

present little hard evidence to support or refute it.

The book is richly illustrated with line drawings. Unfortunately, a surprising number are not readily interpretable without reference to the original source. Errors in the text are relatively few and minor, and since the book is so large I can forgive all of them, except one—Death Valley is in California, not Colorado.

Plant population biology is an emerging discipline. Since the field has so many rapidly developing fronts, Harper's attempt to synthesize and evaluate what we know will certainly occasion some disagreement among workers in the field. There is no doubt, though, that this book will be widely appreciated for what it represents—the laying of a cornerstone for the demographic aspects of this new field.

HAROLD A. MOONEY

*Department of Biological Sciences,  
Stanford University,  
Stanford, California 94305*

## Demographics and Subsistence

**The Food Crisis in Prehistory.** Overpopulation and the Origins of Agriculture. MARK NATHAN COHEN. Yale University Press, New Haven, Conn., 1977. x, 342 pp. \$15.

Population-pressure models have enjoyed increasing popularity in anthropology since the economist Boserup turned Malthus upside-down by suggesting that demographic growth leads to agricultural and technological innovation. In recent years population-pressure models have been used to explain a variety of anthropological phenomena from male dominance to the evolution of complex societies.

Cohen's book is the first comprehensive attempt to explain the origins of agriculture on a worldwide basis as a response to population pressure. He tries to answer two basic questions: Why have most human populations abandoned foraging economies for agriculture? and Why did agriculture appear independently and almost simultaneously in diverse parts of the world at the end of the Pleistocene? For Cohen, population pressure provides answers to both questions. Foraging economies were abandoned because they could not sustain growing populations, which had reached a subsistence saturation point, and this point was attained at approximately the same time on all the major continents except Australia.

Cohen makes six basic assumptions:

(i) incipient agriculture is not an "invention" but an accumulation of refinements of existing techniques of plant manipulation; (ii) agriculture is not easier nor does it provide a more secure subsistence base than foraging, it simply yields more calories per land unit; (iii) foraging populations do not normally maintain demographic stability, they grow through time; (iv) the preceding assumption notwithstanding, such societies have effective mechanisms for preventing excessive population buildup in local areas, and these led to synchronous buildup over the earth's landmasses and to the emergence of worldwide pressure at the end of the Pleistocene; (v) the worldwide parallels in events leading to agriculture demand a single explanation rather than diverse explanations for each region; and (vi) the archeological record in the Old World and the Americas shows fairly continuous demographic growth in pre-agricultural times. Each assumption can and undoubtedly will be challenged by other scholars, but on the whole I find them quite persuasive.

Chapters entitled "The theory of population pressure and the origins of agriculture" and "The archaeological measurement of population growth and population pressure" provide the theoretical and practical matrix for Cohen's thesis. They are followed by three chapters that contain demographic and economic surveys of world prehistory. The areas surveyed include Africa, the Near East, Europe, East Asia, North America, Mesoamerica, and South America. In each case the cultural sequences examined extend from the initial occupancy by humans to the establishment of agriculture as the primary subsistence activity.

Interpretations of archeological data on this scale are always fraught with problems related to the quantity and quality of the data. Despite truly impressive advances in the past 30 years, we still do not have adequate information on incipient agricultural societies or their predecessors for any part of the world. The data base is particularly weak for the variables used by Cohen, demography and economy. Archeologists have generally been frustrated in their attempts to estimate areal population size, group size at one point in time, age-sex structures, and other demographic variables for societies lacking historical documentation or close ethnographic analogs. They have also been unable to arrive at realistic estimates of subsistence inputs because of the elusiveness of plant food remains. Cohen is aware of these problems and points out that they are particu-

larly troublesome when one is dealing with the remains of foraging societies. He uses ethnographic analogies to fill in the gaps and to provide a model for archeological interpretations. The analogies are cautious and well drawn but cannot negate the fact that anthropologists have seldom if ever observed pristine foraging or incipient agricultural societies. We may never know to what degree meat was prized by such groups, whether cereal grains were last-choice foods, acceptable only when more highly prized foods were scarce, or whether ancient societies were structurally and demographically similar to their modern counterparts. This is an unfortunate fact anthropologists must simply live with. Given these limitations, Cohen does a superb job interpreting the data available to him. Future investigations should show he is more correct than not.

Cohen's analysis provokes many tantalizing questions. Assuming he is basically correct, why hasn't the human species stabilized demographically? Did the rate of human population growth increase during the millennia prior to the emergence of agriculture, and if so why? Why did aboriginal Australia remain nonagricultural? did it experience population pressure like the rest of the world, and if so how was such pressure dealt with? Why did population pressure build up much more rapidly in the Americas than in the Old World? These and other questions need to be answered and should provide some exciting research in the future.

Archeologists are occasionally pressed to defend their research, particularly when it involves expenditure of public money. They frequently maintain that they are attempting to understand, rather than merely study, the past in order to elucidate the present and predict the future. Cohen's book is certainly relevant in this sense. He has shown that population pressure on basic resources is an integral aspect of most human existence, not merely an Industrial Age phenomenon. He has also shown what one panhuman response to this pressure has been in the past ten millennia. The newspapers remind us daily that the response has not been a permanent solution and that continuing responses are called for. If Cohen is correct, past responses have emphasized increasingly intense exploitation of lower trophic levels. If humans cannot control their fertility in the near future, we may live to see just how far down the trophic pyramid we can go.

RICHARD A. DIEHL

*Department of Anthropology,  
University of Missouri, Columbia 65201*