

international literature and who can only rarely attend meetings in the West, though some of the Kiev group often report their work in English-language gerontological publications. The extensive bibliography contains sources that are not widely known, including special publications of the Institute of Gerontology. Russian titles are helpfully translated into English. The bibliography shows an energetic attention to the English and Romance-language gerontological literature that is far more conscientious than most of us give to the Slavic scientific literature.

Several of the many topics covered in the book are notable. Chapter 1 briefly mentions the effects of age on the electrical activities of snail neurons; this work was subsequently reported more fully by Frolkis in *Mechanisms of Ageing and Development* 25, 191 (1984). Age changes in the control of aldosterone and in hypothalamic influences on the adrenal cortex have been studied by L. V. Magdich and are discussed by Frolkis and E. N. Gorban (chapter 2). Solid work on immunological changes with age is described by G. M. Butenko (chapter 3), who studied parabiosis and the grafting of spleen cells between animals of different ages in a strain of CBA mice. Butenko's studies are particularly appealing because they go beyond the descriptive observation of many of the gerontological studies in the U.S.S.R. in their attempt to establish mechanisms by manipulating specific aspects of aging. In the interest of corroborating results it is helpful that a relative of the widely used CBA mouse is available in the U.S.S.R.

A recurrent theoretical motif is Frolkis's general interpretation of age-related changes as resulting from two opposing processes, destructive aspects of aging that are countered by *vitauct*, or life-prolonging processes, such as axoplasmic flow, cell division, or detoxification. The attention given to such general concepts here and occasionally elsewhere in the Russian literature suggests a propensity to formulate general theories that may not be testable in detail. Most scientists prefer to focus on specific hypotheses, since it is so difficult to make robustly generalizable biological theories.

In addition to the group in Kiev, other experimentalists who study biological and medical aspects of aging are cited in the book. V. M. Dilman and V. N. Anisimov at the Petrov Institute for Oncology (Leningrad) have made many important contributions, including detailed predictive hypotheses about neuroendocrine mechanisms in aging and in onco-

genesis. No reference is made in the book to Zh. Medvedev's pioneering contributions, especially the error theory of aging, which, in 1961, first focused attention on the potential importance of altered information flow from the genome.

In sum, the present volume can be regarded as a valuable entry to a literature that is often neglected. The volume furthers the long-range maintenance of international scientific contact by increasing our awareness of Soviet colleagues with kindred scientific pursuits.

CALEB E. FINCH

*Andrus Gerontology Center and
Department of Biological Sciences,
University of Southern California,
Los Angeles 90089-0191*

Spinor Calculus

Spinors and Space-Time. Vol. 1, Two-Spinor Calculus and Relativistic Fields. ROGER PENROSE and WOLFGANG RINDLER. Cambridge University Press, New York, 1984. x, 458 pp., illus. \$89.50. Cambridge Monographs on Mathematical Physics.

Most discussions of special or general relativity use the mathematical machinery provided by tensor calculus. However, over the past 25 years it has become increasingly clear that there is an alternative to tensor calculus that often simplifies calculations and is, in a certain sense, more fundamental. This is the calculus of two-component spinors. Until now, a student wishing to learn spinor calculus had to turn to dozens of original papers and struggle with incomplete results and different conventions. *Spinors and Space-Time*, to be published in two volumes, provides for the first time a systematic and complete discussion of the properties and applications of two-component spinors. It is a long-awaited and much-needed work.

Volume 1 makes it clear that the work is not just for the beginning student. In addition to its excellent presentation of established material, it is filled with new insights, simple arguments, and general formulas that will benefit even the expert in the field.

The volume begins by introducing spinors geometrically in terms of "null flags." The three basic spinor operations—addition, scalar multiplication, and inner product—are all given explicit geometric interpretations. The introduction discusses many interesting properties of the Lorentz group such as that (as was first pointed out by Penrose) a uniformly moving sphere will appear rotat-

ed and not flattened, as a naïve application of the Lorentz contraction might suggest. Of particular note are the figures, which beautifully illustrate the text and help the reader to visualize the various geometric constructions.

The authors then move on to a more abstract algebraic approach to spinors that forms the basis for the rest of the book. That the space of spinors is a complex two-dimensional vector space leads to a number of special properties, which are discussed in detail. In keeping with the algebraic approach, traditional differential geometry is presented in a slightly untraditional way, for example by defining a manifold in terms of its ring of smooth functions. Derivatives of spinors and spinor curvature are discussed from both a basis-independent and a basis-dependent point of view—the latter approach leading to the Newman-Penrose spin coefficient formalism. One of the less familiar topics discussed in the book is a method for translating an arbitrary spinor equation into tensor language. For example, it is shown that the linear Weyl neutrino equation is equivalent to a nonlinear equation on an anti-symmetric second-rank tensor.

The main application of spinors that is discussed in volume 1 is to relativistic fields. Spinors provide a simple unified treatment of massless fields of arbitrary spin. The conformal properties and consistency conditions (which arise in curved space) for these fields is examined. Of particular importance are the discussion of initial data on null surfaces and the explicit formulas for the field in terms of integrals over its initial data. An approach to interacting fields that is based on these results is also discussed. Further applications of spinors, including their use in asymptotically flat spacetimes to prove the peeling theorem for radiation and the positive energy theorem, will be given in volume 2.

Volume 1 develops and uses extensively the abstract index notation that was introduced by Penrose to provide a basis-independent notation that would facilitate calculations. Although abstract indices are certainly quite useful, they are perhaps overemphasized in this book. There are over a dozen different symbols used for indices, and a great deal of time is spent explaining the notation. This emphasis on notation tends to detract from the subject matter and make the otherwise clear exposition somewhat difficult to read. Unfortunately, the situation is complicated by the fact that the printing does not enable one to easily distinguish certain types of indices. One hopes that this last problem will be cor-

rected in the second printing of the book.

Despite these notational difficulties, I would strongly recommend volume 1 of *Spinors and Space-Time*. Its careful and comprehensive discussion virtually assures that it will become a standard reference in the field.

GARY HOROWITZ

Department of Physics,
University of California,
Santa Barbara 93106

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