

and medical researchers. However, another group of individuals is essential to the success of any public education effort dealing with a health issue—physicians practicing in metropolitan and rural communities across the nation.

At least three levels of commitment and communication are needed from physicians if the spread of AIDS and infection by the virus human immunodeficiency (HIV) are to be curtailed. First is the care required by patients with AIDS and by the families and friends of the patients. Second is the need for counseling of sexually active persons about preventive measures for sexually transmitted diseases and about the meaning and significance of infection by the HIV virus. Third is communication with the public at large about the medical and psychosocial aspects of AIDS and about the preventive measures necessary to reduce transmission of the HIV virus. It is at this level that a collaborative effort of physicians, social scientists, and public health workers is most needed. The American Medical Association is preparing, collecting, publishing, and distributing a wide variety of articles and monographs on AIDS and HIV transmission.

The AMA has also initiated a program to help and encourage physicians to become

public spokespersons on the health care and societal issues associated with AIDS. This program includes establishing a speakers bureau of concerned physicians in state and county medical societies across the country. Collaboration in this effort by social science and public health groups is encouraged and welcomed by the AMA. Stemming the spread of AIDS and the HIV virus requires the resources of all of us.

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Multivariate Analysis

Part of the description of multivariate statistical methods by Peter C. Jurs in his article "Pattern recognition used to investigate multivariate data in analytical chemistry" (6 June, p. 1219) may inadvertently encourage inappropriate use of these methods. In the social sciences, where analyses to discriminate between groups have long been familiar, the lack of statistical sophistication of some investigations has led to dubious procedures that exploit random variation in

the data. Chemists should be wary of repeating the error.

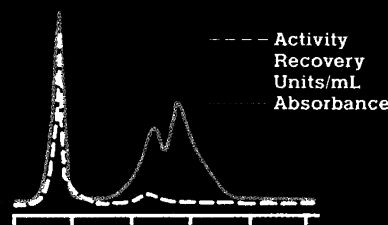
Discriminant studies, like multiple regression studies in general, are often pursued in an exploratory way and involve a large number of variables. A common pitfall is underestimating the probability of having arrived at seemingly impressive results solely by chance variation in the sample. Jurs has discussed this issue elsewhere (1). He points out in his *Science* article that exploratory discriminant analysis may be of little use unless the number of cases is several times greater than the number of variables, and that consequently it is often necessary to reduce the set of variables considerably by some "objective means." It is in the reduction that inadvertent exploitation of random variation may occur.

One of the major examples described in the article is an attempt to discriminate between two groups of 24 people for which 214 variables were measured. Objective means of reducing this set would be to select a few variables a priori, on the basis of a theoretical model or empirical results from previous studies, or to identify summary composites on the basis of a factor analysis, as Jurs has done in another study (2). In this example, however, the variables were selected a posteriori on the grounds of how well

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they appeared to contribute to the desired classification of the two sample groups.

The problem is most clear in the analysis of 65 variables chosen, objectively, as the most commonly occurring (p. 1222). The investigator selected six of these variables—not by objective means but on the grounds that they worked best—and then made a formal discriminant analysis of those six variables. But in effect the analysis involved 65 variables, *more* than the number of cases. The results are therefore suspect; the relevant statistical question for the believability of the results is not whether the classification success might have been found just by chance for six variables, but more nearly for the best six chosen opportunistically from 65 possibilities.

There is nothing wrong with all this as exploration. (And in other respects Jurs' exploratory analysis was very sophisticated: There was an additional selection criterion that the variables not discriminate among other subdivisions of the data and an "internal validation" showed that the findings were not the result of a few highly deviant subgroups in the sample.) But discriminant functions prove to be notoriously poor in external validation, that is, in classifying samples other than the one on which they were based. A serious case for the validity of

the pattern recognition in such an exploratory study can be made only by means of actual prediction in a subsequent study.

These remarks have pertained to prediction, which was the focus of Jurs' article. But much more could be said about weaknesses of the procedure for purposes of explanation. Even if the procedure for identification of variables were legitimate, and prediction were significantly better than chance, little credence could be placed in the meaning of the particular coefficients found for the sample unless all important variables were known to be included in the analysis (or were known to be uncorrelated with the variables already included). The inclusion of a single important missing variable could significantly change all of the values, even the signs, of the coefficients.

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Response: I agree that one must be careful about getting results in discriminant studies that are due to chance and are not as meaningful as they appear to be. In addition to the paper cited by Ahlgren, we have published twice more on this subject (1). With respect to the selection of six variables from 65 in the cystic fibrosis work, we selected six chromatographic peaks that possessed several attributes simultaneously, both with respect to the desired separation, but also with respect to the undesired separations. In addition, while I agree that prediction on true unknowns is the most satisfying test of discriminants, such unknowns are not always available in real studies. Finally, it is true that the results obtained in exploratory data analysis are dependent upon the variables used, and one can seldom be sure that all important variables have been included in the analysis in this type of work. We must do the best we can.

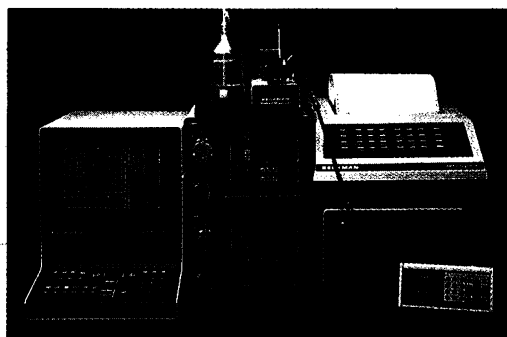
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