

these physiological units into an organic whole. In fact, the body is a machine of the nature of an army, not of that of a watch, or of a hydraulic apparatus. Of this army, each cell is a soldier, an organ a brigade, the central nervous system headquarters and field telegraph, the alimentary and circulatory system the commissariat. Losses are made good by recruits born in camp, and the life of the individual is a campaign, conducted successfully for a number of years, but with certain defeat in the long run.

"The efficacy of an army at any given moment depends on the health of the individual soldier, and on the perfection of the machinery by which he is led and brought into action at the proper time; and, therefore, if the analogy holds good, there can be only two kinds of diseases, the one dependent on abnormal states of the physiological units, the other on perturbation of their co-ordinating and alimentative machinery. Hence, the establishment of the cell theory in normal biology was swiftly followed by a 'cellular pathology' as its logical counterpart. I need not remind you how great an instrument of investigation this doctrine has proved in the hands of the man of genius, to whom its development is due, and who would probably be the last to forget that abnormal conditions of the co-ordinative and distributive machinery of the body are no less important factors of disease. Henceforward, as it appears to me, the connection of medicine with the biological sciences is clearly defined. Pure pathology is that branch of biology which defines the particular perturbation of cell-life, or of the co-ordinating machinery, or of both, on which the phenomena of disease depend.

"Those who are conversant with the present state of biology will hardly hesitate to admit that the conception of the life of one of the higher animals as the summation of the lives of a cell-aggregate, brought into harmonious action by a co-ordinative machinery formed by some of these cells, constitutes a permanent acquisition of physiological science. But the last form of the battle between the animistic and the physical views of life is seen in the contention whether the physical analysis of vital phenomena can be carried beyond this point or not.

"There are some to whom living protoplasm is a substance even such as Harvey conceived the blood to be, *summâ cum providentia et intellectu in finem certum agens, quasi ratiocinio quodam*; and who look, with as little favor as Bichat did, upon any attempt to apply the principles and the methods of physics and chemistry to the investigation of the vital processes of growth, metabolism, and contractility. They stand upon the ancient ways; only, in accordance with that progress toward democracy which a great political writer has declared to be the fatal characteristic of modern times, they substitute a republic formed by a few billion of 'animulæ' for the monarchy of the all-pervading 'anima.' Others, on the contrary, supported by a robust faith in the universal applicability of the principles laid down by Descartes, and seeing that the actions called 'vital' are, so far as we have any means of knowing, nothing but changes of place of particles of matter, look to molecular physics to achieve the analysis of the living protoplasm itself into a molecular mechanism. If there is any truth in the received doctrine of physics, that contrast between living and inert matter, on which Bichat lays so much stress, does not exist. In nature nothing is at rest, nothing is amorphous; the simplest particle of that which men in their blindness are pleased to call 'brute matter' is a vast aggregate of molecular mechanisms, performing complicated movements of immense rapidity, and sensitively adjusting themselves to every change in the surrounding world. Living matter differs from other matter in degree and not in kind; the microcosm repeats the macrocosm; and one chain of causation connects the nebulous original of suns and planetary systems with the protoplasmic foundation of life and organization. From this point of

view pathology is the analogue of the theory of perturbations in astronomy; and therapeutics resolves itself into the discovery of the means by which a system of forces competent to eliminate any given perturbation may be introduced into the economy. And as pathology bases itself upon normal physiology, so therapeutics rests upon pharmacology, which is, strictly speaking, a part of the great biological topic of the influence of conditions on the living organism, and has no scientific foundation apart from physiology.

"It appears to me that there is no more hopeful indication of the progress of medicine toward the ideal of Descartes than is to be derived from a comparison of the state of pharmacology at the present day with that which existed forty years ago. If we consider the knowledge positively acquired in this short time of the *modus operandi* of urari, of atropia, of physostigmin, of veratria, of casca, of strychnia, of bromide of potassium, of phosphorus, there can surely be no ground for doubting that, sooner or later, the pharmacologist will supply the physician with the means of affecting, in any desired sense, the functions of any physiological element of the body. It will, in short, become possible to introduce into the economy a molecular mechanism which, like a very cunningly contrived torpedo, shall find its way to some particular group of living elements, and cause an explosion among them, leaving the rest untouched. The search for the explanation of diseased states in modified cell-life; the discovery of the important part played by parasitic organisms in the etiology of disease; the elucidation of the action of medicaments by the methods and the data of experimental physiology—appear to me to be the greatest steps which have ever been made toward the establishment of medicine on a scientific basis. I need hardly say they could not have been made except for the advance of normal biology.

"There can be no question, then, as to the nature or the value of the connection between medicine and the biological sciences. There can be no doubt that the future of pathology and of therapeutics, and therefore that of practical medicine, depend upon the extent to which those who occupy themselves with these subjects are trained in the methods, and impregnated with the fundamental truths, of biology.

"And, in conclusion, I venture to suggest that the collective sagacity of this Congress could occupy itself with no more important question than with this. How is medical education to be arranged, so that, without entangling the student in those details of the systematist which are valueless to him, he may be enabled to obtain a firm grasp of the great truths respecting animal and vegetable life, without which, notwithstanding all the progress of scientific medicine, he will still find himself an empiric?"

NOTES ON EXPERIMENTAL CHEMISTRY.*

By PROFESSOR ALBERT B. PRESCOTT.

I. Determinations of the limits of (1), temperature in solution; (2), temperature in dry state; (3), alcoholic fermentation; and (4), acidity, compatible with the starch converting power of diastase of barley malt.

II. Determinations of the solubility of precipitated aluminium hydrate in excess of ammonium hydrate, with and without ammonium chloride.

In a paper by M. L. Boudenoot in the *Nouvelles Annales de la Construction*, describing the various forms of explosives of the nitro-cellulose class, a new compound is mentioned, called by its inventor, M. Anders, gelatino-diaspon. It is composed of wood-cellulose and nitro-glycerine, is unaffected by cold, is not sensible to blows or shocks, and explodes only by a sudden increase of temperature to about 160° C. (320° Fahr.) It burns quietly when ignited in the open air, and is not injured by water.

* Read before the A. A. A. S., Cincinnati, 1881.