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SCIENCE (ISSN 0036-8075) is published weekly on Friday, except the last week in December, by the American Association for the Advancement of Science, 1333 H Street, NW, Washington, DC 20005. Second-class postage (publication No. 484460) paid at Washington, DC, and additional mailing offices. Copyright © 1990 by the American Association for the Advancement of Science. The title SCIENCE is a registered trademark of the AAAS. Domestic individual membership and subscription (51 issues): \$80. Domestic institutional subscription (51 issues): \$150. Foreign postage extra: Canada \$46, other (surface mail) \$46, air mail via Amsterdam \$85. First class, airmail, school-year, and student rates on request. Change of address: allow 6 weeks, giving old and new addresses and 11-digit account number. Postmaster: Send change of address to *Science*, P.O. Box 1723, Riverton, NJ 08077. Single copy sales: Current issue, \$3.50; back issues, \$5.00; Biotechnology issue, \$6.00 (for postage and handling, add per copy \$0.50 U.S., \$1.00 all foreign); Guide to Biotechnology Products and Instruments, \$20 (for postage and handling add per copy \$1.00 U.S., \$1.50 Canada, \$2.00 other foreign]. Bulk rates on request. Authorization to photocopy material for internal or personal use under circumstances not falling within the fair use provisions of the Copyright Act is granted by AAAS to libraries and other users registered with the Copyright Clearance Center (CCC) Transactional Reporting Service, provided that the base fee of \$1 per copy plus \$0.10 per page is paid directly to CCC, 27 Congress Street, Salem, Massachusetts 01970. The identification code for *Science* is 0036-8075/83 \$1 + .10. *Science* is indexed in the *Reader's Guide to Periodical Literature* and in several specialized indexes.
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# This Week in SCIENCE

# **Drug delivery systems**

o longer are clinicians limited to prescribing pills, drops, and injections for their patients. Recent advances in biotechnology, chemical engineering, and materials science and a growing understanding of human physiology and immunology have resulted in the development of many new approaches for preparing and delivering therapeutic drugs (cover). Drugs can now be absorbed from skin patches, delivered by external or implanted polymer systems and pumps, or administered embedded in vesicles (including such exotica as magnetic microparticles that can be guided through the body with external magnetic fields). The drugs themselves can be chemically altered in ways that make them more stable and soluble and able to enter previously inaccessible areas of the body. Drug release can be regulated, optimum concentrations can be maintained in the blood stream, and defined areas of the body can be targeted to receive high concentrations of the drug. An overview of these and other new possibilities for diversifying therapies is presented by Langer on page 1527.

# Superconducting films

UCCESS in making multilayer electronic devices from high-temperature superconductors has been elusive because fabrication is difficult to control. Smooth films have been grown with their *c*-axis perpendicular to the surface; for device applications, a-axis films would be desirable. Of special interest are superconducting films with a sandwich-type configuration-a Josephson junction consisting of two superconducting materials separated by a thin insulating barrier through which electron pairs might tunnel. Progress in this direction is reported by Eom et al. who have grown high-quality thin films of YBa<sub>2</sub>Cu<sub>3</sub>O<sub>7</sub> epitaxially-the atoms of the overlying film crystal and those of the substrate are in perfect alignment-on two different substrates (page 1549). Characterization of film microstructures and surface morphologies indicated that

they grew with the *a*-axis perpendicular to the surface and were atomically smooth, the latter a prerequisite for production of films with sandwich configuration tunnel junctions. Physical features that enhance or impede current flow and other structure-function relations can now be assessed for these new materials.

# **Alopecia model**

AIR loss (alopecia) is one of the more demoralizing side effects of chemotherapy. It can occur in conjunction with the use of a number of chemotherapeutic drugs, including cytosine arabinoside (ARA-C), doxorubicin (DX), and cyclophosphamide (CTX). An animal model of alopecia has now been developed and an antidote to alopecia may even be in the offing (page 1564): in young rats the bacterial product (and potential chemotherapeutic agent) ImuVert appears to prevent chemotherapy-induced hair losses. Hussein et al. report that in a protocol designed to test whether combinations of ImuVert and ARA-C would prevent development of leukemia in rats, alopecia was coincidentally prevented. ImuVert also prevented DXinduced alopecia but not CTX-induced alopecia. The distinction between ARA-C and DX on the one hand and CTX on the other suggests that different mechanisms may be involved in the induction of alopecia by these agents. Tests of whether ImuVert can prevent alopecia in humans may not be too far off: the level of toxicity of Imu-Vert in humans has already been determined and its efficacy as a chemotherapeutic agent against brain tumors is currently being evaluated.

# **Cellular lifespans**

N culture, human endothelial cells typically undergo about 60 population doublings and then stop growing and dividing. What accounts for this shift from active proliferation to senescence? One substance that appears to play a part is the protein interleukin-1 $\alpha$  (IL-1 $\alpha$ ). Senescent endothelial cells contain excess amounts of transcript (messenger RNA) for IL-1a. In contrast, transformed cells, which are immortal, and young cells do not contain detectable amounts of this transcript. Daily exposure of cultured cells to oligodeoxynucleotides that have an antisense sequence-one that is complementary to that of the IL-1 $\alpha$  transcript—blocks the onset of senescence (page 1570). The cells keep on dividing and have the appearance of young endothelial cells. Later, when exposure to antisense molecules is stopped, the cells senesce, which indicates that the effects of antisense molecules are distinct from immortalization. Maier et al. propose that the antisense molecules may be repressing the translation of the IL-1 $\alpha$ transcript. The still-unanswered fundamental questions are why IL-1a transcripts accumulate inside cells at the end of the cell's proliferative phase and exactly what happens when they do.

# **Flip and flop**

TRUCTURAL variations in receptors may help an important neurotransmitter, L-glutamate, produce its diverse effects. L-Glutamate is the major excitatory substance in the mammalian nervous system; for fast neurotransmission, L-glutamate can bind to four types of related receptors. Each of the four receptors has been found to exist in two alternate active forms (page 1580): the so-called "flip" and "flop" forms differ by only a few amino acids. Whether the flip or flop form of the receptor is generated at any given time in any specific cell depends on how messenger RNA molecules are spliced. Sommer et al. have characterized the functional differences between the flip and flop forms of the receptors and have identified where in the brain and in which cells flip and/or flop is expressed. They speculate that at different times and places in development and in association with learning one form may be favored for carrying out requisite neurophysiologic functions and that inappropriate production of flip or flop may be at the root of certain neuropathologies.

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*For a complete program and a registration form,* see any of the following issues of *Science* magazine: 19 October, 26 October (insert), or 7 December; or write to AAAS Meeting Promotion Dept., Room 815, 1333 H Street, NW, Washington, DC 20005.

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1) the names and telephone numbers of the authors;

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