

symptoms of adrenal insufficiency could be returned to normal by administering extract.

Recently we have completed a series of experiments in which the extract was tested on comatose animals prostrate and on the verge of death from adrenal insufficiency. The extract employed is a modification of the one previously described and is very low in adrenalin and solid content.

The cats were bilaterally adrenalectomized and allowed to develop very severe adrenal insufficiency symptoms. At the time of first injection of extract they were prostrate and unable to stand on their feet or move about, and so weak that if placed on their feet they promptly collapsed. The skin was cold and clammy and the rectal temperature down to 95°. The rectal temperature of normal or unilateral operated cats ranges from 101.4 to 102°. Adrenalectomized cats presenting the symptoms just described live but a few hours and death may occur at any moment.

By repeated injections of our purest preparations we have been able to revive such animals and return them to normal condition and to keep them in perfect health by daily injections. The body temperature, blood picture, appetite and strength return to normal.

It is a striking experience to one working with the animals to take a comatose cat with death imminent from adrenal insufficiency and by a few injections to revive it so that within seventy hours it has completely recovered and is running and playing about the laboratory apparently none the worse for its hazardous experience.

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## THE HORMONE OF THE ADRENAL CORTEX

IN 1927<sup>1</sup> we first published a method for producing an extract of the adrenal cortex which would prolong the lives of totally adrenalectomized cats. Saturation of an acid extract with NaCl forms a precipitate which when dissolved and injected produces this effect. Heating the extract to 80° C. for five minutes destroys the active substance. The addition of ethyl alcohol to make 80 per cent. precipitates the proteins coagulable by heat and nitric acid but does not destroy the hormone.

We have long realized that the method of separating the hormone by salting out is unsatisfactory as a means of concentrating the active substance because with each precipitation so much is lost. We therefore have been working for some time with organic solvents.

<sup>1</sup> F. A. Hartman, C. G. MacArthur and W. E. Hartman, *Proc. Soc. Exper. Biol. and Med.*, 25: 69, 1927.

The simplest method of preparing a concentrated extract of the hormone is to extract the cortex with ethyl ether. Removal of the ether by vacuum distillation is followed by extraction of the residue with 80 per cent. ethyl alcohol. The alcohol is removed *in vacuo* and the residue taken up with water to make the desired concentration.

Adrenalectomized cats treated with such an extract can be maintained in good condition for an indefinite period. Such cats allowed to go without extract until so weak that they can not sit up and appear near death have been revived by injections of this extract.

One cat had gone so far that she was lying prostrated, breathing rapidly and constantly twitching in various muscles of the body. She was expected to die before we could use remedial measures. Within an hour after injection of cortical extract the twitching ceased and the breathing became normal. Seventy minutes after injection she was sitting up. In ninety minutes she had recovered her strength and was eating.

In 1928<sup>2</sup> we named this hormone cortin. It is the substance essential to life found in the adrenal cortex.

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## BOOKS RECEIVED

- BAITSELL, GEORGE A. *Manual of Biology*. Fourth edition. Pp. xiv + 369. Macmillan. \$2.60.
- DANTZIG, TOBIAS. *Number, the Language of Science*. Pp. x + 260. Illustrated. Macmillan. \$3.50.
- FRIEDMANN, HERBERT. *Birds Collected by the Childs Frick Expedition to Ethiopia and Kenya Colony. Part I: Non-Passerines*. Pp. xiii + 516. U. S. National Museum. \$1.00.
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<sup>2</sup> F. A. Hartman, K. A. Brownell, W. E. Hartman, G. A. Dean and C. G. MacArthur, *Am. Jour. Physiol.*, 86: 353, 1928.