

initiative to see that all parties whose interests could be anticipated were advised of hearings. The town meeting variety of "participatory democracy" is not feasible at the federal level, of course, but the agency is in the best position to make certain that "representative democracy" operates in such a hearing. There is little to suggest that the Bureau of the Budget is interested in doing this.

I would agree with Mayo's view that it was beneath notice to suggest that a Bureau of the Budget official could be corrupted with a meal. But his men have not felt the same way. Two years ago in the NIH cafeteria I attempted to pick up a 90-cent check for a friend of 20 years. He asked me in horror not to because it was a severe violation of policies set out by the Bureau of the Budget.

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Laboratory Yogurt

May I suggest a less classic but more controlled way of producing yogurt than that given by Segal (Letters, 31 July). The Traditional Tricky Turkish Towel Temperature-Time Technique is sporting, but some *Science* readers may prefer a more reproducible recipe.

To make about 2 quarts of high-protein yogurt for 20 cents, mix 1½ cups of powdered skim milk, 3 tablespoons of commercial yogurt, and a large can (13 ounces) of evaporated milk into 1½ quarts of lukewarm water (1). Incubate at about 43°C for 3 to 4 hours, or until thick; longer time gives a tangier product.

If your laboratory's constant-temperature baths are temporarily tied up with scientific experiments, fill a thermostatically controlled electric frying pan or similar kitchen gadget with water and check the temperature setting with a reasonably good thermometer. In a shallow water bath, small jars are convenient containers.

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Reference

1. Ingredients are those suggested by A. Davis [*Let's Have Healthy Children* (Harcourt, Brace & World, New York, 1959), pp. 175-6], who recommends first beating noninstant skim milk into 2 cups of water. However, the instant variety seems to work well.

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