V_{\beta}8.2^+$ CD4 $^+$ cells (%)	
	Control-vaccinated	$V_{\beta}8.2$ CDR2-vaccinated
DBA/2	14.7	14.7
	13.4	14.7
	14.1	12.6
(PL/J \times SJL) F_1	8.3	9.9
	8.5	8.6
	8.8	8.6

ptide vaccination among individual mice was observed. However, most mice in each experiment and all pooled cells tested gave data similar to that presented in Fig. 2. Proliferation induced by antibodies directed at CD3 or antibodies directed at other TCRs remained unaffected in all groups of mice. This diminished response of $V_{\beta}8.2$ CDR2 peptide-vaccinated mice to receptor cross-linking (Fig. 2) was overcome by the addition of exogenous interleukin-2 (IL-2) to the cultures. Proliferation increased to control activity in all tested cultures to which recombinant IL-2 was added (Fig. 3).

To see whether administration of the

Fig. 4. Effect of CD8⁺ depletion on V_β8.2 CDR2 peptide-induced unresponsiveness. **(A)** Proliferation of T cells from a group of mice depleted of CD8⁺ cells and vaccinated with the V_β8.2 CDR2 peptide (hatched bar), a group only vaccinated with the V_β8.2 CDR2 peptide (closed bar), and a group vaccinated only with a control peptide (open bar). DBA/2 mice were treated intraperitoneally for 3 days with antibodies to CD8 (53.6.7) (100 μg per day) (21). Upon maximum depletion (>90%) as checked by flow cytometry, mice were vaccinated subcutaneously at the base of the tail with V_β8.2 CDR2 in CFA. Two groups not depleted of CD8⁺ cells were included in the experiment, one vaccinated with the same V_β8.2 CDR2 peptide and the other vaccinated with a control peptide. Ten days after vaccination, we performed a receptor cross-linking assay of lymph node cells using immobilized anti-V_β8.2 as described (Fig. 2). Results are shown ± SEM of triplicate cultures after subtraction of background (no antibody) counts, which were 24,796 ± 3,477, 11,666 ± 1,435, and 13,485 ± 3,751 cpm, respectively, for the three groups. **(B)** In a separate set of experiments, the same groups of mice as in (A) were immunized with SWM(110–121) 10 days after vaccination with control peptide or V_β8.2 CDR2 with or without CD8 depletion. Eight days later, draining lymph node cells were used in a SWM(110–121)-specific T cell proliferation assay as described (Fig. 1). Shading of bars is as in (A). Mean counts per minute ± SEM of triplicate cultures with 5 μM SWM(110–121) are shown after subtraction of background [cultures in the absence of SWM(110–121)] counts, which were 13,686 ± 858, 16,187 ± 1,115, and 30,509 ± 1,415 cpm for the respective groups. These experiments were repeated twice.



V_β8.2 CDR2 peptide led to a decrease in circulating V_β8.2⁺ T cells, we assayed peripheral lymph nodes and blood lymphocytes of DBA/2 and (PL/J × SJL)F₁ mice for V_β8.2⁺ T cells 10 to 20 days after they were vaccinated with the V_β8.2 CDR2 peptide. There was no demonstrable decrease in the number of V_β8.2⁺ T cells in either strain in comparison to normal mice (Table 1). Antibodies that bind to T cells that have the V_β8.2 TCR are generated in rats after V_β8.2 CDR2 peptide vaccination (8). However, using the enzyme-linked immunosorbent assay and cloned V_β8.2⁺ T cells or V_β8.2⁺ T cell hybridomas, we could not detect in these vaccinated DBA/2 mice any antibodies that could recognize V_β8.2⁺ T cells, although we found peptide-specific antibodies. These results are similar to the results of others (9). Additionally, we could not detect antibodies to V_β8.2 TCRs bound to the V_β8.2⁺ T cells of the vaccinated animals (4).

We used vaccination with TCR peptides because vaccination with attenuated whole T cells effectively generates anti-idiotypic T cells with regulatory functions (10, 11). This suggested that TCRs might be recognized directly by immune cells or that TCR proteins might undergo intracellular processing and be presented by major histocompatibility complex (MHC) class I molecules on the T cell surface where they could serve as targets for regulatory cells. Although there is no direct evidence to support this hypothesis, a significant proportion of TCR chains are degraded intracellularly and do not reach the cell surface (12, 13). Also, T cells recycle their surface class I MHC mole-

cules (14). TCR β chains and MHC class I molecules can be histochemically detected in the same subcellular compartment (15). Thus, these two products can possibly associate within the cell and be presented on the T cell surface as the processed TCR chain in the context of an MHC class I molecule as a target of regulation. The original studies on V_β8.2 CDR2 vaccination in rats suggested a possible role for a CD8⁺ regulatory cell (2, 3). More recent studies demonstrate two points. (i) CD8⁺ T cells are involved as regulators of murine EAE, although they may not be involved in the regulation of primary episodes of demyelination but in the regulation that leads to resistance to a second induction of EAE (16). (ii) CD8 knock-out mice have more chronic EAE and a higher frequency of relapse (17). These studies suggest that CD8⁺ T lymphocytes might participate as immune regulators in animal models of EAE.

To investigate whether a CD8⁺ subpopulation of cells might be involved in inducing specific T cell unresponsiveness in mice vaccinated with the V_β8.2 CDR2 peptide, we depleted CD8⁺ cells from DBA/2 mice and (PL/J × SJL)F₁ mice before vaccination. Three days after depletion of CD8⁺ cells, DBA/2 and (PL/J × SJL)F₁ mice were vaccinated with 100 μg of the V_β8.2 CDR2 peptide in CFA. Two weeks after this vaccination, T cells from these mice were assayed for receptor-mediated cross-linking activation. The induced unresponsiveness seen in DBA/2 and (PL/J × SJL)F₁ mice that were vaccinated with only the V_β8.2 TCR peptide was prevented by this depletion of CD8⁺

cells with monoclonal antibody (Fig. 4A). A second group of DBA/2 mice that were depleted of CD8⁺ cells and vaccinated with the V_β8.2 CDR2 peptide was then immunized with SWM(110–121) in CFA. Their responsiveness was compared to (i) control animals that were not depleted of CD8⁺ cells but immunized with only a control peptide and then subsequently immunized with the SWM peptide or (ii) animals who received V_β8.2 CDR2 peptide vaccination and SWM(110–121) immunization without CD8⁺ cell depletion (Fig. 4B). DBA/2 mice depleted of CD8⁺ cells at the time of V_β8.2 CDR2 peptide vaccination were responsive to subsequent immunization with SWM(110–121), whereas the experimental group that received only V_β8.2 CDR2 peptide vaccination without CD8⁺ depletion had the previously demonstrated (Fig. 1) diminished response to SWM(110–121).

Thus, V_β8.2 CDR2 peptide-induced unresponsiveness is mediated by a CD8⁺ cell subpopulation in vaccinated animals. The CD8⁺ cell subpopulation regulates the V_β8.2⁺ T cell population by inducing unresponsiveness, not deletion. These data, in support of previous work on the role of CD8⁺ T cells in murine EAE, suggest the possibility that CD8⁺ T cells regulate the severity, or block the second induction, of EAE. This may be achieved by a regulatory circuit in which CD8⁺ T cells have, as targets of regulation, the CD4⁺ V_β8.2⁺ T cells necessary for the induction or perpetuation of EAE. The potential application of TCR peptide vaccination as immunotherapy in a mouse model of EAE remains to be tested.

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23. We wish to thank G. Ruberti for helpful suggestions and R. Kizer and K. Sturgis for their secretarial support in the preparation of this manuscript. Supported in part by NIH grants AI 27989 and DK 39959 and by the National Multiple Sclerosis Society. A.G. was a fellow of the American Diabetes Association.

22 June 1992; accepted 21 September 1992

Treatment and Prevention of Rat Glioblastoma by Immunogenic C6 Cells Expressing Antisense Insulin-Like Growth Factor I RNA

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Rat C6 glioma cells express insulin-like growth factor I (IGF-I) and form rapidly growing tumors in syngeneic animals. When transfected with an episome-based vector encoding antisense IGF-I complementary DNA, these cells lost tumorigenicity. Subcutaneous injection of IGF-I antisense-transfected C6 cells into rats prevented formation of both subcutaneous tumors and brain tumors induced by nontransfected C6 cells. The antisense-transfected cells also caused regression of established brain glioblastomas when injected at a point distal to the tumor. These antitumor effects result from a glioma-specific immune response involving CD8⁺ lymphocytes. Antisense blocking of IGF-I expression may reverse a phenotype that allows C6 glioma cells to evade the immune system.

Glioblastoma is the most frequent brain tumor in man and is usually fatal. Both human and rat glioma cells express high amounts of IGF-I. We previously reported that transfection of rat C6 glioma cells (1) with an antisense IGF-I cDNA transcriptional cassette driven by the mouse metallothionein-I promoter abrogated their tumorigenicity in syngeneic rats (2). This antisense expression vector was episomal and included the Epstein-Barr virus origin of replication and the gene encoding nuclear antigen 1, which together drive extrachromosomal replication (2, 3). Southern blot analysis indicated that the episome was stably maintained for at least 6 months in

this cell line (4). Although the transfected cells differed morphologically from parental (nontransfected) cells, their viability was unaffected by activation of the transgene in vitro (2, 4). Rats injected with these transfected glioma cells have remained tumor-free for 13 months. In contrast, rats injected with parental C6 cells consistently developed large tumors within 3 weeks after injection.

We noted an accumulation of large mononuclear infiltrates, consisting predominantly of lymphocytes, at the sites of injection of the transfected glioma cells before the lesions disappeared (2). This observation suggested the possibility that antisense-mediated inhibition of IGF-I rendered the glioma cells more immunogenic, and hence that their loss of tumorigenicity might have an immune basis.

To determine whether glioma cells transfected with the antisense IGF-I transcriptional cassette elicit a host immune response against parental glioma cells in vivo, we subcutaneously injected 10⁷ parental cells into each of ten syngeneic BDX rats (1) at a site above the left hind leg. After 4 to 6 days, when the resulting tumors were less than 1 cm in diameter, we injected 10⁷ IGF-I antisense-transfected glioma cells at a site above the right hind leg. In all ten rats the tumors regressed within 3 weeks and the animals have remained tumor-free

for 13 months (Table 1). In control animals, including rats secondarily injected with glioma cells transfected with the vector devoid of the IGF-I sequence, tumors persisted and after 1 to 2 months grew to a size that necessitated sacrifice of the animals (Table 1).

We next investigated the effect of the transfected glioma cells on rats from which large, established glioblastomas (2 to 3 cm in diameter, usually observed 3 to 4 weeks after injection) had been surgically excised. Twelve such rats were divided into two groups. Six animals received no further treatment, and, of these, five had a local recurrence of tumor after approximately 3 weeks, reflecting the incomplete excision of the primary tumor. The other group of six animals received an injection of 10⁷ IGF-I antisense-transfected glioma cells immediately after surgery, and none of them showed tumor recurrence at the excision site or elsewhere over a 12-month period (Table 1).

To establish whether treatment by IGF-I antisense-transfected cells was effective against glioblastomas established in the brain, we injected a group of rats intracranially with 1 × 10⁶ to 2 × 10⁶ parental or transfected C6 cells. After 1 week several rats were sacrificed and their brain tissue prepared for histopathological examination. Of the remaining rats, six of six that had been injected with IGF-I antisense-transfected cells have survived 4 months with no evidence of tumor development, whereas five of five injected with parental cells either died after 3 to 4 weeks or were sacrificed when tumor growth was evident at the point of injection. A second group of six rats was injected intracranially with 1 × 10⁶ to 2 × 10⁶ parental cells and, 2 to 3 days later, injected subcutaneously above the right hind leg with 10⁷ transfected cells. These rats have all remained tumor-free for 4 months (Table 1).

During tumor involution in each of the above experiments, we noted abundant infiltration of mononuclear cells accompanied by neovascularization at sites proximal to persisting glial elements (Fig. 1, A and B). In late stages of tumor involution (2 weeks after injection of the transfected cells), 70 to 80% of the infiltrating cells were CD8⁺ lymphocytes (Fig. 1C), as deduced by staining with an antibody to CD8. The remaining infiltrating cells were macrophages and CD8⁻ lymphocytes. Sections of normal rat spleen stained with the same antibody showed the expected proportion of CD8⁺ cells (~10%).

To determine whether IGF-I antisense-transfected glioma cells could prevent glioblastoma development, we subcutaneously injected 11 rats above the left hind leg with 10⁷ parental glioma cells and above the

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