work for students of bio- and organic chemistry interested in porphyrins, heme, and chlorophyll. In addition, because of the recently defined relations between the heme protein cytochrome P-450, microsomal oxygenase reactions, the induction of drug-metabolizing enzymes, and the control of heme formation via the induction of δ -aminolevulinate synthetase, the book will be of great interest to pharmacologists and clinicians as well.

In the first chapter, the reader is introduced to the nomenclature of the porphyrins and their metal complexes, the properties of various cytochromes, other heme proteins, and the various chlorophylls and vitamin B_{12} . The next two chapters summarize the organic chemistry of the pyrroles and pyrrolic pigments, describing the newer methods of synthesis and degradation of these compounds which have become available since the publication of the volumes by Fischer and Orth in the late 1930's. Included is a summary of the ingenious synthesis of chlorophyll devised by Woodward and his co-workers. These chapters are written with particular clarity and succinctness; they will be especially valuable to the biochemist since biochemical reviews on the porphyrins have generally not adequately covered the organic chemical aspects of these compounds. The physical-chemical properties of the porphyrins are covered in another chapter, which also includes the absorptionspectral characteristics of the tetrapyrroles in the visible, ultraviolet, and infrared regions and the newer proton magnetic resonance and mass spectral data relating to these substances. Another chapter describes the various analytical methods that have been applied to complex mixtures of porphyrins from biological and synthetic sources. These include countercurrent distribution, chromatography, and electrophoresis. It was highly satisfying for me-recalling the struggles of years past-to note how these various physical and physicochemical methods now make possible the routine analysis of trace amounts of these materials for structural, quantitative, and other determinations. The last two chapters review the various steps in heme and chlorophyll biosynthesis, the disorders of porphyrin metabolism associated with certain genetic defects in man, and the experimental porphyrias elicited by various drugs, chemicals, and natural steroids. These latter subjects are being quite actively investigated at

present, so that reviews of them rapidly become dated. However, these last chapters should prove most useful as an introduction to the biochemistry and pharmacology of the porphyrias.

The book is, in brief, a much-needed and elegantly written text. Workers in this field—which has so many biologic and medical ramifications—will be grateful to Marks for this lucid compilation of information.

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A Question about Periodicity

The Biological Clock. Two Views. FRANK A. BROWN, JR., J. WOODLAND HASTINGS, and JOHN D. PALMER. Academic Press, New York, 1970. viii, 94 pp., illus. Paper, \$1.95.

In the preface of this brief volume the authors express the hope that it "will serve as an introduction to those uninitiated in the field. . . ." That the book fails to achieve this goal is due more to its overall organization than to the specific material it contains. It is focused exclusively on the question of whether biological clocks are driven by unknown exogenous periodic variables or derive their periodicity from endogenous biochemical oscillations. The uninitiated reader will certainly come away with the impression that this is the central question in the study of biological clocks. Nothing could be further from the truth. By any standard the field is a very broad one which has raised and continues to raise more exciting and more approachable questions. In fact, at the moment I do not know of a single laboratory in which the exogenous-endogenous question is being directly approached experimentally, for the very good reason that a definitive test must involve experiments mounted on a satellite in solar orbit to exclude all possible influences of the earth's rotation.

The book does provide a reasonably good introduction to the exogenousendogenous controversy, an understanding of which is important to a full appreciation of the broader subject. It is, however, only an introduction and will not enable the reader to make an intelligent judgment without a good deal of further reading and study. This is not the fault of the authors but a result of the book's format. In such a brief, nontechnical treatment it is of course

impossible to go into much detail in support of one's position. Unfortunately, in this particular controversy the side one is led to take depends precisely on a careful evaluation of such details-specifically, on one's judgments concerning statistical manipulation of data from particular experiments and the relative reliability of experiments that have yielded conflicting results. As an example, Brown describes at length conclusions based on studies of the oxygen consumption rhythms of the developing chick but does not discuss very careful studies by Heusner which led him to the conclusion that oxygen consumption in developing chicks is completely arhythmic.

The controversy described has had considerable impact on the development of the study of biological clocks and may yet reappear in modified form as an issue of central importance (although probably not until a great many more questions are answered). At the moment continued flogging of the exogenousendogenous horse is not likely to yield even a muffled heuristic whinny. After all, the two sides agree that there must be a great deal of interesting biological machinery involved, the analysis of which is surely our major task.

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Macromolecules

Progress in Molecular and Subcellular Biology. Vol. 1. B. W. AGRANOFF, J. DAVIES, F. E. HAHN, H. G. MANDEL, N. S. SCOTT, R. M. SMILLIE, and C. R. WOESE. Springer-Verlag, New York, 1969. viii, 238 pp., illus. \$14.

Here we have the beginning of still another series, "Progress in. . . ." What is the area to be covered in this series and how well does the first volume fulfill its intended function? The title is not informative, since molecular and even subcellular biology can mean all things to all men. The lead article by Fred Hahn, "On molecular biology," does not answer the question but rather addresses itself to Stent's gloomy prognostication that all the molecular biology that will be, has been. This reviewer agrees with Hahn that this attitude is hardly a universal one. Hahn cites areas where our ignorance is overwhelming and where answers probably will not constitute a "simple extrapolation of the basic dogma."