In regard to the prize essay, we would advise Mr. Warner to postpone the time of entry until January the 1st next, which will give a reasonable time for some creditable work to be done. We would also propose that the judges be named immediately. Professor Swift says in his letter, "as to who will appoint the judges I am as ignorant as are you." Who does know? Surely Mr. Warner will not propose to decide this matter.

In making these remarks we are far from desiring to disparage the value of such prizes as those offered by Mr. Warner. We understand that Mr. E. E. Barnard, who secured the last prize, is a young man under twenty-five years of age, and a self-taught astronomer. Under very discouraging financial circumstances he provided himself with a good five-inch telescope, with which he has done excellent work. His Warner prize will be turned to good account, as he writes to inform us that the $200 will enable him to purchase a plot of ground on which to build a house for his family; we need not add that an observatory will be a leading feature in Mr. Barnard's new house.

We feel a pleasure in showing the practical good Mr. Warner is doing by providing these scientific prizes, and we trust he may continue them during the following year. Our criticism is of a perfectly friendly character and made with some regret. We have received letters from subscribers confirming our view of the case, which will remain unpublished, as we desire to close the discussion.

ON THE DISCOVERIES OF THE PAST HALF-CENTURY RELATING TO ANIMAL MOTION.

By J. BURDON-SANDERSON, M. D., L.L.D., F.R.S.

[*Concluded from Page* 486.]

The living muscle of a frog is placed in a closed chamber, which is vacuous—*i. e.* contains only aqueous vapor. The chamber is so arranged that the muscle can be made to contract as often as necessary. At the end of a certain period it is found that the chamber now contains carbonic acid gas in quantity corresponding to the number of contractions the muscle has performed. The water which it has also given off cannot of course be estimated. Where do these two products come from? The answer is plain. The muscle has been living all the time, for it has been doing work, and (as we shall see immediately) producing heat. What has it been living on? Evidently on stored material. If so, of what nature? If we look for the answer to the muscle, we shall find that it contains both proteid and sugar-producing material, but which is expended in contraction we are not informed. There is, however, a way out of the difficulty. We have seen that the only chemical products which are given off during contraction are carbonic acid gas and water. It is clear, therefore, that the material on which it feeds must be something which yields, when oxidized, these products, and these only. The materials which are stored in muscle are oxygen and sugar, or something resembling it in chemical composition.

[1] Ludwig's first important research on this subject was published in 1881.

And now we come to the last point I have to bring before you in connection with this part of my subject. I have assumed up to this moment that heat is always produced when a muscle does work. Most people will be ready to admit as evidence of this, the familiar fact that we warm ourselves by exertion. This is in reality no proof at all.

The proof is obtained when, a muscle being set to contract, it is observed that at each contraction it becomes warmer. In such an experiment, if the heat capacity of muscle is known, the weight of the particular muscle, and the increase of temperature, we have the quantity of heat produced.

If you determine these data in respect of a series of contractions, arranging the experiments so that the work done in each contraction is measured, and immediately thereupon reconverted into heat, the result gives you the total product of the oxidation process of heat.

If you repeat the same experiment in such a way that the work done in each contraction is not so reconverted, the result is *less* by the quantity of heat corresponding to the work done. The results of these two experiments have been found by Prof. Fick to cover each other very exactly. I have stated them in a table[1] in which we have the realization as regards a single muscle of the following forecast of Mayer's as regards the whole animal organism. "Convert into heat," he said, "by friction or otherwise, the mechanical product yielded by an animal in a given time, add thereto the heat produced in the body directly during the same period, and you will have the total quantity of heat which corresponds to the chemical processes." We have seen that this is realizable as regards muscle, but it is not even yet within reach of experimental verification as regards the whole animal.

I now proceed abruptly (for the time at our disposal does not admit of our spending it on transitions) to the consideration of the other great question concerning vital motion, namely, the question how the actions of the muscles of an animal are so regulated and coordinated as to determine the combined movements, whether rhythmical or voluntary, of the whole body.

As every one knows who has read the "Lay Sermons," the nature and meaning of these often unintentional but always adapted motions, which constitute so large a part of our bodily activity, were understood by Descartes early in the seventeenth century. Without saying anything as to his direct influence on his contemporaries and successors, there can be no doubt that the appearance of Descartes was coincident with a great epoch—an epoch of great men and great achievements in the acquirement of man's intellectual mastery over nature. When he interpreted the unconscious closing of the eyelids on the approach of external objects, the acts of coughing, sneezing, and the like as mechanical and reflected processes, he neither knew in what part of the nervous system the mechanisms concerned were situated, nor how they acted.[2] It was not until a hundred

[1] RELATION OF PRODUCT AND PROCESS IN MUSCLE.

(Result of one of Fick's Experiments.)

Mechanical product	6670 grammemillimetres.
Its heat value	15.6 milligrammeunits.
Heat produced	30.0 "
Total product reckoned as heat	54.6 "

[2] Descartes' scheme of the central nervous mechanism comprised all the parts which we now regard as essential to "reflex-action." Sensory nerves were represented by threads (filets) which connected all parts of the body to the brain ("Œuvres," par V. Cousin, vol. iv., p. 359); motor nerves by tubes which extended from the brain to the muscles; "motor centres" by "pores" which were arranged on the internal surface of the ventricular cavity of the brain, and guarded the entrances to the motor tubes. This cavity was supposed to be kept constantly charged with "animal spirits" furnished to it from the heart by arteries especially destined for the purpose. Any "incitation" of the surface of the body by an external object which affects the organs of sense does so, according to Descartes, by producing a *motion* at the incited part. This is communicated to the pore by the thread and causes it to open, the consequence of which is that the "animal spirit" contained in the ventricular cavity enters the tube and is conveyed by it to the various muscles with which it is connected, so as to produce the appropriate motions. The whole system,

years after that Whytt and Hales made the fundamental experiments on beheaded frogs, by which they showed that the involuntary motions which such preparations execute cease when the whole of the spinal cord is destroyed—that if the back part of the cord is destroyed, the motions of the hind limbs, if the fore part, those of the fore limbs cease. It was in 1751 that Dr. Whytt published in Edinburgh his work on the involuntary motions of animals. After this the next great step was made within the recollection of living physiologists: a period to which, as it coincided with the event which we are now commemorating—the origin of the British Association—I will now ask your special attention.

Exactly forty-nine years ago, Dr. Marshall Hall communicated to the Zoological Society of London, the first account of his experiments on the reflux function of the spinal cord. The facts which he had observed, and the conclusions he drew from them, were entirely new to him, and entirely new to physiologists to whom his communication was addressed. Nor can there be any reason why the anticipation of his fundamental discovery by Dr. Whytt should be held to diminish his merit as an original investigator. In the face of this historical fact it is impossible to regard him as the discoverer of the "reflex-function of the spinal cord," but we do not the less owe him gratitude for the application he made of the knowledge he had gained by experiments on animals to the study of disease. For no one who is acquainted with the development of the branch of practical medicine which relates to the disease of the central nervous system will hesitate in attributing the rapid progress which has been made in the diagnosis and treatment of these diseases, to the impulse given by Dr. Marshall Hall to the study of nervous pathology.

In the mind of Dr. Marshall Hall the word reflex had a very restricted meaning. The term "excito-motary function," which he also used, stood in his mind for a group of phenomena of which it was the sole characteristic that a sensory impression produced a motor response. During the thirty years which have elapsed since his death, the development of meaning of the word reflex has been comparable to that of a plant from a seed. The original conception of reflex action has undergone, not only expansion, but also modification, so that in its wider sense it may be regarded as the empirical development of the philosophical views of the animal mechanism promulgated by Descartes. Not that the work of the past thirty years by which the physiology of the nervous system has been constituted can be attributed for a moment to the direct influence of Descartes. The real epoch-maker here was Johannes Müller. There can be no doubt that Descartes' physiological speculations were well known to him, and that his large acquaintance with the thought and work of his predecessors conduced, with his own powers of observation, to make him the great man that he was; but to imagine that his ideas of mechanism of the nervous system were inspired, or the investigations by which, contemporaneously with Dr. Marshall Hall, he demonstrated the fundamental facts of reflex action, were suggested by the animal automatism of Descartes, seems to me wholly improbable.

I propose, by way of conclusion, to attempt to illustrate the nature of reflex action in the larger sense, or, as I should prefer so call it, the Automatic Action of Centres, by a single example—that of the nervous mechanism by which the circulation is regulated.

although it was placed under the supervision of the "*âme raisonable*" which had its office in the pineal gland, was capable of working independently. As instances of this mechanism Descartes gives the withdrawal of the foot on the approach of hot objects, the actions of swallowing, yawning, coughing, etc. As it is necessary that, in the performance of these complicated motions, the muscles concerned should contract in succession, provision is made for this in the construction of the system of tubes, which represent the motor nerves. The weakness of the scheme lies in the absence of fact basis. Neither threads nor pores nor tubes have any existence.

The same year that J. R. Mayer published his memorable essay, it was discovered by E. H. Weber that, in in the vagus nerve, which springs from the medulla oblongata and proceeds therefrom to the heart, there exists channels of influence by which the medulla acts on that wonderful muscular mechanism. Almost at the same time with this, a series of discoveries[1] were made relating to the circulation, which, taken together, must be regarded as of equal importance with the original discovery of Harvey. First, it was found by Henle that the arterial blood-vessels by which blood is distributed to brain, nerve, muscle, gland, and other organs, are provided with muscular walls like those of the heart itself, by the contraction or dilation of which the supply is increased or diminished according to the requirements of the particular organ. Secondly, it was discovered simultaneously, but independently, by Brown-Séquard and Augustus Waller, that these arteries are connected by nervous channels of influence with the brain and spinal cord, just as the heart is. Thirdly, it was demonstrated by Bernard that what may be called the heart-managing channels spring from a small spot of gray substance in the medulla oblongata, which we now call the "heart-centre;" and a little later by Schiff, that the artery-regulating channels spring from a similar head central office, also situated in the medulla oblongata, but higher up, and from subordinate centres in the spinal cord.

If I had the whole day at my disposal, and your patience were inexhaustible, I might attempt to give an outline of the issues to which these five discoveries have led. As it is, I must limit myself to a brief discussion of their relations to each other, in order that we may learn something from them as to the nature of automatic action.

Sir Isaac Newton, who, although he knew nothing about the structure of nerves, made some shrewd forecasts about their action, attributed to those which are connected with muscles an alternative function. He thought that by means of motor nerves the brain could determine either relaxation or contraction of muscles. Now as regards ordinary muscles, we know that this is not the case. We can will only the shortening of a muscle, not its lengthening. When Brown-Séquard discovered the function of the motor nerves of the blood-vessels, he assumed that the same limitation was applicable to it as to that of muscular nerves in general. It was soon found, however, that this assumption was not true in all cases—that there were certain instances in which, when the vascular nerves were interfered with, dilatation of the blood-vessels, consequent on relaxation of their muscles, took place; and that, in fact, the nervous mechanism by which the circulation is regulated is a highly-complicated one, of which the best that we can say is that it is perfectly adapted to its purpose. For while every organ is supplied with muscular arteries, and every artery with vascular nerves, the influence which these transmit is here relaxing, there constricting, according (1) to the function which the organ is called upon to discharge; and (2) the degree of its activity at the time. At the same time the whole mechanism is controlled by one and the same central office, the locality of which we can determine with exactitude by experiment on the living animal, notwithstanding that its structure affords no indication whatever of its fitness for the function it is destined to fulfill. To judge of the complicated nature of this function we need only consider that in no single organ of the body is the supply of blood required always the same. The brain is during one hour hard at work, during the next hour

[1] The dates of the discoveries relating to this subject here referred to are as follows:—Muscular Structure of Arteries, Henle, 1841; Function of Cardaic Vagus, E. H. Weber, 1845; Constricting Nerves of Arteries, B. Séquard, 1858; Aug. Waller, 1853; Cardiac Centre, Bernard, 1858; Vascular Centre, Schiff, 1858; Dilating Nerves, Schiff, 1854; Eckhard, 1864; Lovén, 1866. Of the more recent researches by which the further elucidation of the mechanism by which the distribution of blood is adapted to the requirements of each organ, the most important are those of Ludwig and his pupils and of Heidenhain.

asleep; the muscles are at one moment in severe exercise, the next in complete repose; the liver, which before a meal is inactive, during the process of digestion is turgid with blood, and busily engaged in the chemical work which belongs to it. For all these vicissitudes the tract of grey substances which we call the *vascular centre* has to provide. Like a skilful steward of the animal household, it has, so to speak, to exercise perfect and unfailing foresight, in order that the nutritive material which serves as the oil of life for the maintenance of each vital process, may not be wanting. The fact that this wonderful function is localized in a particular bit of grey substance is what is meant by the expression "automatic action of a centre."

But up to this point we have looked at the subject from one side only.

No state ever existed of which the administration was exclusively executive—no government which was, if I may be excused the expression, absolutely absolute. If in the animal organism we impose on a centre the responsibility of governing a particular mechanism or process, independently of direction from above, we must give that centre the means of being influenced by what is going on in all parts of its area of government. In other words, it is essential that there should be channels of information passing inwards, as there should be channels of influence passing outwards. Now what is the nature of these channels of information? Experiment has taught us not merely with reference to the regulation of the circulation, but with reference to all other automatic mechanisms, that they are as various in their adaptation as the outgoing channels of influence. Thus the vascular centre in the medulla oblongata is so cognizant of the chemical condition of the blood which flows through it, that if too much carbonic acid gas is contained in it, the centre acts on information of the fact, so as to increase the velocity of the blood-stream, and so promote the arterialization of the blood. Still more strikingly is this adaptation seen in the arrangement by which the balance of pressure and resistance in the blood-vessels is regulated. The heart, that wonderful muscular machine by which the circulation is maintained, is connected with the centre, as if by two telegraph wires—one of which is a channel of influence, the other of information. By the latter the engineer who has charge of that machine sends information to headquarters whenever the strain on his machine is excessive, the certain response to which is relaxation of the arteries and diminution of pressure. By the former he is enabled to adapt its rate of working to the work it has to do.

If Dr. Whytt, instead of cutting off the head of his frog, had removed its brain—*i. e.*, the organ of thought and consciousness—he would have been more astonished than he actually was at the result; for a frog so conditioned exhibits, as regards its bodily movements, as perfect adaptiveness as a normal frog. But very little careful observation is sufficient to show the difference. Being incapable of the simplest mental acts, this true animal automaton has no notion of requiring food or of seeking it, has no motive for moving from the place it happens to occupy, emits no utterance of pleasure or distress. Its life processes continue so long as material remains, and are regulated mechanically.

To understand this all that is necessary is to extend the considerations which have been suggested to us in our very cursory study of the nervous mechanism by which the working of the heart and of arteries is governed, to those of locomotion and voice. Both of these we know, on experimental evidence similar to that which enables us to localize the vascular centre, to be regulated by a centre of the same kind. If the behavior of the brainless frog is so natural that even the careful and intelligent observer finds it difficult to attribute it to anything less than intelligence, let us ask ourselves whether the chief reason of the difficulty does not lie in this, that the motions in question are habitually performed intelligently and consciously. Regarded as mere mechanisms, those of locomotion are no doubt more complicated than those of respiration or circulation, but the difference is one of degree, not of kind. And if the respiratory movements are so controlled and regulated by the automatic centre which governs them, that they adapt themselves perfectly to the varying requirements of the organism, there is no reason why we should hesitate in attributing to the centres which preside over locomotion powers which are somewhat more extended.

But perhaps the question has already presented itself to your minds. What does all this come to? Admitting that we are able to prove (1) that in the animal body, Product is always proportional to Process, and (2) as I have endeavoured to show you in the second part of my discourse, that Descartes' dream of animal automatism has been realized, what have we learnt thereby? Is it true that the work of the last generation is worth more than that of preceding ones?

JURASSIC BIRDS AND THEIR ALLIES.*

By Professor O. C. Marsh.

About twenty years ago, two fossil animals of great interest were found in the lithographic slates of Bavaria. One was the skeleton of *Archæopteryx*, now in the British Museum, and the other was the *Compsognathus* preserved in the Royal Museum at Munich. A single feather, to which the name *Archæopteryx* was first applied by Von Meyer, had previously been discovered at the same locality. More recently, another skeleton has been brought to light in the same beds, and is now in the Museum of Berlin. These three specimens of *Archæopteryx* are the only remains of this genus known, while of *Compsognathus* the original skeleton is, up to the present time, the only representative.

When these two animals were first discovered, they were both considered to be reptiles by Wagner, who described *Compsognathus*, and this view has been held by various authors down to the present time. The best authorities, however, now agree with Owen that *Archæopteryx* is a bird, and that *Compsognathus*, as Gegenbaur and Huxley have shown, is a Dinosaurian reptile.

Having been engaged for several years in the investigation of American Mesozoic birds, it became important for me to study the European forms, and I have recently examined with some care the three known specimens of *Archæopteryx*. I have also studied in the Continental Museums various fossil reptiles, including *Compsognathus*, which promised to throw light on the early forms of birds.

During my investigation of *Archæopteryx*, I observed several characters of importance not previously determined, and I have thought it might be appropriate to present them here. The more important of these characters are as follows:—

1. The presence of true teeth, in position, in the skull.
2. Vertebræ biconcave.
3. A well-ossified, broad sternum.
4. Three digits only in the manus, all with claws.
5. Pelvic bones separate.
6. The distal end of fibula in front of tibia.
7. Metatarsals separate, or imperfectly united.

These characters, taken in connexion with the free metacarpals, and long tail, previously described, show clearly that we have in *Archæopteryx* a most remarkable form, which, if a bird, as I believe, is certainly the most reptilian of birds.

If now we examine these various characters in detail, their importance will be apparent.

The teeth actually in position in the skull appear to be

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