ing of how consumers utilize credit resources available in our economy. The authors' work makes possible a reevaluation of whether the bankruptcy system is being abused by some debtors who could afford to pay or by some creditors who are lax in their lending practices. The first to document and analyze several phenomena such as repeated filings, success rates for chapter 13 cases, and the distribution of cases between chapters 7 and 13, the authors found that only a few debtors (3.7% of their samples, or 56 debtors out of 1502) were repeaters and that the preponderance (70%) of the chapter 13 cases fail and became chapter 7 cases over time. The authors conclude by suggesting that bankruptcy serves as a social safety net and essentially serves those people it is designed to serve. They further suggest that bankruptcy law should be a fair balance between debtor and creditor. To give favor to either party would necessitate change in our overall credit system.

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Biomedical Progress Report

Sickle Cell Disease. CHARLES F. WHITTEN and JOHN F. BERTLES, Eds. New York Academy of Sciences, New York, 1989. xiv, 477 pp., illus. \$119. Annals of the New York Academy of Sciences, vol. 565. From a conference, Bethesda, MD, April 1988.

Although sickle cell anemia was among the first illnesses to be understood on a molecular basis, our detailed knowledge of its etiology and pathogenesis has not brought us very far toward a cure, or even an effective management strategy. There is hope for the future, however, as described in this book, which contains the proceedings of a conference held under the joint sponshorship of the National Association for Sickle Cell Disease and the New York Academy of Sciences. The list of contributors includes eminent scientists and clinicians from around the world, and the papers cover a wide range of topics.

The international scope of sickle cell research is underscored in this volume by contributions from countries where the sickle gene is more prevalent than it is in the United States and where other traits that are common can materially influence the course and severity of sickle cell disease. Patients from India, for example, have a mild form, and this correlates with a higher incidence of deletional alpha thalassemia and higher fetal hemoglobin levels than are found among patients in Jamaica, where the degree of anemia and the frequency of pain crises is much higher.

The papers dealing with the molecular genetics of hemoglobin report notable progress. It is now possible to determine whether a 10-week-old fetus in utero is likely to have homozygous sickle cell disease by using DNA from a small sample of chorionic villus. The controls governing the expression of the cluster of globin genes on chromosome 11 are becoming better understood. This region of the genome codes for the synthesis of the mutant beta chain in sickle cell disease, and also for the gamma chain of fetal hemoglobin. If it were possible to prevent or reverse the switch from fetal to adult hemoglobin around the time of birth, the hazards of inheriting a double dose of the sickle cell mutation would be greatly reduced. An ultimate treatment strategy for the disease would be to remove some marrow cells from the patient, incorporate into them a message for normal beta globin, ablate the remaining marrow cells, and repopulate the empty marrow space with the patient's "retrained" red cell precursors. Some of the hurdles that lie in the way of progress toward such a genetic cure are reported in this volume.

Other papers describe the consequences for the red cell, the patient, and the patient's family of the single nucleotide substitution that is the etiology of sickle cell anemia. The abnormal hemoglobin causes alterations in the structure of both the lipid and the protein components of the red cell membrane, and there are consequences for ion transport that seem to confound the sickling tendency by making the cells vulnerable to solute and water loss. These membrane effects cause the cells to become sticky or desiccated and apt to obstruct the flow of blood to any organ in the body, with consequences ranging from strokes to priapism to the immunodeficiency state that accompanies the loss of splenic function in infancy.

The physical chemistry of hemoglobin polymerization is considered in several papers, and there is a consensus that any maneuver that would decrease the concentration of hemoglobin S in the red celleven by a few percent-could reduce the sickling tendency. It is reported in this volume that a feasible way to dilute hemoglobin S is to treat sickle cell patients with certain antileukemic agents like azacytidine or hydroxyurea that seem to alter the kinetics of red cell production. In some cases there is an amelioration of symptoms and an improvement in the anemia, as the red cells with the highest hemoglobin S concentration are replaced by a new cohort of cells in which the hemoglobin S is diluted out by fetal hemoglobin.

The advances described in this book exemplify how investigation of a natural mutant can contribute to general knowledge and how advances in basic scientific research can be brought to bear on a debilitating disease that afflicts 50,000 Americans and many others throughout the world.

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Guppies and Their Kin

Ecology and Evolution of Livebearing Fishes (Poeciliidae). GARY K. MEFFE and FRANK-LIN F. SNELSON, JR., Eds. Prentice Hall, Englewood Cliffs, NJ, 1989. xxvi, 453 pp., illus. \$50. Prentice Hall Advanced Reference Series.

The first report of an all-female species of vertebrate appeared in the pages of Science in 1932. The discoverers of this fish appropriately named it the Amazon molly, on the basis of mythology rather than geography. Over 50 years later, as is pointed out by Jack Schultz in his review of unisexual poeciliids in this volume, many biologists are still surprised to learn of this departure from "normal" reproduction by a vertebrate. Surprises continue to be mined from the fascinating family of fish that includes the Amazon molly. For example, Klaus Kallman reviews his recent studies of allelic variation at a single gene that is associated with tremendous differences in size and age at sexual maturity in males of several species of platyfish and swordtails.

The poeciliids are an exceptionally appropriate subject for such a book. Stocks of poeciliid fishes have been maintained in laboratories and used in genetic studies since the early 1900s, as long as Drosophila and the laboratory mouse. Poeciliids also have played a central role in investigation of several important evolutionary and ecological topics (among them unisexuality, sexual selection, and the evolution of life history traits). Poeciliids have the added advantage of being familiar to all biologists, given how many people have at some time in their lives had a tank of guppies or swordtails. My son continues to be amazed by the female guppy in his bedroom that has been regularly producing healthy broods in the absence of male companionship for over four months.

Meffe and Snelson have combined 19 chapters from most of the top workers in the field to review and synthesize the widely scattered literature on poeciliids, and also to illuminate areas for future research. The book is mechanically well produced, with easily readable type and a convenient page size. Six appendixes, a helpful index, and collection of all the references into a single list contribute to its value.

Perhaps the weakest part of the book is the systematic overview presented in the opening chapter by Lynne Parenti and Mary Rauchenberger. One or more figures would have been helpful for sorting out the taxonomic organization and relationships among the 190 species in 22 genera and 12 subgenera. To make matters more confusing, we are told in the preface that most contributors to the volume have chosen to use a different classification scheme from the one presented in this introductory chapter.

The greatest future contribution of this book to our understanding of evolution may not have been anticipated by its editors. The excitement of the many contributors to the book is obvious, and John Endler argues persuasively in the foreword for the value of this family for evolutionary investigations. I would be surprised if this book did not inspire many additional young, or not so young, evolutionary biologists to use these species in their research.

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Some Other Books of Interest

Biological Clocks and Environmental Time. SERGE DAAN and EBERHARD GWINNER, Eds. Guilford, New York, 1989. viii, 197 pp., illus. \$35. Also published as a special issue of the Journal of Biological Rhythms (vol. 4, no. 5). Based on a symposium, Munich, F.R.G., Jan. 1988.

The conceptual foundations of the study of biological rhythms, the editors note in their foreword, "were laid by two people, Colin Pittendrigh and Jürgen Aschoff." This volume stems from a meeting honoring Aschoff on his 75th birthday and opens with a brief "appreciation" of Aschoff by Michael Menaker. There follow 12 papers on topics to which Aschoff has made contributions. Benjamin Rusak, distinguishing between formal (descriptive or mathematical) and physiological analysis of circadian systems, discusses the former with regard to mammals and questions whether the "flow charts" that have been produced can be read as "wiring diagrams." Fred Turek then examines the "dogma" that circadian pacemakers must be independent of changes in external or internal environment and suggests that Aschoff's 1960 hypothesis that "level of excitement" affects pacemakers will have utility for future studies. Wever reviews recent work from the Max-Planck-Institut at Andechs on the effects of light on human circadian rhythms, and Heldmeier et al. discuss the relation between photoperiod and thermoregulation in vertebrates. Other papers in the volume report on studies of sleep initiation and pineal N-acetyltransferase activity in the rat, swarming rhythm in the flagellate Gonyaulax polyedra, eclosion as related to latitude in Drosophila auraria, circannual rhythms in migratory birds (two species of flycatcher), allometry of basal metabolic rate in the kestrel, and lunar rhythms of reproduction in the intertidal insect Clunio. J. T. Enright concludes the volume with a consideration of "the insidious influence of the parallactic view," or subjective interpretation, in statistical testing of data. The papers were, according to the editors, reviewed in accordance with the procedures of the Journal of Biological Rhythms. Most include abstracts, and a subject index has been added.-K.L.

Immunopharmacology Reviews. Vol. 1. JOHN W. HADDEN and ANDOR SZENTIVANYI, Eds. Plenum, New York, 1990. xiv, 418 pp. \$79.50.

In their preface the editors of this volume note that the field of immunopharmacology, which "had its origins . . . in the application of antibody-based techniques to assays of hormones and drugs in tissues and body fluids," has recently been "redefined to include a primary focus on the immune system as a target of xenobiotic action," thus standing as "the preclinical and clinical science of immune manipulation." They intend that the reviews in this new series will be "the best by the best," providing a "strong reference background" for researchers, teachers, and students in the field. The volume opens with chapters by Hadden et al. on the characterization of immunotherapeutic agents and by J. F. Williams on the pharmacokinetics of immunomodulators. C. W. Taylor and E. M. Hersch then review immunotherapy for cancer. In the longest chapter in the book (114 pages, with a continuation planned for volume 2 of the series), Szentivanyi et al. discuss the pharmacology of microbial modulation of immune reactivities. In the two final chapters Hadden and R. G. Coffey discuss early biochemical events in the activation of T-lymphocytes by mitogens (listing some 600 references), and J. H. Dean et al. review toxic responses of the immune system, including the effects of pesticides and various pollutants. The volume includes a subject index, and the table of contents outlines each chapter in detail. It is intended that future volumes in the series

will encompass "the full range of cellular and molecular components and the disease processes intrinsic to our definitions of immunopharmacology."-K.L.

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