SCIENCE

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THE NEW PHYSIOLOGY[1]

LOOKING back on the history of physiology we can see that there have been various turning-points in general physiological theory, and consequently in the trend of research. Particular discoveries or series of discoveries, often in allied sciences, have led to these turning-points.

The last great turning-point in physiology was about the middle of last century. Up till then it was generally held that in a living organism a specific influence, the so-called "vital force," controls the more intimate and important physiological processes. Inspired by the rapid advances of physics and chemistry, the younger physiologists of that time broke away from vitalism, and maintained that all physiological change is subject to the same physical and chemical laws as in the inorganic world, so that in ultimate analysis biology is only a branch of physics and chemistry.

The subsequent progress of physiology has shown that all, without exception, of the physical and chemical hypotheses then advanced in explanation of intimate physiological processes were far too simple to explain the facts; but the general conclusion that biology is only a special application of ordinary physics and chemistry became firmly established, and is still what may be called the orthodox creed of physiologists. It may be truly said that most physiologists look upon this creed as something which has been established for all time, and that they would be inclined to regard any deviation from it as harmful

[1] A lecture delivered before the Harvey Society, New York, October 14, 1916.