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through voltage-gated Ca²⁺ channels and its

release from caffeine-sensitive intracellular

several advantages over conventional mi-

croscopy for Ca^{2+} imaging (3). (i) The

narrower depth of field allows better visual-

ization of intracellular details by eliminating

out-of-focus signals. (ii) A substantially im-

proved lateral spatial resolution is expected.

(iii) Measurement errors due to path-length

variations are minimized because a small and

relatively constant volume of the cell is

sampled throughout the focal plane. This

last feature is particularly relevant, because currently available long-wavelength Ca²⁺

indicators are not suitable for the determina-

tion of absolute Ca²⁺ concentrations by

bullfrog sympathetic neurons under voltage-

clamp conditions so as to allow precise

control of transmembrane Ca²⁺ influx. The

 Ca^{2+} indicator fluo-3 (4) was used to moni-

tor changes in $[Ca^{2+}]_i$. We rountinely used

two image acquisition modes. In the frame-

scanning mode (FSM), an image frame can

be collected in 1 s. Steady or slowly chang-

We measured the $[Ca^{2+}]_i$ of dissociated

ratio imaging (4, 5).

Confocal fluorescence microscopy has

Subcellular Calcium Transients Visualized by Confocal Microscopy in a Voltage-Clamped Vertebrate Neuron

Arturo Hernández-Cruz,* Francisco Sala,† Paul R. Adams

Confocal laser-scanned microscopy and long-wavelength calcium (Ca²⁺) indicators were combined to monitor both sustained and rapidly dissipating Ca²⁺ gradients in voltage-clamped sympathetic neurons isolated from the bullfrog. After a brief activation of voltage-dependent Ca²⁺ channels, Ca²⁺ spreads inwardly, and reaches the center of these spherical cells in about 300 milliseconds. Although the Ca²⁺ redistribution in the bulk of the cytosol could be accounted for with a radial diffusion model, local nonlinearities, suggesting either nonuniform Ca²⁺ entry or spatial buffering, could be seen. After electrical stimulation, Ca²⁺ signals in the nucleus were consistently larger and decayed more slowly than those in the cytosol. A similar behavior was observed when release of intracellular Ca²⁺ was induced by caffeine, suggesting that in both cases large responses originate from Ca²⁺ release sites near or within the nucleus. These results are consistent with an amplification mechanism involving Ca²⁺-induced Ca²⁺ release, which could be relevant to activity-dependent, Ca²⁺-regulated nuclear events.

stores (2).

HE SPATIAL DISTRIBUTION OF INtracellular Ca2+ after excitation in nerve cells depends on the location and density of Ca^{2+} channels, as well as buffering, sequestration, and release of Ca²⁺ within the cytoplasm. The dynamics of intracellular Ca²⁺ are relevant to the kinetics of Ca²⁺-activated membrane conductances and other Ca²⁺-regulated processes, such as transmitter release, release of intracellular Ca²⁺, and activation of enzymes and genes (1). Time resolution in the order of milliseconds and spatial resolution in the micron range are required to monitor rapid local changes in the Ca^{2+} concentration ([Ca^{2+}]) associated with nerve excitation and to thus overcome the blurring effects of diffusion. We have used confocal microscopy to monitor the redistribution of the intracellular $[Ca^{2+}]$ ($[Ca^{2+}]_i$) after the entry of Ca^{2+}

ing gradients throughout the cell were monitored with this method. In the line-scanning mode (LSM), the monitored region of the cell was reduced to a narrow "slot" by scanning the beam in only one spatial dimension. Because of the small number of pixels acquired per cycle (384 in most cases), a temporal resolution of 5 ms or less was achieved, without the loss of spatial resolution. LSM images contain detailed spatiotemporal information of the changes in $[Ca^{2+}]_i$ that occur during the formation of the image. Thus, the changes in $[Ca^{2+}]$ across the cell (horizontal axis) can be followed as a function of time (vertical axis).

In the example shown in Fig. 1, a brief Ca²⁺ current produced an inward "wave" of increased [Ca²⁺] that reached the center of the cell in ~ 300 ms. Subsequently, [Ca²⁺] equilibrated across the cell, returning to resting values within 6 to 8 s. Although the $[Ca^{2+}]$ transients in the periphery were faster and larger than those at the center of the cell (Fig. 1, G and H), those near the cell membrane, although rapid, were attenuated because of cell curvature. Both Ca²⁺ transients and Ca²⁺ currents were absent in Ca²⁺-free external solution or after superfusion with 100 μM Cd²⁺. These observations represent, to our knowledge, the first experimental confirmation of the stimulus-induced, rapidly dissipating spatial Ca²⁺ gradients in the cytoplasm that had been previously modeled theoretically (6).

The basic features of Ca²⁺ dynamics after a brief period of Ca²⁺ entry could be mimicked with a diffusion model (7). Our formulation differs from previous radial diffusion models (6) in that it includes both mobile and stationary Ca2+ buffers (one of the mobile buffers being the dye itself), as well as a Ca^{2+} extrusion mechanism (8). Peripheral Ca^{2+} transients decay in two phases: an early phase, lasting about 300 ms and due mainly to diffusional redistribution across the cell, and a late phase, lasting for seconds and reflecting slow buffering and membrane extrusion. Spatial gradients across the cell are absent during the late phase. Under our experimental conditions and on the time scale of interest, fluo-3 seems to be the dominant fast Ca²⁺ buffer. The model predicts that the early phase would be slower and the late phase would be more rapid in the absence of dye; this follows from the Ca²⁺-transporting properties of the diffusible exogenous buffer. Also, Ca²⁺ transients should be considerably larger throughout the cell in the absence of dye. A complex interplay between mobility, capacity, and affinity of intracellular buffers determines the time course, magnitude, and spreading of Ca^{2+} signals in the cytoplasm (7).

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The magnitude of Ca²⁺ transients varied from cell to cell and did not always correlate with the size of the Ca^{2+} current. This may reflect differences in intrinsic fast buffering capacity or initial [Ca²⁺]_i. Also, deviations from a symmetrical radial diffusion pattern were occasionally observed (Fig. 2). The larger Ca²⁺ signal on the left side of the pattern shown in Fig. 2F could result from inhomogeneities in Ca^{2+} -channel density (9) or intrinsic Ca^{2+} buffering (10) or both (compare Fig. 1A). A deviation of the stimulus-initiated Ca^{2+} redistribution from that predicted by the model was invariably seen when the scanning line transected the nucleus (Fig. 2B). The profile of $[Ca^{2+}]_i$ initially resembled the symmetric pattern shown in Fig. 1A, but then became markedly asymmetric, as the nuclear signal continued to rise while elsewhere $[Ca^{2+}]_i$ returned to basal values. In this example, the nuclear $[Ca^{2+}]$ increased by 140 nM, compared to 100 nM in the cytosol (11). Also, the nuclear [Ca²⁺] peaked about 600 ms later than a symmetrically located region in the cytosol and decayed more slowly (Fig. 2D).

It has been suggested that increases in $[Ca^{2+}]_i$ that outlast electrical stimulation may result from Ca²-induced Ca²⁺ release from intracellular reservoirs (12, 13). Thus, the large nuclear signals might reflect Ca²⁺ release near or within this structure. To test this hypothesis, we examined the changes in the distribution of $[Ca^{2+}]_i$ produced by caffeine, a promoter of Ca²⁺-induced Ca²⁺ release (12–16). For these experiments, a

Fig. 1. (A) Dynamics of radial spread of Ca²⁺ monitored along the diameter of a sympathetic neuron. In LSM patterns, consecutive lines are plotted from top to bottom. The first few lines were acquired with the cell held at -70 mV. Then, a maximal inward current was evoked with a 100-ms step to +10 mV. A 10% transmission neutral-density filter was used to reduce laser intensity. The image was gaussian-filtered with a half-height width of 1 pixel. (B) Simulated LSM pattern obtained with a radial diffusion model (7). Pixel intensities represent the concentration of the Ca^{2+} -buffer B complex (8). Vertical lines in (A) and (B) represent the duration of the voltage step. (C) From top to bottom: membrane current (I_m) , scan duration, and membrane voltage (V_m) corresponding to the experiment shown in (A). (D through H) Calcium concentration profiles in the temporal (vertical) and spatial (horizontal) domains extracted from patterns A (dotted traces) and B (solid traces). (D) Resting spatial profile. (E) Spatial profile at the end of the voltage step. (F) Spatial profile 1 s after the stimulus onset. Distances in (D) through (F) were measured from the left edge of the cell. (G and H) Temporal profiles at 2.5 µm beneath the membrane and at the center of the cell, respectively. Cell diameter, 40 µm. The pipette contained: 90 mM CsCl, 20 mM tetraethylammonium chloride, 5 mM Hepes-CsOH (pH 7.15), 1 mM adenosine triphosphate (ATP) (Mg²⁺ salt), and 100 μ M fluo-3.

normal pipette solution was used (see legend to Fig. 3), to allow the recording of Ca²⁺-activated membrane currents as an independent indicator of submembrane changes in $[Ca^{2+}]$. FSM images showed that caffeine produced a rise in [Ca²⁺] throughout the cell (Fig. 3, A through C). The nucleus, however, showed a considerably larger change. A ratio image obtained by dividing the image in Fig. 3B by that in Fig. 3A gave values of 1.49 ± 0.018 and 1.33 ± 0.017 for nucleus and cytosol, respectively (mean \pm SD for six independent measurements over a 25 μ m² area: P < 0.001). Nuclear [Ca²⁺] increased by an

estimated 210 nM in Fig. 3B. These changes coincided with the development of a transient outward current (record not shown). LSM patterns including the nuclear region were produced to monitor Ca^{2+} movements during the release process. A sustained, rapid application of 10 mM caffeine produced a transient increase in $[Ca^{2+}]$, which peaked in about 1.5 s and was followed by a smaller, sustained plateau (Fig. 3D and 3F, upper panel). Several structures participated in the response, but the nuclear signal was again the most prominent (17).

It has been suggested that subsurface cisternae, a class of smooth endoplasmic reticu-



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lum, could be responsible for Ca²⁺ release and sequestration in vertebrate neurons (18). However, our data indicate that in response to caffeine, Ca²⁺ is released from peripheral locations as well as near the center of the cell (Fig. 3, D, E, and G). The earliest intracellular Ca²⁺ release after a brief (20- to 1000-ms) caffeine application is apparent in the region where the caffeine first reaches the cell (Fig. 3G, arrowhead). The release process then propagates throughout the cell, reaching the opposite location within 0.6 to 3 s [(19); compare response latencies in traces e and a of Fig. 3H]. These patterns are in marked contrast to the symmetrical, radial spread of Ca²⁺ seen after electrical stimulation (Fig. 1A). In general, the time course of the outward current followed that of the Ca²⁺ transients (Fig. 3H). However, the current decayed more quickly, perhaps because of faster Ca²⁺ extrusion and buffering near the membrane (10). A Ca²⁺-dependent inhibition of a voltage-dependent K^+ current termed I_M also contributes to the current decay (20, 21). The caffeine-induced outward current seems to be a mixture of two Ca²⁺-dependent K⁺ conductances underlying fast spike repolarization and slow afterhyperpolarization (termed I_C and I_{AHP}, respectively), because

Fig. 2. (A) FSM image from a cell loaded for 10 min with fluorescent indicator (average of five frames). (B) LSM pattern obtained by scanning the beam at the position indicated by the horizontal line through the cell in (A). The slightly more fluorescent region (indicated with a dashed line above the image) corresponds to the nucleus. The first 100 lines were obtained with the cell resting at -70 mV. A 100-ms voltage step to 0 mV was then applied (arrow). Entry and diffusion of Ca^{2+} was then monitored. Although Ca^{2+} transients after a single pulse can be seen (see Fig. 1A), in most experiments the beam was further attenuated (3% transmission) to minimize photobleaching. The signal-to-noise ratio was then improved by averaging five consecutive images, separated by a 60-s recovery interval. Thus, each of the 500 horizontal lines plotted in (B) and (F) is the average of five consecutive scans. Each scan took ~ 3 s to complete. (C) Superimposed sweeps of Im, scan duration, and V_m from the experiment shown in (B). (D) Temporal profiles of [Ca²⁺] obtained from pattern shown in (B) at the indicated locations (a and b). (E) FSM image from a different cell after loading with indicator for 20 min (average of five frames). In general, longer loadings produced more marked resting fluoresence gradients. The nucleus is in

it decreases, but does not disappear at holding potentials at which I_C should not be present (22).

We were unable to reproduce the repeated oscillations in $[Ca^{2+}]_i$ that have been observed by others in the presence of caffeine and high K⁺ (12, 15). Possibly, dialysis during whole-cell recording perturbed the balance between the different processes underlying the oscillatory response (23). However, a brief (5 s or less) application of caffeine often produced a short-lived Ca²⁺ transient that was followed by a rebound rise in $[Ca^{2+}]$ (Fig. 3, E and F, lower panel), suggesting that some components involved in the oscillatory Ca²⁺ responses were still present.

As for the source of nuclear Ca^{2+} signals, it is conceivable that they originate either from a perinuclear organelle or from the nuclear envelope itself. However, the patterns of Ca^{2+} rise in the nucleus examined so far are not consistent with a peripheral origin of Ca^{2+} ; rather, they suggest a simultaneous release throughout this structure (compare in Fig. 3F latencies of responses in traces 1 and 3, obtained from extreme positions within the nucleus). We feel it is premature to draw any conclusions from these results on the source of nuclear Ca^{2+} . A differential regulation of nuclear $[Ca^{2+}]$ was not previously observed in bullfrog neurons (12, 13). This discrepancy could be due to the better discrimination of intracellular structures achieved with confocal microscopy. In support of our observations, recent studies have shown inositol 1,4,5trisphosphate (IP₃)-receptor sites, IP₃-sensitive Ca²⁺ pools, and Ca²⁺-dependent adenosine triphosphatase (Ca²⁺-ATPase)like proteins localized to perinuclear organelles and the nuclear envelope (24, 25). In addition, agonist-induced Ca²⁺ rises localized to the nuclear region have been reported in adrenal chromaffin cells (25).

According to our model, intracellular Ca^{2+} diffusion in whole-cell experiments is dominated by the contribution of the mobile exogenous buffer used to monitor $[Ca^{2+}]_i$. As most other models required, in addition to the exogenous Ca^{2+} indicator, a fast, high-capacity cytoplasmic buffer to account for stimulus-induced Ca^{2+} signals, our results suggest that some of the endogenous Ca^{2+} buffers of the cell (presumably soluble constituents) are rapidly lost by dialysis of the cell contents. This constitutes a major limitation of this technique. Under more physiological conditions, the contribution of the endogenous fast buffers



the upper right quadrant of the cell. (F) LSM pattern obtained by linescanning the cell in a region below the nucleus, as shown in (E). The arrow indicates the time when the stimulus was applied. The color coding bars in (B) and (F) and the vertical axis in (D) are labeled as fluorescence intensity values, rather than absolute $[Ca^{2+}]$, because of inhomogeneities of dye

distribution within the cell. Were the dye evenly distributed, values of 30, 50, 100, and 150 in these scales would represent $[Ca^{2+}]_i$ values of 82, 158, 515 and 2000 nM, respectively. Scale bars above images in (A) and (E) represent 20 μ m. Pipette solutions were as in Fig. 1.

Fig. 3. (A to C) FSM images of a caffeine-in-duced Ca²⁺ release in a cell loaded for 15 min with fluo-3. (Each image, representing the average of six frames, took 6 s to complete.) (A) Fluorescence image at rest. (B) Image obtained at the start of caffeine application. (C) Image taken 5 min later. Caffeine (10 mM) was applied for 2.8 s with a puffer pipette positioned ≤100 µm from the left side of the cell. (D and E) LSM patterns of responses obtained from a different cell. These patterns took 62 s to complete. Noise was filtered as described in Fig. 1. The solid line above the images represents the extent of the cell diameter. A dashed line indicates the position of the nucleus. (D) Caffeine was puffed continuously, starting when indicated the horizontal with white arrow. (E) After a 10-min wash, caffeine was reapplied, but this time for only 5 s. Asterisks indicate presumptive release sites in the cvtoplasm. Cell regions ex-



hibiting smaller changes could represent areas of diffusional restriction or strongly buffered domains. (F) (upper and lower panels) Temporal profiles of $[Ca^{2+}]$ obtained at positions 1, 2, and 3 (center and edges of the nucleus) from the patterns shown in (D) and (E), respectively. Notice the delayed "rebound" response in (E) and (F), lower panel). (G) Response from a different cell to a 600-ms caffeine application. (H) Membrane current record (I_m) (holding potential, -30 mV) and Ca²⁺ transients (a to e) from the

experiment shown in (G). Transients were taken at the positions indicated in (G). Small horizontal lines indicate 0 reference value. Position d corresponds to the center of the nucleus. The delay in peak latencies between traces e and a is 750 ms. Color-coding bars as in Fig. 2. Pipette contained: 90 mM potassium aspartate, 20 mM KCl, 1 mM ATP (Mg^{2+} salt), 5 mM Hepes-NaOH (pH 7.15), and either 0.1 mM (A to C) or 0.2 mM (D to H) fluo-3.

should be more important.

It has been suggested that in smooth muscle cells, the nucleus is screened from fluctuations in cytoplasmic [Ca²⁺] (26). Nuclear calcium also seems to be independently regulated in frog sympathetic neurons, but in the opposite fashion. Not only is the nucleus exposed to perturbations in cytosolic [Ca²⁺], but a local amplification of this signal seems to occur. This mechanism could give rise to large and prolonged increases in nuclear [Ca2+] after periods of sustained electrical activity, with minimal disturbance of cytosolic Ca²⁺ concentration. Our findings may be relevant to the proposed role of intranuclear Ca²⁺ in the signal transduction pathway linking neuronal stimulation to long-term structural and functional modifications of nerve cells (27).

Note added in proof: The main observations of this report, including the nuclear Ca²⁺ signal, have been confirmed in fura-2-loaded neurons isolated from the amphibian dorsal root ganglion (28).

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into a frame store, and 384 by 512 pixel images were digitized to 8 bits and stored on magnetic media. Further image analysis was conducted on a SUN workstation (Sun Microsystems, Mountain View, CA). For in vitro calibration, we focused the microscope on 10-µl droplets of internal solution containing mixtures of Cs⁺ and EGTA with and without Ca²⁺, with a [Ca²⁺] between 10 nM and 10 μ M, calculated according to A. Fabiato and F. Fabiato [J. Physiol. (Paris) 75, 463 (1979)]. An apparent dissociation constant (K_d) of fluo-3 for Ca²⁺ of 420 nM was obtained by this method.

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- 8. Equations were numerically solved for a spatially homogeneous sphere with 40 concentric shells, each with a thickness of $0.5 \ \mu m$. All shells contained three buffer systems, A, B, and C. Buffer A was stationary with a total capacity of 600 μM , forward binding rate of $5 \times 10^4 M^{-1} s^{-1}$, and K_d of 400 nM, resembling the smooth endoplasmic reticulum [H. Rasgado-Flores, and M. P. Blaustein, Am. J. Physiol. 252, C588 (1987)]. Buffer B, diffusible and kinetically faster, represented fluo-3, with a total capacity of 100 μ M, K_d of 420 nM, and a forward binding rate of 10⁸M⁻¹ s⁻¹, similar to that of fura-2 [M. G. Klein, B. J. Simon, G. Szucs, M. F. Schneider, Biophys. J. 53, 971 (1988)]. To better fit the data, we included an additional mobile and fast buffer, buffer C, with a total capacity of 20 μ M, forward binding rate of $10^8 M^{-1} s^{-1}$, and K_d of 250 nM. Diffusion coefficients were $6 \times 10^{-6} \text{ cm}^2 s^{-1}$ for Ca^{2+} and 2.5×10^{-6} and $1 \times 10^{-6} \text{ cm}^2 s^{-1}$ for buffers B and C, respectively (either free or Ca^{2+} -bound). Initial $[Ca^{2+}]_i$ was 50 nM. At the outermost shell, calcium entry was modeled as a square inward current (2.5 nA, 100 ms) and pumping was modeled as by E. Gamble and C. Koch [Science 236, 1311 (1987)]. A temporal step of 0.1 ms was used in computing most equations, but fast buffer sys-tems required 0.005 ms for convergence. Because the optical slice has finite thickness, the LSM patterns are expected to be somewhat contaminated with out-of-focus light. To determine to what extent this could affect the pattern, we convolved the simulated (ideal) pattern assuming the very unfavor able case that all shells within 10 µm from the focal plane contributed to the signal. The contribution of unfocused shells was weighted according to their geometrical projections. The convolved pattern did not differ much from the ideal [that is, the peak [Ca²⁺] in Fig. 1G (solid trace) is underestimated by about 8% in the convolved pattern, and the rise in [Ca²⁺] in Fig. 1H (solid trace) occurs slightly

earlier]. Very close to the membrane, the Ca²⁺ signal in the convolved pattern was considerably 'diluted" because of the low background fluores cence. This explains our observation that the signals at the edges of the cell are smaller than otherwise expected.

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Poenie, Cell Calcium 6, 145 (1985)]. For instance, the K_d of fura-2 increases more than threefold by binding to aldolase, an abundant myoplasmic protein [M. Konishi, A. Olson, S. Hollingworth, S. M. Baylor, Biophys. J. 54, 1089 (1988)]. A weaker Ca²⁺ buffering near the nucleus of invertebrate neurons has been inferred because Ca^{2+} injections at the center of the cell produce the largest Ca²⁺ signals (10). We tested whether such nonuniform spatial buffering could explain our observations. A nuclear region was defined in the core of the model cell, and its buffering capacity was either increased or decreased with respect to the cytosol. Neither situation reproduced the enhanced nuclear responses ob-served in bullfrog sympathetic neurons. Most likely, the nucleus would be well buffered in our study, because of its apparent higher affinity to bind fluo-3.

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